Thrive Under 5 Network – Update noted.

5 There was heard and noted a presentation by Siobhan Boyle, Glasgow City Health and Social Care Partnership in relation to the Thrive Under 5 Project advising that

(1) 1 in 3 children in Glasgow lived in poverty;

(2) 11% of people reported experiencing at least one event indicating food I nsecurity;

(3) 24.4% of Primary 1 children in Glasgow were at risk of being overweight and suffering from obesity;

(4) the Scottish Government outlined it's aim to half childhood obesity by 2030 and significantly reduce diet-related inequalities by providing funding to strengthen support for a birth to Primary 1 preventative approach;

(5) funding had been awarded to pilot a community food nurturing programme with families of pre-school children, combining action on food insecurity, healthy eating and physical activity in 3 Glasgow neighborhoods;

(6) the pilot would take place in Priesthill, Househillwood, Nitshill and Pollok;

(7) the aim of the Thrive Under 5 project was to develop and expand partnerships between family support organisations to address access to healthy, affordable foods and opportunities for physical activity;

(8) local food systems and an action plan had been developed to address needs of the local community and help support families with healthier lifestyles;

(9) a referral pathway had been developed to ensure that the correct support was delivered to local families in need;

(10) practical support available for families included provision of a 8 week supply of meal packs with recipes delivered on a weekly basis, free pantry memberships and shops of families for a period of 12 weeks, vouchers for fuel and cooking equipment and and online cooking demonstrations; and

(11) of the next steps in the development of the project.