

Glasgow City Health and Social Care Partnership ward update noted.

6 There was heard a report by Ann Duffy, Glasgow City Health and Social Care Partnership, advising that

- (1) the Health, Exercise and Nutrition for the Really Young (HENRY) approach programme would be at Pollok Community Centre on Mondays from 7th March to 9th May;
- (2) the HENRY approach focused on family behaviour to help parents adopt healthier eating and lifestyle habits to give their children the best start in life;
- (3) training on this programme had commenced for staff;
- (4) access to the HENRY approach would be through a referral for parents or carers with children aged 0 to 12 years who, if successful, could attend workshops
<https://www.nhsggc.scot/your-health/child-and-young-persons-healthy-weight/henry/> ;
- (5) that the HSCP training calendar was available for any courses
<https://www.nhsggc.scot/your-health/public-health/health-improvement/glasgow-city-hscp-health-improvement/training-calendar/> ; and
- (6) that cost of living was still the main concern for families. Cost of living guide
<https://sway.cloud.microsoft/JybLXvWE5NmGowSX?ref=email> .

After consideration, the Partnership noted the report and thanked A Duffy for the update.