SCOTTISH DRUGS FORUM

Do you work in Glasgow City?

You can access free courses

if you are working in communities with children, young people or adults.

Coming up
August to October 2024

Alcohol Awareness ... Drug Awareness ... Multiple Risk and Young People... Benzodiazepine Awareness

In Person Training
Ketamine Awareness... Cannabis Awareness... Cocaine Awareness ... CRAFFT

Booking your SDF training is simple.

This link takes you straight to our training website where you can book a course that suits you. Booking opens a month in advance.

Our online facilitator-led courses take place on MS Teams
Courses run from **9.15am till 1.15pm**

New to working in this area?
You might want to take part in our Drug and Alcohol Awareness courses first.

ADP Glasgow City Alcohol and Drug Partnership

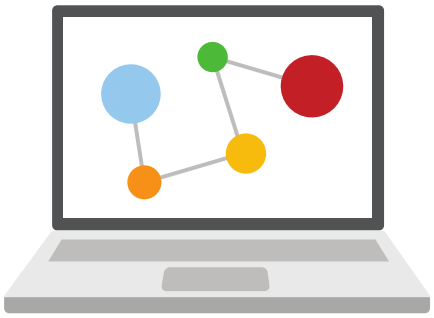
Funded by

Glasgow City HSCP Health and Social Care Partnership



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Online Courses

SDF online training is facilitator led and interactive. Come ready to have your camera on and join in the discussion. To get the best out of our online training sessions it is best to use a laptop.

AUG

- Benzodiazepine Awareness; 21st
- Young People and Multiple Risk; 29th

SEP

- Young People and Multiple Risk; 26th

OCT

- Alcohol Awareness; 1st, 10th, 24th
- Drug Awareness; 2nd, 8th, 17th
- Young People and Multiple Risk; 31st

"Both trainers had excellent knowledge surrounding the topics we discussed. They made sure to include everyone in the session."

Online via MS Teams 9:15am to 1:15pm

Drug Awareness



This course aims to explore current and emerging trends and increase knowledge and awareness of the key issues related to drug use. Participants will consider drug effects, harm reduction and have an increased awareness of support services in Glasgow.

"A better understanding of drugs and how to take a harm reduction approach"

Alcohol Awareness

This course aims to increase knowledge and awareness of the key issues relating to alcohol use in Scotland. We will consider harm reduction in relation to alcohol and aim to increase awareness of support services in Glasgow.

"A well thought out course that clearly explained alcohol issues in Scotland."

Young People and Multiple Risk

Young people today are exposed to lots of opportunities to engage in activities that may put them at risk, such as substance use, being online and risky sexual behaviour. This training aims to increase awareness and knowledge of risk and multiple risk, those affected and its impact. You will have the opportunity to explore what this means in practice when working with young people and where to access support.

"Increased awareness of issues that young people may be facing and confidence to begin difficult conversations.

Benzodiazepine Awareness

This course aims to explore current and emerging trends in benzodiazepine use. You will gain knowledge and awareness of the key issues related to benzodiazepines. Participants will consider drug effects, harm reduction and have an increased awareness of support services in Glasgow.

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In Person Courses
9:30am to 4:00pm



Ketamine Awareness — Thursday 5th September

This course aims to increase knowledge and awareness of emerging issues related to ketamine use. Participants will have the opportunity to explore current and emerging trends, consider harm reduction and increase their awareness of support services in Glasgow.

I feel better equipped to discuss Ketamine use with service users and so will be more confident in bringing this up

CRAFFT Training — Wednesday 23rd October

This training aims to introduce the CRAFFT screening tool which helps to identify young people who may benefit from a brief intervention and if needed, a motivational discussion about their alcohol and drug use and possible referral to an agency such as the Glasgow City Youth Health Service for further support.

Cannabis Awareness — Thursday 3rd October

This course aims to increase knowledge and awareness of cannabis use. Gain an overview of current and emerging trends in cannabis use, consider harm reduction and have an awareness of support services in Glasgow.

"I have a much better awareness of cannabis use, if the conversation was to come up with an individual or colleague I feel more confident in the terminology, the difference in the strength, THC vs CBD and would be able to ask some thought provoking questions around the use of cannabis."

Cocaine Awareness — Tuesday 29th October

This course aims to increase knowledge and awareness of key issues related to cocaine. We will explore current and emerging trends in cocaine use, consider harm reduction and aim to increase participant awareness of support services in Glasgow.

"I'm better informed about the prevalence and types of different psychostimulants, influences that could have led the patient I'm attending to take drugs, and the potential effects on that person, short and long term."

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Our free training is in high demand. Please make sure that you meet the criteria to be able to attend. If you are unable to take your place **it is essential you give us as much notice as possible** so we can give your place to someone on the waiting list.



We can now offer face-to-face training for teams at your venue. Please get in touch if you are looking for free training for your Glasgow based organisation.

"Nothing short of excellent to be honest. It's great to train with folks of diverse backgrounds, skills and experiences. Both trainers were superb. The training was interesting and stimulating throughout, which can be a significant challenge in an online format.
Fantastic evidence-based training all round that has solid, pragmatic application to reducing harms related to substance use."



Anyone in Scotland can access our extensive E-Learning library

www.sdf.org.uk

Scottish Drugs Forum
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0141 221 1175

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CRAFFT Training In Person

Wednesday 23rd October 9:30 am till 4:00pm

SDF is working in partnership with Glasgow City Health Improvement to offer this training which provides an opportunity for trusted adults who engage with young people to develop their knowledge and skills to effectively engage in one-to-one early intervention conversations about alcohol and drug use. The training and screening tool will help to identify young people who may benefit from a brief intervention and if needed, a motivational discussion about their alcohol and drug use. It can also help identify the need for referral to an agency such as the Glasgow City Youth Health Service for further support.

CRAFFT is part of a multi-component programme in Glasgow that aims to mitigate multiple risk behaviours in young people whilst improving health and wellbeing. This includes the promotion of the SDF Multiple Risk and Young People training, as well as programmes for pupils in key transitional stages in primary and secondary school. To attend CRAFFT training you will:

1. Work in Glasgow with young people aged 12-17 (in any setting)
2. Have attended SDF Multiple Risk and Young People Training. You may also find it helpful to complete SDF Drug Awareness eLearning
3. Be able to use the CRAFFT App on a mobile or access an online questionnaire when recording screenings and outcomes.
4. Be able to engage with the Health Improvement team before and after the training to contribute to information required for evaluation of CRAFFT and to access support if needed.

To register for CRAFFT training please get in touch with the North West Youth Health Improvement Team. They will be able to talk to you about these requirements and answer any questions you may have.

Northwest.youthhealth@ggc.scot.nhs.uk