

Living Well Community Referral – Presentation noted.

5 There was heard and noted a presentation by Garry Watt, Glasgow Life, regarding the Living Well Community Referral (LWCR), advising that

- (1) LWCR supported people who experience barriers to participation to take part in Physical Activity, Cultural or Community Learning opportunities that can improve their health and wellbeing;
- (2) Live Well was a Glasgow Life wide service;
- (3) LWCR was a free service open to anyone over 18, who required support reconnecting to their community; and
- (4) referrals were welcome online, by phone or in-person.