

Glasgow Health and Social Care Partnership South

Area Partnership Update: Jan-Feb 25

City	Partnership Matters Briefing: <u>Partnership Matters Briefing November December 2024.pdf</u>
	Glasgow City Health Improvement Training Calendar: the schedule runs January- March 2025 and offers different levels of training on a range of subjects from 'informed' through to 'specialist'. Further information and booking details here: <u>Glasgow City Health Improvement Training Calendar - NHSGGC</u>
	Cost of Living Guide: Glasgow City HSCP Cost of Living Support Guide Oct 24
	Health Improvement Annual Report for 2023/2024: Health Improvement annual report 2023-24
South Locality	Locality Engagement:
	 There has been a combined approach across localities and care groups to ensure that the development of future care plans align to the strategic priorities set out within the strategic plan. At present the south is sharing a joint approach to engage with the public engagement committee to finalise and sign off the draft locality plans that have been developed throughout 2024/2025 This approach, the feedback we receive and collaboration with the North West and North East will determine the steps we take to develop future locality plans for 2025/2026 and beyond, ensuring that the information provided is relevant to the needs of our localities
	• The re-commencement of the Quit Your Way stop smoking service remains positive, with successful engagement in our face-to-face clinics as well as our telephone support offering to help people quit. Face to face clinic continue to thrive at Kellock Pharmacy, The Braes Shopping Centre, Dougrie Drive, Castlemilk, Glasgow G45 9AA on Tuesdays 1-3pm and in Harmony Row Pharmacy, 21

Harmony Row, Govan G51 3BA on Wednesdays 1-3pm. For more information and for specialist smoking cessation support please call the Quit Your Way team on 0800 028 5208

Breastfeeding Friendly Scotland Scheme (BFFS) and Breastfeeding Early Years (BFEY) Scheme:

- Health Improvement staff are supporting the roll out of this Scottish Government led scheme
- The scheme is aimed at providing structures to encourage and support breastfeeding in our communities
- The BFFS Scheme encourages businesses and organisations to sign up in order that breastfeeding families using their facilities feel are welcomed to breastfeed. To date, 56 organisations are signed up to the scheme including Glasgow life partners, Pollok House and local community Pantries as well as a range of 3rd sector orgs
- Launched in mid 2024, The BF Early Years Scheme aim to normalise breastfeeding by creating welcoming environments. Staff complete online training and identify a champion to ensure families accessing Early Years settings feel welcomed and supported in that environment. To date in the city 3 nurseries in South are fully signed up (Task Childcare, Penilee and Pollok Children's Centre) with more establishments planning to sign up in 2025

Henry programme:

Homepage | HENRY: Is continues to be delivered in South Glasgow on behalf of NHS GGC HENRY - NHSGGC by Early Years Scotland.
 Groups are for 0-5 years and 5-12 years. The 0-5 groups which run for 8 weeks, (for families across South) are currently being delivered at:

Pollok Community Centre: 0-5. Dates: 7th March – 9th May, 12:30pm-2:30pm Riverside Halls, Govan: -0-5 years. Dates: 10th January-28th Feb, 9:30am- 11:30am

Early Years Scotland continue to deliver a range of workshops over a 6-week period based on the Henry Programme. These are open to any family in South Glasgow and cover topics such as Starting Solids, fussy eating, getting active, eating well for less, oral health and looking after ourselves/children's behaviour. These are currently running on a Monday in Pollok Community Centre, Tuesday in Ibrox Parish Church and Tuesdays in Riverside Hall in Govan. for more information contact: info@earlyyearsscotland.org

Starting Solids Sessions:

- Health Improvement delivered 3 Starting Solids Sessions between October and November 2024. These were held in Pollok, Castlemilk and Govanhill alongside Dietetic staff and a range of 3rd sector partners. Sessions were open to any family in South Glasgow with an infant from 4-6 months of age
- 1 further session is planned for early 2025 with Homestart in Pollokshaws

	 These sessions are being evaluated but early feedback indicates that families feel they benefitted from the session showing an increased knowledge and confidence after attending Health Improvement are exploring opportunities to enable further delivery of these sessions in 2025
Greater Pollok	Shared Prosperity Fund Work continues in partnership with Sanctuary Housing around the thematic groups; Children and Young People, Mental Health and Social Isolation, and Poverty and Food Isolation.
	The Whole Family Wellbeing in General Practice project is across 12 GP practices in the city, one of which is in Pollok (The Peat Rd Medical Practice). Project info: Item No 13 - Whole Family Support through General Practice.pdf The project has a part time Family Wellbeing Worker allocated to the practice who will be a conduit to a package of support for families. Support provided is in direct response to needs raised by Glasgow families. More info will follow in due course.
	 Henry programme: Homepage HENRY: Is continues to be delivered in South Glasgow on behalf of NHS GGC HENRY - NHSGGC by Early Years Scotland. Groups are for 0-5 years and 5-12 years. The 0-5 groups which run for 8 weeks, (for families across South) are currently being delivered at:
	Riverside Halls, Govan: -0-5 years. Dates: 10th January-28 th Feb, 9:30am- 11:30am Early Years Scotland continue to deliver a range of workshops over a 6-week period based on the Henry Programme. These are open to any family in South Glasgow and cover topics such as Starting Solids, fussy eating, getting active, eating well for less, oral health and looking after ourselves/children's behaviour. These are currently running on a Monday in Pollok Community Centre, Tuesday in Ibrox Parish Church and Tuesdays in Riverside Hall in Govan. for more information contact: info@earlyyearsscotland.org
Linn	· · · · · · · · · · · · · · · · · · ·
Southside Central	Work is underway to establish a Food Group that will span Govanhill & East Pollokshields, thematic groups focused on garden, growing and greenspace activity will emerge from this and link to the City Food Plan.
Newlands and Auldburn	
Govan	The Whole Family Wellbeing in General Practice project is across 12 GP practices in the city, two of which are in Govan (David Elder Medical Practice and the Green Practice in Govan Health centre). Project info:

Langside
Pollokshields
Cardonald