Item 6

5th November 2026

Glasgow Community Planning Partnership.

Shettleston Area Partnership.

Report by North East Sector Health Improvement Team, Glasgow City Health and Social Care Partnership

Contact: Douglas O'Malley Telephone: 07525632911

HSCP / Health Improvement update

Purpose of Report:

To provide the Area Partnership with an update on HSCP activity at a city and NE locality level and provide Health Improvement Ward level information, where relevant.

Recommendations:

The Area Partnership is asked to note the information contained in the update and share this with relevant partners across the Ward area. They are also asked to consider how this information may influence future decisions made by the Partnership.

Glasgow City Health & Social Care Partnership
North East Locality
Area Partnership Update – November 2026 meeting cycle

HSCP CITY LEVEL UPDATE

HSCP Partnership Matters

The HSCP's Partnership Matters briefing highlights some of the work that's happening across the HSCP with partners. It currently includes featured updates and announcements, news items and upcoming meetings and events.

The Autumn Edition can be found here.

For more information on Glasgow City HSCP visit the website for information about specific topics or work happening across the HSCP with partners – whether it be about current services, service developments or achievements to celebrate. You can also access the news articles and briefings/bulletins.

Glasgow City Health Improvement Training Calendar

The Glasgow City Health Improvement Training Calendar offers online and face-to-face training on a variety of health priorities and themes. Courses and online learning are facilitated by Glasgow City Heath Improvement or provided by external organisations and are free of charge, offered on a first come first served basis. These courses are aimed at practitioners supporting people and communities across the life span in Glasgow City. The training calendar can be found here.

Ask Tell: Save a Life

Health Improvement staff have been delivering Ask Tell: Save a Life, suicide prevention awareness sessions to all Scottish Fire and Rescue Service staff in Glasgow City, reaching all 55 watches, as well as day-duty staff and area management teams.

This work has been developed in close collaboration with the Group Commander who has responsibility for mental health and suicide prevention across the SFRS service.

The programme has been tailored to meet the needs of both operational and non-operational staff, ensuring the content is relevant to their roles, experiences and responsibilities as first responders.

This is being delivered through a combination of online and face-to-face sessions. This approach has enabled consistent access to training across the city, helping to build confidence in having conversations about suicide and supporting the development of a compassionate, suicide-safer workforce.

The programme commenced in August and will conclude in December, with more than 350 staff expected to be trained.

For more information contact claire.mclachlan2@nhs.scot

Tackling Drug Stigma is Everyone's Business

The latest edition of the NHSGGC Alcohol and Drug Snapshot has a focus on Drug Stigma. The Snapshot can be accessed here.

The Snapshot has a focus on promoting the Tackling Drug Stigma is Everyone's Business Toolkit and includes a link to a highlights video from the launch event in July 2026.

People who use drugs, people in recovery, families and communities all experience stigma. Recognising stigma is the first step to tackling it. When you witness stigmatising behaviour, you have a choice about the action you take. Use the toolkit to take action today.

For more information contact Morven Bell: morven.bell2@nhs.scot

NHSGGC My Health

NHSGGC has launched a new section on its website to help patients support and improve their health.
My Health is a one-stop shop giving information on preparing for appointments, general health and wellbeing advice and tips to self-manage common health problems and conditions, giving patients the best chance to get the most from their face-to-face care.

Health and Wellbeing (HWB) Website

The HWB Website was updated in September 2026. The recent updates are as follows:

- New layout with dedicated sections for partners working in Early Years, Child and Youth and the wider community
- Free training across a range of health topics
- Tackling Drug Stigma Toolkit and Youth Drug Trend Monitoring
- Online Safety Webinar series
- Substance Use (including Vaping) Guidance for Schools
- Useful contacts and updated service information

This website is designed for practitioners working with children and young people in both school and community settings from early years, through childhood, adolescence and young adulthood. It provides information, quality assured resources, signposting and training/CPD opportunities on various health and wellbeing topics. Access the website here:
https://www.rightdecisions.scot.nhs.uk/ggc-education-health-and-wellbeing/
For more information contact ggc.educationhwb@nhs.scot

Happy Healthy Tots App

Your go-to app for helpful advice, local support, and everyday tips for parents of children aged 0-5. Whether you are navigating sleepless nights, feeding, or just need reassurance, you will find trusted guidance and nearby resources all in one place. Regularly updated with local activities and services for the Northeast (in the "Local Information" section).
https://www.rightdecisions.scot.nhs.uk/happy-healthy-tots/

Asylum Seekers and Refugees Health and Wellbeing

Trauma-informed classrooms: Building our learners' psychological resources

Online 2-hour training workshop (free)
This session explores practical approaches to supporting trauma-impacted learners, with a focus on improving emotional wellbeing, building confidence and encouraging engagement in learning. Participants will learn strategies to promote a growth mindset, identify strengths and foster positive emotions that can support educational success.
Aimed at: EAL, ESOL and numeracy teachers
For more information contact narjes.mehdizadeh2@nhs.scot

Promoting Wellbeing, Inclusion and Belonging for People Seeking Asylum and Refugees

The Health Improvement Team organised the online event “Promoting Wellbeing, Inclusion and Belonging for People Seeking Asylum and Refugees” on 20 August to increase awareness of the services and support available to people seeking asylum and refugees in Glasgow and to strengthen partnership working across sectors.

The event attracted 225 attendees from more than 100 organisations representing the health, social care, local authority, education, housing, third sector, community and voluntary sectors. Participants heard presentations from Refuweegee, Glasgow City HSCP Asylum and Refugee Health Team, Glasgow Psychological Trauma Service (The Anchor), and CWIN, providing valuable information on the range of support available to asylum seekers and refugees across the city.

The event received extremely positive feedback, with attendees highlighting the informative presentations, valuable networking opportunities, and increased awareness of local services and resources. Participants also reported a greater understanding of the importance of collaborative working and the role that different organisations play in promoting wellbeing, inclusion and belonging for people seeking asylum and refugees. The event successfully strengthened connections between organisations and professionals, supporting a more coordinated approach to meeting the needs of refugee and asylum-seeking communities in Glasgow.

The next online event, scheduled for 20 October from 10:00 am to 12:00 pm, is entitled "Families and Diverse Communities: Understanding Social Work Services in Glasgow."
The event aims to increase awareness and understanding of social work services among families and diverse communities across Glasgow. It will help participants better understand the role of social work services, the support available to diverse families, and how community organisations and practitioners can access appropriate pathways for assistance, particularly when supporting people seeking asylum and refugees.
This event is particularly relevant for professionals and volunteers working with diverse communities, including those supporting people seeking asylum and refugees.
For more information, please contact narjes.mehdizadeh2@nhs.scot

NE LOCALITY LEVEL UPDATE

North East Glasgow Health Information – Facebook

Visit the North East Facebook page NorthEastGlasgowHealthInformation where you will find information on health, local opportunities and community organisations in the North East of Glasgow.

Quit Your Way Service (Tobacco)

Quit Your Way Stop Smoking Services offer free information and support, including Varenicline and Nicotine Replacement Therapy to those who want to stop smoking. We deliver a range of groups, 1-2-1, telephone and app services. More information can be found here: https://www.nhsggc.scot/your-health/quit-your-way/

Breastfeeding Support Groups

There is breastfeeding support available in the community every day of the week in the North East. Drop in for a cuppa (whether you need support or not) and meet other local mums. Run by The Breastfeeding Network staff/volunteers and/or NHS staff. www.linktr.ee/bfnggc .

Starting Solids Events

Upcoming sessions (no need to book, just turn up!)
11 November 10:30am - Molendinar Community Centre
19 January 10:30am – Easterhouse Health Centre
10 February 10:30am – Parkhead Hub
All upcoming dates for Glasgow City, including online sessions, can be found on the Happy Healthy Tots app: https://www.rightdecisions.scot.nhs.uk/happy-healthy-tots/local-information/ For more information contact: mairi.mclachlan@nhs.scot

North East Youth Network Hubcap Meeting
A total of 32 attendees participated in the September Hubcap meeting at Barmulloch Residents Centre. The session included presentations from Scottish Fire & Rescue Community Action Team, Springburn Scottish Fire & Rescue and Medics Against Violence. Attendees actively engaged and contributed to the Connection Wall activity. This was designed to build relationships, identify shared interests and goals, and encourage collaboration and networking. Through reflecting on what they could offer, what support they were looking for, and opportunities for collaboration, participants created a visual map of connections across the group. The activity generated lively discussion, helped identify common themes and areas of overlap, and enabled participants to make new connections, explore potential partnerships, and consider opportunities for future joint working.
A newsletter summarising the key discussions and outcomes from the meeting is here.

The next Hubcap meeting will take place on Tuesday 24th November 9.45am to 12.00pm, at The Calvay Centre, 16 Calvay Road, Barlanark, G33 4RE.

For further information, please contact chloe.frew@nhs.scot.

North East Mental Health and Suicide Prevention Network
Our September North East Mental Health and Suicide Prevention Network meeting was packed with valuable insights, updates and shared learning from partners across the network. Spotlights included an overview of the Compassionate Distress Response Service (CDRS), including the full-service offer and referral process, alongside a year in review from the Nook by SAMH.
We also heard updates from a range of services and projects supporting mental health and suicide prevention across the North East of Glasgow.
Next Meeting will be on Wednesday 8th December, with a focus on Festive Supports.
The session will include inputs from:
•Kooth by Soluna
•NHS24 & Breathing Space
•Financial Inclusion
For further information, please contact chloe.frew@nhs.scot.
View the latest newsletter here

Community Activity and Engagement at Parkhead Hub

In the Hub's first year, there were 9,500 individuals participating in 341 wide ranging pop up and community programmes from recovery sessions, carers groups and dementia cafes to one to one support sessions, women's groups, early years play, after school clubs and creative activities.
An annual Community Network Day hosted over 60 third sector stallholders with more than 300 local services and residents attending. The focus is on cross service collaboration and community networking - see press article attached here. The next one is scheduled for 27 May 2027.
Current highlights at Parkhead Hub include:

- SAMH's The Nook launched their ' My Recovery Action Plan' at the Parkhead Hub following on from the new and successful Merchant City location
- Weekly Play Cafe for early years with 100 families coming through the programme in its first year and up to 60 participants each week
- Skills Development Scotland and Enable Works operating from the Parkhead Hub supporting young adults and ASN groups get into training and work
- Planning for an Active Staff programme at the Hub launching on 5 November 2026

Development Programmes

The North East Locality Engagement Forum continues to meet 4 times each year with topical input from diverse services including recovery, caring and community links.

A Network Task Group meets every fortnight online with over 120 representatives from services across the Hub and wider North East community. As well as networking and meeting new people and projects from across the HSCP, local and third sector organisations the group also plans thematic calendar events. Examples include National Mental Health Day, Falls Awareness Week and Dementia Action Week.