Live Well Community Referral Programme – Motion, as adjusted, approved.

12 Councillor Doherty, seconded by Councillor Cunningham, moved that

"Council notes the Live Well Community Referral Programme pilot which began in June 2022 and is designed to support people with a wide range of social, emotional, or practical needs to engage with Glasgow Life services; and is focused on improving their wellbeing and contributing to better health equity in the city. Council further notes Live Well links people either by health or community workers or through self-referral to activities in Calton, Bridgeton, Parkhead, Shettleston, Tollcross and nearby areas towards Springboig.

Council believes those who could benefit most from Community Referral include people with low mood, anxiety and stress, people who are socially isolated and/or lonely and those with long-term conditions who frequently attend either primary or secondary health care. Council recognises the benefits for those taking part include:

- Becoming more connected with their community
- Meeting new friends
- Improving their mental wellbeing
- Increasing their physical activity levels
- Learning new skills, volunteering or finding wellbeing information

Council commends Live Well's creative approach to green social prescribing, which links them to nature-based interventions and activities, and concurs with the positive feedback from participants on the range of wellbeing activities provided by Glasgow Life and community organisations in the pilot area which include art and creative activities, social groups, museum activities, walking groups, exercise classes and sports, family activities, computer basics, learning and skills classes and volunteering.

Council further recognises how shaping existing services to remove barriers can result in more take up among people who would not usually have participated, ultimately improving their physical and mental wellbeing.

Council further commends Glasgow Life's co-production of tailored programmes - Singing for Fun, Healthy Body Healthy Mind and Coffee and Culture initiatives - created in response to a local need for more accessible sessions and participants ideas.

Council believes community responses to local health and wellbeing issues are a vital way of addressing needs early on and minimising the need for more intensive statutory services further down the line.

Council instructs the Chief Executive Department to work with colleagues in Glasgow Life and Glasgow City Health and Social Care Partnership to bring an update on Live Well to the Wellbeing, Equalities, Communities, Culture and Engagement City Policy Committee in winter of 2023 to inform the potential rollout of a phased citywide approach."

Councillor O'Lone, seconded by Councillor Rannachan, moved as an amendment to add the following after the final sentence:-

"The update paper should include information on the following should include how many participants in each area, how many sessions, participants feedback, how we know this worked plus financial information, how much the pilot and how much it would cost to roll out and the source of funding for this."

Bailie Carroll, seconded by Councillor Reid-McConnell moved as an amendment to add the following at the end:-

"Council also values the work of our city's Community Link Workers, who are a vital non-medical, social support in GP practices. Their work in tackling isolation as well as emotional and financial hardship is a key preventative service that has been supported and expanded by the Scottish Government and HSCP due to its success.

Council believes that the reduction in Community Links Workers (CLWs) scheduled for year 2024/25 in Glasgow, by approximately a third due to the Scottish Government's withdrawal of financial support, will be detrimental to shifting our health care system from predominantly acute services out into the community. CLWs are important for connecting patients to programmes such as the Live Well programme as well as supporting patients with issues such as benefits, debt, housing, abuse, bereavement and loneliness.

Council acknowledges the difficult financial situation of the Scottish Government and HSCP however highlights the effectiveness of CLWs in preventative and holistic care. Council calls on the Scottish Government and HSCP to prioritise preserving the knowledge and skills that existing CLWs have built up of services and their community to support the most vulnerable in our city.

Council calls on the Scottish Government to commit to a long-term funding path for the Community Links Worker programme as well as prioritising the allocation of the £1.3million required to maintain CLW staffing at current levels. Council requests a meeting with representatives for the Scottish Government, Glasgow City HSCP, GMB and Deep End GP Network to determine a pathway forward."

Councillors Doherty and O'Lone and Bailie Carroll, with the approval of their seconders, agreed to combine their motion and amendments resulting in the following adjusted motion:-

"Council notes the Live Well Community Referral Programme pilot which began in June 2022 and is designed to support people with a wide range of social, emotional, or practical needs to engage with Glasgow Life services; and is focused on improving their wellbeing and contributing to better health equity in the city. Council further notes Live Well links people either by health or community workers or through self-referral to activities in Calton, Bridgeton, Parkhead, Shettleston, Tollcross and nearby areas towards Springboig.

Council believes those who could benefit most from Community Referral include people with low mood, anxiety and stress, people who are socially isolated and/or lonely and those with long-term conditions who frequently attend either primary or secondary health care. Council recognises the benefits for those taking part include:

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Council further recognises how shaping existing services to remove barriers can result in more take up among people who would not usually have participated, ultimately improving their physical and mental wellbeing.

Council further commends Glasgow Life's co-production of tailored programmes - Singing for Fun, Healthy Body Healthy Mind and Coffee and Culture initiatives - created in response to a local need for more accessible sessions and participants ideas.

Council believes community responses to local health and wellbeing issues are a vital way of addressing needs early on and minimising the need for more intensive statutory services further down the line.

Council also values the work of our city's Community Link Workers, who are a vital non-medical, social support in GP practice. Their work in tackling isolation as well as emotional & financial hardship is a key preventative service that has been supported and expanded by the Scottish Government and HSCP due to its success.

Council acknowledges the difficult financial situation of the Scottish Government and HSCP however highlights the effectiveness of CLWs in preventative and holistic care. Council calls on the Scottish Government and HSCP to prioritise preserving the knowledge and skills that existing CLWs have built up of services and their community to support the most vulnerable in our city.

Council welcomes the Scottish Government recognising the importance of Community Link Workers, outlined in the just published 2023-24 Programme for Government "Investing in primary and community care and work" and continue to commit to work with Glasgow to "deliver targeted support to practices serving the most disadvantaged communities in NHS Greater Glasgow and Clyde and work

with local areas to ensure vital specialist services such as Community Link Workers can respond to local needs”. Therefore Council calls on the Scottish Government to investigate ways to securing a short-term and long-term funding path for the Live Well and Community Links Worker programmes.

Council instructs the Chief Executive Department to work with colleagues in Glasgow Life and Glasgow City Health and Social Care Partnership to bring an update on Live Well to the Wellbeing, Equalities, Communities, Culture and Engagement City Policy Committee in winter of 2023 to inform the potential rollout of a phased citywide approach."

The motion as adjusted was approved unanimously.