

Glasgow City Health and Social Care Partnership ward update noted.

8 There was heard a report by Leslie Ann Currie, Glasgow City Health and Social Care Partnership, regarding

- (1) the Health, Exercise and Nutrition for the Really Young (HENRY) approach programme,
 - (a) the HENRY approach focused on family behaviour to help parents adopt healthier eating and lifestyle habits to give their children the best start in life;
 - (b) staff training for the programme had commenced;
 - (c) access to the HENRY approach would be through a referral for parents or carers with children aged 0 to 12 years who, if successful, could attend workshops;
 - (d) that more information could be found,
<https://www.nhs.uk/scot/your-health/child-and-young-persons-healthy-weight/henry/>
- (2) that the re-commencement of the Quit Your Way stop smoking service remained positive, with successful engagement of face-to-face clinics as well as telephone support offering support to stop smoking and face to face clinics continued to thrive at Kellock Pharmacy, The Braes Shopping Centre, on Tuesdays 1-3pm and Harmony Row Pharmacy, 21 Harmony Row on Wednesdays 1-3pm and more information and for specialist smoking cessation support the Quit Your Way team could be contacted on 0800 028 5208; and
- (3) that the cost of living was still the main concern for families,
<https://sway.cloud.microsoft/JybLXvWE5NmGowSX?ref=email>

After consideration, the Partnership noted the report and thanked L Currie for her contribution.