Appendix

Physical Education
Physical Activity
School Sport

PEPASS

together inspiring success

SWIM SCHOOL

PEPASS PRIMARY SWIM PROGRAMME 2022 / 2023

Glasgow City Council continues to provide swimming to all primary schools delivering lessons to approximately 6000 young people per year in Primaries 5, 6, or 7 to develop Health and Wellbeing through swimming. Our in-depth Physical Education swimming course provides an invaluable experience and gives young people the opportunity to develop their:

WATER CONFIDENCE
DEVELOPING CONFIDENCE AND SELF ESTEEM

PHYSICAL FITNESS
DEVELOPING STAMINA, CORE STABILITY, AND STRENGTH

6090
SWIM SCHOOL PUPILS

STROKE TECHNIQUE
DEVELOPING MOTOR-SKILLS, CO-ORDINATION AND FLUENCY

WATER SAFETY
DEVELOPING THE UNDERSTANDING THAT SWIMMING IS A LIFE-LONG SKILL

Week 1

3108 (51%)
Non-Swimmers

2982 (49%)
Swimmers

Week 10

1130 (18%)
Non-Swimmers

4966 (82%)
Swimmers

All pupils improving their water confidence

3M Swim
1203 (19.8%)

10M Swim
1402 (23%)

25M Swim
2361 (38.8%)