

Glasgow's Holiday Programme 2024/2025
Funding Recommendations

Organisation	Sector Delivery	Total Funding Requested 2024/2025	Funding Recommended Summer 2024	Funding Recommended October 2024	Funding Recommended Spring 2025	Total Funding Recommended 2024/2025
Achieve More Scotland	City Wide	£213,203	£65,831	£12,203	£21,966	£100,000
FARE Scotland LTD	City Wide	£201,897	£65,330	£12,938	£21,732	£100,000
PEEK - POSSIBILITIES FOR EACH AND EVERY KID LTD	City Wide	£210,071	£62,783	£15,129	£22,088	£100,000
The Gladiator Programme Ltd	City Wide	£88,351	£52,929	£6,048	£12,098	£71,075
Well-Fed Scotland CIC	City Wide	£179,416	£68,779	£11,657	£19,564	£100,000
Bluevale Community Club	North East	£43,521	£30,091	£3,193	£10,237	£43,521
Connect Community Trust	North East	£33,807	£23,151	£3,792	£6,864	£33,807
Cranhill Development Trust	North East	£75,494	£29,996	£5,154	£10,344	£45,494

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Organisation	Sector Delivery	Total Funding Requested 2024/2025	Funding Recommended Summer 2024	Funding Recommended October 2024	Funding Recommended Spring 2025	Total Funding Recommended 2024/2025
Easthall Residents Association	North East	£47,338	£35,951	£3,794	£7,593	£47,338
Fuse Youth Cafe Glasgow	North East	£80,557	£49,318	£9,340	£17,731	£76,389
Glasgow East Arts Company Ltd	North East	£50,029	£34,423	£5,203	£10,403	£50,029
Reidvale Adventure Play Association Limited	North East	£35,452	£19,184	£2,192	£4,385	£25,761
Royston Youth Action	North East	£26,330	£13,606	£2,121	£4,137	£19,864
Shettleston Community Growing Project	North East	£7,604	£3,997	£517	£1,121	£5,635
St Paul's Youth Forum	North East	£45,357	£27,650	£3,000	£6,526	£37,176
The Brunswick Community Development Trust	North East	£94,786	£36,794	£3,788	£8,691	£49,273
The Pavillion (Greater Easterhouse)	North East	£55,809	£30,909	£4,478	£7,734	£43,121

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Organisation	Sector Delivery	Total Funding Requested 2024/2025	Funding Recommended Summer 2024	Funding Recommended October 2024	Funding Recommended Spring 2025	Total Funding Recommended 2024/2025
Tollcross YMCA	North East	£58,222	£31,500	£4,846	£9,693	£46,039
Tron St Mary's Church	North East	£3,445	£2,223	£276	£552	£3,051
Buddies Clubs and Services (Glasgow West) Ltd	North East / North West	£3,500	£2,210	£461	£829	£3,500
Lambhill Stables	North East / North West	£20,560	£12,546	£2,114	£4,050	£18,710
SiMY Community Development	North East / North West	£8,041	£5,597	£815	£1,629	£8,041
The Everlasting Foodbank	North East / North West	£34,897	£20,971	£3,216	£6,446	£30,633
Young Movers	North East / North West	£104,008	£43,065	£5,415	£8,999	£57,479

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Organisation	Sector Delivery	Total Funding Requested 2024/2025	Funding Recommended Summer 2024	Funding Recommended October 2024	Funding Recommended Spring 2025	Total Funding Recommended 2024/2025
Baltic Street Adventure Playground	North East / South	£90,360	£51,001	£8,097	£15,601	£74,699
CARING OPERATIONS JOINT ACTION COUNCIL	North East / South	£7,484	£5,198	£592	£1,184	£6,974
THE SATURDAY CAFE CLUBS (SCIO)	North East / South	£28,350	£18,900	£3,150	£6,300	£28,350
3D Drumchapel	North West	£13,556	£9,214	£840	£1,496	£11,550
Drumchapel United	North West	£18,510	£6,075	£3,058	£3,833	£12,966
Linkes (scio)	North West	£4,965	£3,103	£621	£1,241	£4,965
North United Communities Ltd	North West	£44,559	£25,977	£4,717	£9,517	£40,211
The Hut (SCIO)	North West	£46,757	£30,168	£4,990	£8,153	£43,311
The Play Center Glasgow C.I.C	North West	£31,149	£23,226	£2,884	£5,039	£31,149
The Pyramid at Anderston	North West	£65,112	£44,367	£7,395	£13,350	£65,112

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Organisation	Sector Delivery	Total Funding Requested 2024/2025	Funding Recommended Summer 2024	Funding Recommended October 2024	Funding Recommended Spring 2025	Total Funding Recommended 2024/2025
Ardenglen Housing Association Ltd	South	£44,612	£31,517	£6,407	£5,407	£43,331
Carnwadric WIN Project	South	£7,014	£4,188	£942	£1,884	£7,014
Crookston Community Group	South	£80,556	£47,014	£6,179	£12,382	£65,575
Govan Youth Information Project	South	£67,044	£36,883	£4,848	£9,648	£51,379
New Gorbals Housing Association	South	£165,807	£62,701	£13,138	£24,161	£100,000
Park Villa Football Development	South	£8,850	£3,545	£2,120	£2,390	£8,055
Queen's park Govanhill Church	South	£6,030	£4,020	£2,010	£0	£6,030
Sistema Scotland	South	£6,208	£3,429	£686	£1,371	£5,486
South West Arts and Music Project	South	£31,260	£21,000	£3,420	£6,840	£31,260

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Organisation	Sector Delivery	Total Funding Requested 2024/2025	Funding Recommended Summer 2024	Funding Recommended October 2024	Funding Recommended Spring 2025	Total Funding Recommended 2024/2025
Southside Boxing Academy and Community Hub	South	£30,795	£20,840	£2,512	£4,952	£28,304
Southside Housing Association Ltd	South	£71,888	£32,127	£5,199	£10,397	£47,723
The Jeely Piece Club	South	£49,675	£41,167	£7,103	£1,405	£49,675
The Pearce Institute	South	£13,345	£8,430	£1,505	£3,410	£13,345
Wing Tsjun Scotland SCIO	South	£14,448	£5,675	£2,311	£4,540	£12,526
Young Peoples Futures	South	£117,547	£70,550	£8,202	£16,322	£95,074
49 Organisations		£2,787,576	£1,379,149	£224,616	£396,235	£2,000,000

Organisations with a reduced award will be given the opportunity to submit a revised application for the amount awarded.

Glasgow's Holiday Programme 2024/2025 – Ward Coverage

Ward coverage	No. projects delivering in Ward*
Ward 1 - Linn	11
Ward 2 - Newlands/Auldburn	5
Ward 3 - Greater Pollok	7
Ward 4 - Cardonald	8
Ward 5 - Govan	10
Ward 6 - Pollokshields	5
Ward 7 - Langside	7
Ward 8 - Southside Central	8
Ward 9 - Calton	10
Ward 10 - Anderston/City/Yorkhill	5
Ward 11 - Hillhead	5
Ward 12 - Victoria Park	2
Ward 13 - Garscadden/Scotstounhill	6
Ward 14 - Drumchapel/Anniesland	7
Ward 15 - Maryhill	8
Ward 16 - Canal	5
Ward 17 - Springburn/Robroyston	12
Ward 18 - East Centre	14
Ward 19 - Shettleston	13
Ward 20 - Baillieston	12
Ward 21 - North East	12
Ward 22 - Dennistoun	16
Ward 23 - Partick East/Kelvindale	4

*Ward coverage may need to be adjusted in line with approved awards.

Appendix 3

Glasgow's Holiday Programme 2024/2025

Not recommended for funding

Organisation	Sector	Amount Requested
Central and West Integration Network SCIO	City Wide	£13,318.00
DRC Generations	City Wide	£19,879.50
Impact Arts (Projects) Limited	City Wide	£4,016.00
Kurdish women community group	City Wide	£11,990.00
One Parent Families Scotland	City Wide	£10,900.00
Shine Your Light Community	City Wide	£10,370.00
Barnardo's	North East	£6,476.00
Buddies out of school care	North East	£81,955.00
Church House, Bridgeton [SCIO]	North East	£24,298.23
Easterhouse Henosis	North East	£35,700.50
Growing21 Ltd	North East	£15,615.12
Parkhead Housing Association	North East	£25,036.00
St. Roch's Childcare Service (Royston Primary)	North East	£6,478.10
Home-Start Glasgow North and North Lanarkshire	North East / North West	£3,321.00
Partick Thistle Charitable Trust	North East / North West	£122,035.00
Stepping Stones for Families	North East / North West	£17,959.00
Active Life Club	North East / South	£15,198.00
The Halliday Foundation	North East / South	£18,233.00
B.J.O Amara Association	North West	£23,792.16
Drumchapel Baptist Church	North West	£7,610.00
G20 Works	North West	£50,727.75
Glasgow West End After School Care CIC	North West	£60,827.00
Queens Cross Housing Association	North West	£41,897.18
Shakespeare Street Youth Club	North West	£28,683.75
Include Me 2 Club SCIO	South	£16,911.00
Quarriers	South	£5,802.09
Royal Scottish Society of Prevention of Cruelty to Children (RSSPCC) t/a Children 1st	South	£5,484.00
The Church of Scotland Social Care Council	South	£15,210.00
The Queen's Park FC Foundation	South	£47,393.00
TinCat CIC	South	£7,323.00
Turf	South	£22,755.00
31 Organisations		£777,194.38

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Appendix 4

Summer and October 2023

Glasgow Children's Holiday Food and Activity Programme

Monitoring Report



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1. Introduction

The Glasgow Children's Holiday Food and Activity Programme was developed in April 2018 to address aspects of poverty in Glasgow – specifically, what was then referred to as 'children's holiday hunger'.

Eliminating food poverty is recognised as a priority and listed as one of the Scottish Government's Key Sustainable Development Goals. *"By 2030, end hunger and ensure access by all people, in particular the poor and people in vulnerable situations, including infants, to safe, nutritious and sufficient food all year round."* (**Scotland and the Sustainable Development Goals – A National Review to Drive Action, July 2020**). Numerous academic studies have shown that food insecurity affects school children's academic performance, weight gain and social skills. A nutritious and well-balanced diet is vital for healthy growth and development, supporting learning and social skills, and encouraging continuation of healthy eating later in life. For many children across Glasgow, free school meals are the only nutritious, balanced meal they can rely on each day. Many low-income families are unable to afford additional food costs during school holidays.

2. Aim of the Programme

The programme provides a grant fund which enables community organisations to provide nutritious food to children/young people using their services during the school holiday period. The programme is for children/young people from 0-18 years of age.

3. Programme Criteria

The programme is open to Third Sector and Community Groups.

4. Timescales/Applications

It had been intended that the 2023/24 programme would be reviewed in line with the anticipated guidance from the Scottish Government on the school age childcare investment framework for 2023/24. The Government's guidance was originally scheduled for publication by the end of December 2022 and then subsequently delayed until 'spring' 2023.

A working group comprising officers from the Council's Early Years, Child Poverty and Grants and Monitoring teams and two third sector representative colleagues from GCVS had been established to lead on the review. By February the working group had acknowledged that, on account of the delayed guidance, a review of the holiday programme would not be possible for effect in summer 2023 within the timeframe available.

Summer 2023

As result of the guidance having been delayed, the Council was unable to support an open application process within the timeframe available. In order to achieve delivery of a summer programme in 2023, only providers who had delivered a programme in 2022/23 were invited to apply for up to the same funding levels received for summer 2022.

Of the 55 organisations invited to apply, 52 organisations submitted an application for funding. On 1 June, the Council approved a programme of funding to 52 organisations totalling £1,664,226.

October 2023

The uncertainty around the guidance and the lateness of the financial commitment by the Scottish Government for the summer 2023 programme, impacted the entire 2023/24 programme, whereby an open application process could not be delivered for the October 2023 and spring 2024 programmes. A similar approach to the summer 2023 programme was taken whereby existing providers were offered a grant award of up to the same levels of funding provided in October 2022 and spring 2023.

49 organisations were invited to submit a delivery programme in October 2023. All applicants submitted applications totalling £251,025 in value.

This monitoring report focuses on the summer programme which ran from 26 June to 11 August 2023 and the October Programme which ran from 16 to 20 October 2023.

Monitoring data from the Spring 2024 programme will be analysed and reported at a later date.

5. Challenges

A common challenge that providers report to us each year is an increasing demand for the service. To manage demand, providers have reported worked jointly with other providers and sign-posting service users to another service if they were at capacity. Some organisations had waiting lists and tried to accommodate all children at some point within the programme.

Many providers reported an increased number of children attending with additional support needs. A flexible approach was taken to accommodate their needs by providing different activities and/or quiet spaces.

Another challenge many providers encountered was the increased costs due to the cost of living crisis. Many reported increased food costs as well as transportation costs and entry fees to attractions. In some cases, menus were amended to remain within budget or additional funding was secured. Providers tried where possible to continue with trips to keep the programme as engaging as possible.

Adverse weather conditions also impacted the programme and this limited some of the outdoor activity during the programme and some providers reported reduced attendance levels. Other providers reported an increase in demand for the service.

6. Scottish Government Funding

The Scottish Government provided funding for a Summer Offer for Children and Young People which was announced in July 2023. £662,910 was awarded to Glasgow to deliver a summer programme with the remaining costs being met from previously approved carry forward.

7. Partnership Working

Partnership working is always strong during the holiday programme with organisations working together to ensure there is no duplication of service, a variety of activities provided, working jointly on the food or activities provision and taking referrals from other organisations if they are at capacity.

8. Sustainable practices

Many organisations adopted sustainable practices during the summer and October programmes. These included asking children to bring their own water bottle, washing and reusing cutlery or using wooden cutlery, using paper bags for packed lunches, using a local fruit market or using their own grown fruit and veg, only making the required amount of food to avoid wastage, using food waste bins, sourcing food from local suppliers, cooking food in large batches to reduce energy costs, using natural resources when children are playing outdoors in the woodlands and using biodegradable containers.

9. Outcomes of Programme

9.1 Activities

Summer 2023

Activities included: street play, arts and crafts, jewellery making, dancing, sports, gymnastics, nature walks, bush craft, theme days, cooking lessons, learning about other cultures, grow your own, music workshops, karaoke, storytelling, drama, cycling, indoor/outdoor free play, talks, walks, go carting, baby and sensory room with soft play/reading corner/baby area, family meals and trips. A total of 12,730 hours of activity was delivered over the summer holiday period.

October 2023

Activities included: street play, arts and crafts, jewellery making, dancing, bouncy castle, sports, Halloween activities e.g. pumpkin carving and costume design competitions, board games, day trips, cooking lessons, grow your own, learning about other cultures, workshops on life skills such as financial literacy and time management, a career fair involving mock job applications and interviews, oral health workshops, music workshops, storytelling, quizzes, drama, movies, cycling, indoor/outdoor free play, talks, bug hunting and spooky walks. A total of 1,593 hours of activity was delivered over the October holiday period.

9.2 Beneficiaries

During the 7-week summer programme **26,008 children/young people** benefited from fresh food and activities, and during the week long October programme **8,982 children/young people** benefited as illustrated below:-

	Summer 2023	October 2023
Male	48.18%	51.66%
Female	50.74%	47.77%
Non-Binary	1.08%	0.57%
Disability/Additional needs	14.55%	12.06%
Black and Minority Ethnic	30.18%	34.86%

The biggest percentage of beneficiaries were from the 5-8 age group, this is consistent with previous programmes.

9.3 Number of meals provided

Organisations provided a variation of meals and snacks, this included breakfast, lunch and dinner. Some organisations only provided one meal per day, while others provided two and some three per day. Food provision is set out in the table below:-

Meal	Summer 2023	October 2023
Breakfast	98,005	12,807
Lunch	149,388	22,934
Dinner	23,737	5,243
Snacks	168,790	24,224
Total	439,920	65,208

9.4 Service Delivery Areas by Sector and Ward

9.4.1 Sector data

Sector	No. of Organisations (Summer 2023)	No. of Beneficiaries Summer 2023)	No. of Organisations (October 2023)	No. of Beneficiaries (October 2023)
North East	30	13,547	28	4182
North West	23	4,461	21	1909
South	25	8,000	21	2891
Total	78 *	26,008	70 **	8,982

* includes 14 providers working over 2 sectors and 6 providers working over 3 sectors

** includes 12 providers working over 2 sectors and 5 providers working over 3 sectors

9.4.2 – Ward data

Ward	No. of Organisations (Summer 2023)	No. of Beneficiaries Summer 2023)	No. of Organisations (October 2023)	No. of Beneficiaries (October 2023)
1 – Linn	11	4561	8	1259
2 - Newlands/Auldburn	7	31	3	19
3 - Greater Pollok	8	546	9	228
4 – Cardonald	10	498	6	91
5 – Govan	10	492	8	307
6 – Pollokshields	10	771	8	277
7 – Langside	6	81	7	139
8 - Southside Central	11	1020	9	571
9 – Calton	17	4738	9	1225
10 - Anderston/City/Yorkhill	10	530	4	320
11 – Hillhead	7	256	6	50
12 - Victoria Park	4	418	2	54
13 - Garscadden/Scotstounhill	8	682	5	240
14 - Drumchapel/Anniesland	8	926	7	376
15 – Maryhill	10	566	8	369
16 – Canal	10	913	8	471
17 - Springburn/Robroyston	17	1029	18	454
18 - East Centre	17	1918	13	385
19 – Shettleston	17	1163	12	576
20 – Baillieston	15	1334	10	221
21 - North East	16	2380	13	831
22 – Dennistoun	16	985	16	490

Ward	No. of Organisations (Summer 2023)	No. of Beneficiaries Summer 2023)	No. of Organisations (October 2023)	No. of Beneficiaries (October 2023)
23 - Partick East/Kelvindale	7	170	5	29
	252*	26,008	194**	8,982

* 40 providers delivering to more than 1 ward

** 37 providers delivering to more than 1 ward

Comment: Calton generally shows a high return as one provider runs several sessions per day to allow for the demand. Linn has also shown a high return as a consortium of 5 organisations ran a programme in partnership.

10. Expenditure by Sector and Ward and Match Funding

A breakdown of expenditure is provided in the tables below. The expenditure categories are as follows:

- Food Costs – food and ancillary costs.
- Other Direct Costs – sessional staff, venue hire, activity costs, transport costs.
- Management Costs – marketing, management fee.

10.1 - Sector data

Summer 2023

Sector	Food Costs	Other Direct Costs	Management Costs	2023 Sector Total
South	£232,744.16	£139,079.64	£8,358.31	£380,182.10
North East	£508,290.11	£282,578.32	£18,954.28	£809,822.71
North West	£331,297.92	£131,436.99	£10,412.32	£473,147.22
Total	£1,072,332.18	£553,094.94	£37,724.91	£1,663,152.03

October 2023

Sector	Food Costs	Other Direct Costs	Management Costs	2023 Sector Total
South	£39,164.45	£24,826.17	£1,484.32	£65,474.94
North East	£76,182.51	£36,895.84	£3,233.09	£116,311.44
North West	£46,060.93	£18,005.11	£1,174.58	£65,240.62
Total	£161,407.89	£79,727.12	£5,891.99	£247,027.00

10.2 – Ward Data

Summer 2023

Ward	Food Costs	Other Direct Costs	Management Costs	Ward Total
Ward 1 – Linn	£40,883.27	£33,356.41	£1,897.44	£76,137.11
Ward 2 - Newlands/Auldburn	£1,758.88	£976.96	£63.92	£2,799.76
Ward 3 - Greater Pollok	£22,951.78	£6,312.19	£815.90	£30,079.87
Ward 4 – Cardonald	£18,868.97	£9,697.01	£1,114.73	£29,680.71
Ward 5 – Govan	£28,339.43	£21,653.05	£1,874.08	£51,866.56
Ward 6 – Pollokshields	£35,033.87	£17,074.65	£1,842.07	£53,950.59
Ward 7 – Langside	£11,607.10	£8,024.82	£224.29	£19,856.22
Ward 8 - Southside Central	£73,300.85	£41,985.03	£525.89	£115,811.76
Ward 9 – Calton	£80,721.08	£32,917.89	£3,765.17	£117,404.14
Ward 10 - Anderston/City/Yorkhill	£37,419.61	£22,479.99	£2,400.03	£62,299.64
Ward 11 – Hillhead	£18,199.96	£11,625.71	£1,041.77	£30,867.43
Ward 12 - Victoria Park	£28,467.29	£1,834.51	£26.02	£30,327.82
Ward 13 - Garscadden/Scotstounhill	£35,696.81	£4,720.59	£317.52	£40,734.92
Ward 14 - Drumchapel/Anniesland	£60,823.50	£14,412.83	£843.81	£76,080.15
Ward 15 – Maryhill	£46,723.13	£21,901.33	£1,174.14	£69,798.61
Ward 16 – Canal	£94,357.09	£51,879.92	£4,572.03	£150,809.04
Ward 17 - Springburn/Robroyston	£110,442.69	£68,702.41	£3,704.64	£182,849.74
Ward 18 - East Centre	£59,942.00	£33,713.09	£2,412.99	£96,068.08
Ward 19 – Shettleston	£62,891.97	£42,191.65	£1,799.31	£106,882.93
Ward 20 – Baillieston	£46,210.10	£26,536.67	£1,857.38	£74,604.15
Ward 21 - North East	£101,744.81	£56,562.74	£3,420.31	£161,727.86
Ward 22 – Dennistoun	£46,337.46	£21,953.38	£1,994.48	£70,285.33
Ward 23 - Partick East/Kelvindale	£9,610.53	£2,582.11	£36.99	£12,229.62
	£1,072,332.18	£553,094.94	£37,724.91	£1,663,152.03

October 2023

Ward	Food Costs	Other Direct Costs	Management Costs	Ward Total
Ward 1 – Linn	£8,165.47	£5,337.17	£490.99	£13,993.63
Ward 2 - Newlands/Auldburn	£470.83	£260.00	£16.33	£747.16
Ward 3 - Greater Pollok	£3,331.60	£858.38	£58.06	£4,248.04
Ward 4 – Cardonald	£1,730.64	£752.25	£35.54	£2,518.43
Ward 5 – Govan	£6,964.71	£4,036.11	£309.96	£11,310.78
Ward 6 – Pollokshields	£5,376.76	£2,817.19	£205.44	£8,399.38
Ward 7 – Langside	£2,722.13	£2,013.87	£248.19	£4,984.19
Ward 8 - Southside Central	£10,402.30	£8,752.46	£120.88	£19,275.65
Ward 9 – Calton	£14,789.97	£4,064.08	£602.97	£19,457.02
Ward 10 - Anderston/City/Yorkhill	£4,832.64	£2,036.82	£301.37	£7,170.84
Ward 11 – Hillhead	£1,287.47	£519.24	£36.08	£1,842.78
Ward 12 - Victoria Park	£5,570.71	£1,306.49	£0.93	£6,878.14
Ward 13 - Garscadden/Scotstounhill	£5,642.94	£1,363.74	£40.19	£7,046.87
Ward 14 - Drumchapel/Anniesland	£9,675.08	£3,380.24	£145.09	£13,200.41
Ward 15 – Maryhill	£6,895.28	£4,011.11	£149.93	£11,056.31
Ward 16 – Canal	£11,369.56	£5,010.37	£470.00	£16,849.93
Ward 17 - Springburn/Robroyston	£12,522.71	£7,443.11	£535.54	£20,501.36
Ward 18 - East Centre	£7,594.00	£4,048.97	£402.47	£12,045.44
Ward 19 – Shettleston	£10,878.71	£5,917.73	£334.75	£17,131.19
Ward 20 – Baillieston	£4,450.75	£2,201.76	£201.81	£6,854.32
Ward 21 - North East	£16,050.87	£9,142.19	£865.31	£26,058.37
Ward 22 – Dennistoun	£9,895.49	£4,076.74	£288.25	£14,260.48
Ward 23 - Partick East/Kelvindale	£787.24	£377.10	£31.93	£1,196.27
	£161,407.89	£79,727.12	£5,891.99	£247,027.00

10.3 Match Funding

Summer 2023

Match funding of **£271,208** was reported by providers and used in conjunction with the summer funding of £1,664,226 to deliver the summer 2023 programme.

October 2023

Match funding of **£45,660** was reported by providers and used in conjunction with the October funding of £247,881 to deliver the October 2023 programme.

11. Financial Inclusion Support

As part of both summer and October 2023 programmes, providers were offered the opportunity to link families to support offered by the Council's Glasgow Helps Initiative. 21 organisations took up the offer in summer, resulting in 541 families being referred for Financial Inclusion support.

18 organisations took up the offer in October, resulting in a further 284 families being referred for Financial Inclusion support.

12. Information Sharing

Providers were asked if they would be interested in participating in a knowledge sharing workshop with other holiday programme providers to share knowledge about the approach to programme delivery and what worked well. 48 organisations reported that they would be interested in participating. Officers from the Grants and Monitoring team will link in with providers to facilitate a workshop later in 2024.

13. Impact/Feedback

13.1 Impact of the Programme

The programme continues to deliver a wide range of impacts to young people and families across the city.

Young people embraced the programme and enjoyed the activities as well as the food. Many organisations reported that young people enjoyed being outdoors and trying new activities. Some organisations provided children and young people with food they had never tried before as well as providing opportunities to cook their own meals. Many reported increased levels of confidence at the end of the summer programme.

Parents welcomed the programme as they knew their children were safe, being looked after and being fed. Many reported that the programme assisted greatly with rising food costs and reduced their anxiety and stress.

The food provision greatly enhanced the growth of trust, social connection and positive nourishment. Similar to previous programmes, communities came back together through the provision of the programme's opportunities, with the sustainment of social support and engagement almost certain to continue. New friendships were created for both the children and their parents/carers.

As in previous years, young people had the opportunity to simply enjoy the 'normality' of being young, connecting with their friends, enjoying fun activities outdoors, were given time and space for themselves.

Volunteering opportunities were offered by many projects which are likely to improve the employability pathway for those who volunteered.

The programme had a huge impact by providing children and young people with nutritious food whilst generating fun, promoting learning and connection and social support.

13.2. Feedback

Examples of feedback are illustrated on the pages directly below.

Detailed feedback from providers, participants, parent/carers and volunteers, together with case studies, are provided as an **addendum** to this report – see Section 14.

I have 4 children 2 who have ASN and they can go here and play with their siblings and friends without any discriminations, staff are fabulous with everyone. One of my little ones is a very fussy eater and always gets a meal he will eat.

Parent

This programme continues to make an incredible difference to the lives of the children who attend it during the school holidays. With the schools starting back we continue to notice a difference in the children who have been engaged in daily activities, speaking to friends, running about and playing sports etc. I have already had parents asking if there will be a camp at October and Spring, such is the difference that it makes to the school community

Teacher, Shettleston

I can't thank you enough for what you offered my children throughout the summer holidays. They have had so much fun and everything is free. I don't know what I would have done as I can't afford to do anything fun or go anywhere that costs all sorts of money as I just don't have it. Thank you all so much you did amazing for me and my family and made our summer so special.

Parent



My life is so challenging right now and I was so stressed about what summer was going to be like for me and my kids when the schools stopped. This place has been an absolute lifeline for me and my children where they played, had loads and loads of fun and they had a lunch provided with snacks to them every day. This is something I would never have afforded to do for them. Thank you so much.

Parent

I liked that there was a bigger range of activities this year - like when the weather was bad we did the science stuff, then when the weather was sunny we had the water fights

Child



It helps bring us together and out of the house. My son has autism so it is difficult to get him out and to engage in anything so this was fab for him it help us a lot.

Parent



Impact cannot be underestimated of how the holiday food programme has helped families in work poverty especially during the cost of living crisis, children have access to food in a dignified manner as well as accessing additional services due to the joined up working of partners.

Parent

I have had such a good time with all my friends I don't want the club to end.

Child

Thank you so much for the camps again. I have been watching my nieces over the summer and along my kid they have loved every day of camp. They have loved the lunches and activities. The staff have helped my daughter's confidence so much and helped her to feel better about herself, thanks

Parent

I don't want the programme to end I have not missed it all holidays. I have made lots of new friends from other schools and we have had so much fun. I can't wait to see our big poster in the Asda. I am going to take my Nanna to show her, she will be so proud of me.

Child

Thank you all so much for having [my daughter} this week and helping her use up all her energy!! She loved it. She's sad about going back to school now and would rather come to the clubs instead she said.

Parent

I have absolutely loved every minute volunteering this week!! what a week.... so much fun and so much nice food on offer for the children to enjoy. I am very proud to have been part of this weeks fun.

Volunteer

Thanks again for all the help with my son and nephew. My son just loves the camps and can't wait to return next year. Thank you for all the extra effort made in helping him to integrate and making his days so special.

Parent



What an amazing week our little ones have had so many memories made and loads of new things tried. No idea where you all get your energy from all staff are always so friendly and helpful. The kids just love you all!!!!"

Parent

Best camp yet. Loved the food and I know a lot more people at the camps now. I don't know what I would be doing if the camps were not on.

Participant 16



Best camp yet. Loved the food and I know a lot more people at the camps now. I don't know what I would be doing if the camps were not on.

Participant 16



Great day with the kids, kids especially enjoyed the arts & crafts. They loved the face painting too. Kids enjoyed the outdoor course and the experiments. All the staff and volunteers are amazing and fantastic with the kids. Kids adore the staff.

Parent

Thanks to the programme they have gave me the opportunity to learn skills which helped me get a job. I'm still coming back though cause I love it here."

Positive Role Model Volunteer

Without the programme I would be unable to work, the service is excellent and not only for the care they provide my daughter but for the support they give me a single mother as I sometimes can be overwhelmed.

Parent

This is a very open programme for all! everyone is made to feel welcome and treated with respect. The values and practice I have observed this week has been refreshing too see. The young person I care for has loved attending and really feels part of something when he attends.

Residential Carer

Section 14. Addendum

Summer 2023

Feedback from Providers and Volunteers.....

- Volunteer A, it was clear from observing and interacting with the children how much they enjoyed the snacks and meals and how much they appreciated the variety and quantity.
- "This was my second year staffing the summer program, and I noticed significantly less children bringing their own lunch, snacks and drinks this year compared to last year. Whilst playing with one of the children who used to always bring a packed lunch last year, she told me that she couldn't bring one this year because 'mum didn't have enough food in the cupboards'. All of the kids seemed hungrier than I'd ever known them to be previously and made great use of not only the free breakfast and lunch we provided, but also the unlimited fruit and yogurts they had access to throughout the day. The kids absolutely loved trying fruits like fresh pineapple and berries. It was so clear to me as a staff member that the cost-of-living crisis was hitting these families hard."
- "During the summer programme, I was the lead member of staff. This meant it was my responsibility to do the food shopping. Last year, we got a maybe 3-4 days after a big shop but this year I was having to go to the shop daily for more bread, milk, cereal. I noticed that the kids were eating much more food than last year. We didn't have any food waste and lunch time was always busy as all of our kids were using the lunch services provided. The kids loved fruit and yoghurts, we did do some fruit tasting days and then continues to buy the fruits they liked. Parents were surprised at food their kids were eating at the programme. I had a few parents telling me "We had the best jam sandwiches" and how we made certain meals so they could make it too"

Feedback from participants and parent/carers.....

- "I can't wait to come back soon and do it all again"
- "It gives me something to look forward to"
- "I had the best summer ever - going to the club every day was so fun"
- "The lunches were nice and healthy"
- "Our favourite part was the foam party"
- "The camps are the best thing about my summer. I come every day and love it. The coaches make you laugh, you get a great lunch every day and you always have friends around you"
- "The coaches were brilliant. The lunches are great, I would love more chicken on some days if that can be done. When I told the coaches how well I did in my exams they were really supportive and happy for me. That made me feel great"
- "I had good fun, the food was good I liked the fruit kebabs"
- "It was good again, I came last time but this time was even better"
- "I had fun. I liked going to the park to play"

- "I got to see my pal from school I didn't know I would see him there"
- "The football was the best, we made up our own teams and stuff"
- "I love to come to the programme every day to have my lunch and play with my pals. I wouldn't be able to get anything to eat at home and the dinner school is shut just now for the holidays so I am very happy and I don't need to worry about getting hungry."
- "I love having summer holiday lunch picnics with my friends at the programme. I won't feel embarrassed now when they suggest to me to go to the shops for food as I don't have any money to buy stuff. My friends get their picnic lunch at the programme with me and they get full up so they don't ask me to go to the shops with them as we get loads to eat at the programme"
- "Do you know that the programme is my best place in the whole world. I get to do so much fun things and I have met loads of new people here during the summer. I didn't have many friends before but now I have loads. I love to help you with the litter picking and keeping the playground tidy. I love doing the junk modelling activity when we pick up recyclable litter and then we made large models in the playground. It is such a cool and fun activity that I did. When we made a monument from the recycled litter one day at the playground, we sat around it having our picnic lunch which was just the best. I loved all my summer days at the programme and the lunches and snacks made it the best days ever"
- "Going for walks with the programme really helps me calm down when I feel angry"
- "Love going swimming outside, I feel so good when you come out of the water"
- "cycling to Kelvingrove for ice cream was great fun - maybe we could cycle to Loch Lomond next?"
- "The garden is starting to come together and its getting more exciting all the time"
- "eating our own strawberries was amazing - they taste so good!"
- "I enjoyed every bit of the trip from the reception to every family on board. We are all one big family interacting in like minds"
- "I like being a team captain and helping the younger ones in the tournament. I think I've got much better at working with younger children and more patient"
- "My mum loves when it's the holiday club. She says we get up much earlier and we all eat things we would never eat at home like healthy snacks. It helps her a lot."
- "I really, really like the holiday club. I give it 2 million out of 2 million! I've been coming most days, some of the stuff is my all-time favourite. The best was the street dancing with King Rudy. I also loved the knitting, it was my first time knitting! Loved the drama too and we did painting."
- "I like the programme so much because I get to make lots of new friends and see the silly ones that I already know. I like everyone that takes care of us too"

- “My favourite thing is the football because we get to play with balls. And I loved the nachos so much, with cheese, I love cheese.”
- “We’ve done lots of music and acting, I really love the sound effects! Oh and we did the macarena, all the dancing has been great too. I’ve been to two Family Nights – the circus and Dream Machine, lots of games and bingo!”
- “The knitting is my favourite. We made two rugs. I’d never done knitting before and now I’m doing it every day before bedtime.”
- “Yesterday was Dream Machine and we made songs. We did a flash mob too and it was very funny. Yesterday was my favourite day.”
- “I enjoyed last night the most, it was the best night ever! We did roller-skating, made models and I even got free ice-cream...twice!”
- “I liked the street dancing the best. The man was very funny, he said he’s King of the Dancefloor!”
- “Me and my friends made stuff with playdough. We made a really cool design with lots of colours and made it into a ball and we gave it to the workers to say thank you”
- “We’ve been making things with plasticine. I made a lollipop, an octopus and an Indian flag. The teacher ate the lollipop!”
- “I had never tried kiwi fruit before but really enjoyed it”
- “I had never had cannelloni before, I didn’t know what it was, I liked it”
- "I love coming to see my new friends"
- "I love all the space to do football and basketball with my friends"
- "I liked making my own pizzas and have showed my mum how to do these in the house"
- "I like trying new activities"
- “The programme is a rainbow of fun”
- “When asked about the food - 'mine is not ok - mine is the BEST!’”
- "I always have pancakes and strawberries for my breakfast they are my favourite and Mum doesn't get me them in the house"
- "I have made lots of new friends being at the programme has been do much fun, my favourite was the animal man he was funny and let us touch the animals"
- "I have made loads of new friends and one of them is coming to my house to play today after the club"
- "The food was so yummy I loved the chicken curry"

- "Thank you, please when is the next one."
- "They (staff) were kind and helpful and they give me food to eat."
- "I felt that it really helped me to mix with other people."
- "It has helped me to be confident."
- "I loved it."
- "It was brilliant."
- "at first nervous but after the first day it was so much fun!"
- "I really enjoyed the summer activities. I've loved making my own tie dye t-shirt and the water slides!"
- "Thank you for working with me on my bike - I really enjoyed the bike rides with my friends. I wasn't confident at first on my new bike, but now I can't wait to get out more on it"
- "I loved the marble run, my team was the best! I also really liked the team sports days - they were a lot of fun, and I was in the winning team!"
- "The trip to the cycling championships was amazing! I loved to see that the para-cyclists were competing with cyclists with no disabilities...and winning! That was pretty cool. It was really hot in the arena though."
- "This has been the best experience and I really don't want it to end"
- "The food is amazing!"
- "We learn how to grow food and cook whilst having fun with our friends"
- "We can run about the gardens and hide behind the garden raised beds, its a great laugh"
- "I liked doing the science experiments and working in a group"
- "I was able to do new activities and learn new skills"
- "[my child] had the best time ever. You all do amazing with the kids."
- "So grateful for the clubs"
- "Thanks for all the hard work you put into the clubs. All the kids love it."
- "Thank you for making [my child] feel so welcome"
- "Gets the children to have fun and play with their friends and make new friends"
- "I work full time so this was a great help"
- "It was good to get [my child] out the house and knowing she was getting lunch and snacks"

- "The club got him to eat salad which is a first!"
- "Me and my husband both work full time and struggle with holiday care so it was a massive support"
- "Massively helped with me being not well [my child] having a fun and safe environment to go for a while"
- "[my child] learned some new skills"
- "[my child] loves the chilli and chicken curry and rice which was both food he hadn't tried before"
- "my 3 children can't wait to get here and when I collect them their faces are beaming from cheek to cheek, thank you"
- "I have lived here 40 years and what you do from morning to evening is beyond belief THANK YOU SO SO MUCH for being here for this community. Imagine if you were not here there'd be nothing"
- "Staff and volunteers went above and beyond as usual!!"
- "Loved seeing all the kids play with friends they only usually see at school"
- "Helped our mental health getting out the house"
- "My son had a great time at the programme the whole summer and made a lot of new friends from the other school. He has lost weight and is much healthier than he was before summer started. It has made a big difference, thank you"
- "amazing team who give 100% and go above and beyond"
- "well done guys. You're so appreciated and an inspiration to the younger ones you volunteer to support"
- "well done all, amazing what you do for all the kids in the community"
- "amazing effort as always. You guys are all amazing, superstars"
- "Thank you all so much for everything you do for these children. J has had so many good times with you guys and many more to come I'm sure, what a team"
- "Thanks a lot to all the team!! K really enjoyed summer and now missing you guys. No Programme No Party is what I hear everyday really appreciate all the efforts spent each day... thanks a lot!"
- "I was really happy when I heard the holiday programme would be running again this summer! It has taken a lot of pressure off me as parent and every day my children come home happy and well fed"

- "I was worried my son would not take part as he struggles with change but the staff were so good with him and he had the best summer"
- "The staff are just brilliant, they are always happy and full of energy. They went over and above to ensure everyone had fun and enjoyed the food on offer"
- "I noticed a big difference in my daughter by the end of Summer, she was more energetic and active. She learned to go a two wheel bike which boosted her confidence so much"
- "Thanks for everything! Not only were the weans fed and watered but they had a brilliant time"
- "Quality family time seeing my kids' happy faces, so much fun to have this opportunity. Thanks to the team for their support for me and my kids and to have 1-1 time with my son"
- "The soft play was good and well organised. It was great fun for all the children and my son enjoyed it"
- "We are Muslim and eat halal, since the day my child told me about the trip she has asked us for and dietary requirements. Our eating is respected and we want to say thank you!"
- "Choice and quality of food is good. There was something for everyone. Having food provided takes some stress off us financially as it is one less thing to worry about"
- "My son is six and he likes the holiday club so much more than school but what's great, is he's still learning so much but it's all fun and there's no homework! We've also been amazed by how much he enjoys eating the food. He normally only likes to eat Indian food and won't eat the western food at school - he says it's too cold. But at the programme, he loves the food – he says it's perfectly warm and now really enjoys pasta and vegetables"
- "My two daughters have enjoyed a few days of the holiday club so far, they're booked on for three days this week. They've been having a lovely time with the other children and they've enjoyed learning lots of new things – the martial arts, taekwondo was the favourite and they liked the knitting and drama"
- "My son's been to 6 or 7 sessions this summer. It's been helpful as me and my husband both work full time and don't have much annual leave. The days he's not been at the programme, he's had to go into childcare from 8am – 6pm and he's been bored. He's really enjoyed the programme. He gets to meet lots of other kids from other schools and has made new friends. For next time, I wish the programme were able to do full days of activities"
- "Food is varied and well put together. We have never come away from here hungry, money saved on food and trips was spent on other things to enrich our child's summer"
- "The Unit and the programme offered are very appreciated and absolutely required within the community. I and my children enjoyed attending and we made new friends. I hope the Unit keeps running for the holidays"
- "I have been able to spend much less on food, it has been fantastic, the staff are amazing and I don't know what I would have done without it"
- "Just want to thank you for all the food and all the activities that are always different"

- "This summer club has been a godsend to us! Not only have we been provided with delicious food and fabulous entertainment, but we have really been made to feel part of the family. The staff are incredible, they made sure everyone is having a great time – nothing is too much trouble for them. My daughter and I have come out of this summer with new friendships. Thank you so much for an amazing summer!"
- "Thank you for giving my son a space at the club, he loves coming. It helps me a lot and I don't have to worry about feeding him"
- "I'm not gonna lie I'm not ashamed to admit that was an unbelievably tough summer on my own with the wee man. I really mean on my own no co-parenting no grandparents etc... the weather was against us all summer and if it wasn't for the programme I would have had my son 24/7 around the clock for 7 whole weeks of summer so big shout out to the programme you really are the heart of the community. Thank you"
- "The lunches are delicious and I very much appreciate the generous portions they get"
- "The lunches are delicious and I very much appreciate them and I don't need to feed them when they come home! Normally a day in the holidays is tough financially with three meals and two snacks. This is saving lots of money and they even sometimes skip dinner as they're so full"
- "We're from Lithuania and growing food and eating is very important to us. Children need good food and my son told me he is served a warm lunch at summer club. This makes me so happy. I just wished they had cucumber. He loves fresh cucumber!"
- "Great for my son to integrate into a new community and have fun"
- "Great to not worry about how I am going to feed my girl during the summer and she always brings me home chocolate"
- "A safe place I can leave my young son to have fun, meet friends and have lunch"
- "My child woke up at 5am, so excited to come on the trip!"
- "I was nervous at first as English is not our first language and we are Muslim, so food can be an issue. No problems we were welcomed, used our phone translator app on the first visit and didn't need to after that. We were offered vegan, vegetarian and halal food on every visit, so my kids never felt left out"
- "We are really struggling with money and not only did we get food and play but lots of advice and phone numbers for where to get help. I spoke to an advisor from Jobs and Business Glasgow who is now helping me and my family"
- "I don't know what I would have done without this, it can get very lonely on my own with 2 young children, I really looked forward to our visits, the kids can play safely, get really nice food and I can have a chat with other mums"
- "Kids all got fed and loved the soft play and the dancing. Then staff told us about the other things in the area that we could go to free, so the kids didn't get bored with the one thing. We had a summer I could never have afforded"

- "Thank you all so much for giving the kids such a great time we are so lucky to have the programme in the Community"
- "My children have said they are sad that tomorrow is the last day of the summer holiday food programme. They have said it has been the best summer ever, I honestly can't thank you all enough it is like having a second family all the staff are great there is so much to do and my wee ones always come home covered in paint, glitter, mud and most importantly full tummys"
- "I would not be able to give my children a summer holidays like the programme have, they have created lots of fun memories"
- " Everyone is having a blast thanks for all the hard work and for their lunch too"
- "Well done everyone the children had a great time everyone is so creative"
- "Another great day thanks for all the hard work."
- "Thank you so much. The food has been delicious and you have catered for everyone's needs. I have come here with my daughters kids, who have loved every bit of it. When it comes to Wednesday they are so excited to come to the hall. The fact it is free has saved us a lot of money"
- "To take them somewhere like the Transport Museum, which is free, still costs you money for food and there is always the toy on the way out. My daughter and her partner are both working and with the cost of living, don't have much left over. I am also on a pension and that doesn't go very far. So, thank you again!"
- "The food is so good! There is something for everyone and it definitely catered to everyone's different needs. What a difference it makes when you've got a few children, everywhere else is just so expensive, we love coming here, the food is amazing and there is so much to do"
- "Amazing sessions, my kids really enjoyed coming along each week"
- "My boys love these football camps with great food supplied every day, really keeps them out of mischief and saves me money. I know that other parents really appreciate what you are doing for the children during the holidays - so thank you to all involved!"
- "This has just been amazing my kids have had a ball. The school uniform and shoes is a real bonus - so thank you thank you thank you!!!!"
- "As a parent that works, after-school provision is essential to my family. Sometimes I feel like I am robbing Peter to pay Paul, so for my child to be offered a free lunch has really helped me financially. Thank you so much to the programme and the Council for providing this"
- "More on offer than expected, pizza, fresh fruit and juice and cupcakes"
- "Came last year with my grandkids they really look forward to coming back"
- "It's brilliant and over my expectations. Very detailed staff and interesting facilities. Have spent a lot of time here"
- "Great to have quality time with kids away from their devices"

- "Fresh fruit, great selection of breakfast, lunch options. All staff friendly too"
- "A place for my children to come along and take part in activities. Absolutely met my expectations. My children loved it above and beyond"
- "The staff are wonderful and the variety of food is amazing - heard good things about the club and it didn't disappoint"
- "We didn't know what to expect, the club is amazing 5-star service with great experiences for all to enjoy. I was expecting play activities and fruits and snacks"
- "Definitely lightens the load. Even spending time in a welcoming environment without having to spend any money is great good fun"
- "It gives us time out the house and free as struggling with money due to the holidays"
- "It really helps us with the cost of living and to have children entertained during the holiday is very good, we really appreciate it"
- "It is a good excuse to get the kids out, meet friends and socialise - got my wee boy up and out meeting other people"
- "It helps not to worry about what to eat, it also promotes a healthy life and wellbeing"
- "Brought us together as a family at a low / no cost. Food was ideal and a good variety for families, children were happy with full tummies"
- "A place for my family to take part in activities for the children, especially during the holidays. Feeding the children is a massive bonus to the kids. Really enjoyed all of this"
- "It has been great - kids loved it and loved seeing other families"
- "I'm a foster mum, gave us a chance to try lots of activities on the same day"
- "A positive effect on both of us as it's somewhere to go and it's almost like an activity to do. Much better than keeping the young one at home. Also saving money"
- "It has been good for the kids to be out and around other kids, doing activities and enjoying themselves"
- "This has helped with food costs and keeping kids entertained through costly summer holidays. I feel that it has helped me save a little to take the kids on a day trip somewhere"
- "Contact with the wider community, substantial breakfast and lunch - reduced costs - love the time here"
- "It has helped me get out, which is good for my sanity. A full day with 2x two-year-olds can be really tough"
- "I have only attended once but it is always good to have something different to do and one less meal to do at home"

- "On a wet, rainy day it allowed us out of the house without spending any money"
- "It has been a great activity that has helped provide routine throughout the holidays - my little girl looks forward to it and helps save me money and create more options during the holidays - offers a welcoming friendly, safe space too"
- "It has got my family out of the home and not feel so isolated"
- "It has been great - during a stressful financial year it was amazing, couldn't have asked for anything more. Thank you so much"
- "I honestly don't know what I would have done this summer without you all. The kids have had an amazing time, and made new friends. I know H can be quite challenging at times and I can be quite hyper, but you've worked brilliantly with them. I don't know how you all do it!"
- "You guys have outdone yourselves - my grandson had the absolute best summer at the programme. He was really shy and nervous about coming the first day, but I'm delighted to see how he's come out of his shell and made some new friendships. He even got invited to a sleepover with some of the kids from the groups! Thank you. We will definitely be back"
- "My son had such a great summer. He had some sad news within the family just before school ended, and he had been really down at the start of the holidays. The work you do, the activities you provided and helping him out with his bike riding skills - he's left the activity every day with a smile on his face - and he absolutely loved going to see the tall ship museum and transport museum - he loved telling me all about the scavenger hunt and getting a go on the different cars on display"
- "Thank you so much for this summer, the lunches and meals were great - the kids loved them. And thank you for separating the food for H as he doesn't like food touching. This was really considerate of you and helped him massively! He'll definitely be joining the youth clubs, this is a great wee place"
- "He's so much more sociable since he started with you this summer"
- "The work you do is amazing. My child had a full conversation with someone the other day and I couldn't believe it. You do amazing work and I just want you to know I appreciate you all"
- "My child enjoyed it. He is making "diary" to remember these activities"
- "Meeting new friends. Having fun. Learning new skills, making smoothies"
- "C has thoroughly enjoyed all activities so far and wishes the day trips were extended for longer. Thank you all he's had so much fun"
- "E came home each day very happy and excited. She made some new friends which will help her greatly starting high school"
- "...as a parent it has made me feel less anxious and worried for her beginning her secondary school journey. Thank you all

- “C was really excited and knackered after 1st day. He was keen to share everything he did that day. The following days he was up bright and early excited for the day ahead”
- “I feel his confidence has grown....”
- “I think this was a great idea. S never done anything like this and he loved it and the staff so I would recommend it to anyone”
- "I am grateful for the care and support given to my daughter also the support and help that I am given as a parent with regard to financial help and access to additional services"
- “It kept my kids out of trouble, gave them a bit of a routine. They came back buzzing and the trips kept them active”
- “Enabled us to continue to work, provided additional summer activities”
- “My daughter has become more independent and socialises more with her peers”
- “Saved me money and gave the kids an incentive to get out of bed”

Summer Case Studies.....

Case study 1

There was a young mother at 24 with two children aged 7 and five who attended the programme. She knew there was high demand for our programme so the school and social work had emailed to see if we would be able to allow her children attend as she has recently split up with children's father due to domestic violence. The parents mental health wasn't great and she was struggling to cope as she had recently lost her job and was facing extreme financial struggle. The 7 year old boy fitted in really well however the 5 year old was due to start school in August and when she turned up first day was facing separation anxiety from leaving her mother. The first day was quite a struggle for her and she was asking when she was finishing. When the parent came to pick her up we asked if she would drop her children off slightly earlier to ease the anxiety of attending while everyone was in. The next day she came in and we gave her a job to help put the fruit out and she would with support of staff offer fruit to each child who was attending. She loved helping and during breakfast sat with the staff member and other peers of the same age group. This helped with integration and the third day we followed the same routine and ensured that same staff member was available to help to strengthen a bond. The third day she started to play with one of the children we sat her with for breakfast without staff interaction. This was a huge step as on this day she did not ask what time it was or when she was going home.

Her confidence grew each day and it seemed to comfort her attending early to help with the food. On the third week there was no tears and she would almost be skipping through the door. Through this process everyday by engaging directly with the child's mother we were able to build a relationship and through cash for kids we were able to offer her a £50 Asda voucher. When we found out she was looking for a job we referred her to Rosemount Lifelong Learning a partner group. This would help her with her C.V and increase employability, through this she completed her food hygiene certificate and was able to be successful in a job in a cafe from 10am to 2pm which fits in with the children attending school. The day before the girl started school she drew us a picture to say thank you and the parent and her came to see us.

Case study 2

Parent C and D found out about our Club through their primary schools Seesaw app and decided to bring their 2 daughters and son along to try. Their son, soon to be primary 7 pupil has an anxiety disorder and is unable to complete a session without spending some time in his mothers car. She waits outside. We have set aside our meeting room to help with the boys feelings, should he become overwhelmed or if he finds it very noisy etc he can go quietly into the meeting room either with or without his lunch and spend a little bit of time composing himself with dignity and privacy. This has helped a little easing his need to spend as much time in the car while his sisters remain in the club. They have enjoyed the food and the activities.

Case study 3

B is a happy and very excitable girl who is an absolute delight to work with. B has a diagnosis of autism. In particular, B struggles to be in large groups, follow instructions, staying on task, very short attention span and struggles with loud noises.

B lives at home with mum, dad, big brother, big sister and little sister. Mum and dad struggle due to all children having a diagnosis of ASD. We have worked with mum and dad and big brother and big sister are now on full time timetables within our activities, B has just started and we are building up her time with the service.

B enjoys being at the centre when she can be, this usually comes with a limited time or agreed shortened time between lead staff member and parent of B. B when given the appropriate support will join in with any session and stay on task when she puts her mind to it. Anytime B is in the centre or taking part in any activities there is an individual support plan (ISP) in place. This ensures that B has the best experience possible, and interventions are ready if needed. As part of B's ISP she has a staff member assigned to her that will check in on her daily and support her in any way that is required at the time.

Over the course of the summer programme B has been an extremely successful case in overcoming issues that she finds extremely difficult. She has attempted to take part in all activities and stay in the programme where she can without it being too difficult for her.

Overall, B has attended our programme and excelled massively on her own personal achievements. With help and guidance from staff including her assigned 'support person'.

Case study 4

Just prior to summer starting, one of the young people who regularly attend our services mum suddenly passed away. Dad gave up his job to become a full time parent to child X and his younger sibling. Dad had indicated he was struggling and asked about child x attending the summer which we got him registered for and he attended each day. Dad has expressed his gratitude for the service as it allowed him space to organise finances without the added pressure of food costs and activities over the summer. The family are now in a more stable position and were also supported through the back to school event.

Case study 5

One family in particular is supported by the programme and has been for the last 5 years. This family has 3 children of ages from our Junior Club to our Senior club and previously lived in Poland. The mother works part time and the father also works and they live in rented accommodation which is a private let. We have a lot of contact with the mother as one of the children is demonstrating very challenging behaviour both in school and at home and this often spills over into the programme. The mother has told us that having the summer club has meant the difference of her being able to keep her job going and without it she would not have any childcare and they are already struggling financially.

OCTOBER 2023

Feedback from Providers and Volunteers.....

- Volunteer A, "as we have seen before, it was clear from observing and interacting with the children how much they enjoyed the snacks and meals and how much they appreciated the variety and quantity"
- "We saw new people coming along that we hadn't engaged with before. Due to the Halloween Swap Shop we were able to provide 45 young children with a free 2nd hand costume, which would otherwise of cost the parents £10 approx"
- "We have found that some of the young people who attend our events coming forward to say that they have experienced social issues around eating with other children, their peers and experiencing new foods. Due to the way we serve our food this has helped to foster positive environment, where parents have fed back that they are happy to see their children making new friendships and coming out of their comfort zones"

Feedback from participants and parent/carers.....

- "I made so many friends and learnt so much. Can't wait for the next one!"
- "I didn't need to get picked up early today – I stayed in all day in Arts and Crafts & Judo cause it was so fun"
- "Being asked to help out for the first time as a Positive Role Model"
- "I am full up"
- "I enjoyed it and so much to choose from"
- "It was good and even got to take some food home so I was not starving later"
- "I have the tea lights on my windowsill. They are both that proud of them and so am I" - parent
- "I loved all the nice lunches. You're the best chef ever!!"
- "I love getting to see my friends every day even when we're not at school"
- "Playing out in the garden is my favourite"

- "I want to be a paramedic when I grow up now"
- "I love the jungle theme because I love animals and know lots of facts about them"
- "When is the next club? I can't wait to come back"
- "The programme is just brilliant place! I come here every day to get my lunch and just play. I wouldn't be able to have as much to eat and have so much things to do if the programme wasn't here"
- "I just love having these yummy picnics with my friends at the programme. I've never ever had a picnic before coming to the programme"
- "The programme is my home"
- "The food is so good and there is always loads"
- "How good was the woodlands walks and Halloween stuff we did, I keep laughing about how funny it was"
- "I enjoyed that we could go inside or outside and also that we could take some snacks home, that was good"
- "Overall it is excellent"
- "We loved all of the food that was on offer, and there was plenty of it"
- "The staff and volunteers were perfect and helped when needed"
- "We love coming to this programme, I feel that it is all round good for all ages"
- "We love the club and have been coming for many years"
- "The staff and volunteers do their best to provide the best activities and help, for us it was really amazing thank you"
- "I had the best time of my life! I absolutely love skateboarding!"
- "We made masks, it was great, I like making masks!"
- "I learned so much this week - thank you!"
- "I would have not been doing much if I hadn't been going to the programme"
- "This was a REALLY good day!"
- "I have made so many good memories and friends at programme and I have only been coming for two weeks"
- "I know my Mum finds the holidays difficult because we are always asking to do things and she doesn't have the money. We don't need money here and we get food"
- "This is the only club I know where you get dinner"

- "My friends and me really like it here. It's good fun, people look after you and the games are good"
- "I love it here, the sausages are so good and I always get extra, everyone is so nice and I like to help the people and put all the balls back in the ball pool. I would stay all day"
- "Friday is chicken nugget day and that's my favourite. I like other days but Friday is the best"
- "I love running about and playing on the big play frame. I meet my friends from school and make new friends"
- "I have had so much fun this week, I loved wrapping the staff up as mummies it was so funny!"
- "I got to try lots of new food and even met new friends"
- "I really enjoyed all of the activities - making the glowing ghost and the soup on the campfire was my favourite!"
- "I loved the golf trip and the pond dipping, it was great fun"
- "Thank you for taking me on the trip - this was my first trip without my mum, I loved it!"
- "I wish the weather was better for the bike ride to go ahead, but I still really enjoyed the arts & crafts activities and the games"
- "it was my first time coming to a holiday club, and I love it here"
- "the October week has helped me get out of the house more as I hate not having a routine"
- "My son has changed so much; he's more confident and happy. Thank you!"
- "Food is a great help with Cost of Living increase"
- "Gets him out his bed and off his PS5"
- "My daughters had the best time. The coaches and volunteers take such good care of the kids and they can't wait to be there the next day"
- "I wish camps like this existed when I was younger as it would have made such a difference to so many of my friends when I was younger. The staff are wonderful with the children and help them to learn new things, improve their confidence and really help them in any way they can"
- "What a great help it has been getting 4 club sessions and T fed into the bargain. He is always hungry and it is hard to keep him full as it costs so much. Really appreciate all the support and the extra food he was given to bring home"
- "Great to meet and play with the other babies and mums and it's great that there is plenty of activities for all ages"
- "Nice to meet new people and the volunteers are all friendly and kind. Thank you for everything and today"

- "Thank you for a lovely day! The volunteers made sure no parent was left out of the activities or the group"
- "Thank you to everyone G had a ball and she made so many different things too, thanks for all your hard work"
- "She loved it, she's gutted it's the last day"
- "Thanks for making her feel included and keeping her safe for me"
- "He's going to be so sad going back to school!"
- "I just want to say thank you and all the staff for giving [my daughter] a great time at the October club"
- "[My daughter] loved it. Especially the CPR. I think every pillow in the house has now had resuscitation"
- "You have no idea how much you have did for me and my kids during the school holidays. Money is so tight for me just now and I am barely getting by just now. Knowing my kids are having so much fun at the playground and being provided with lunches and snacks everyday has lifted a huge weight of worry and stress off my shoulders. I cannot thank you all enough that my kids have not went without and have had so much fun"
- "The playground space is valuable and a much needed accessible environment for my child who struggles to cope with many social settings. This playground has enabled my child to gain new confidence become more independent, make new friend and try new things. This space is amazing and I have told so many other people about your playground who are experiencing social barriers with their child who has additional support and learning needs. Thank you so much and I do not know what we would do without the playground. My child just loves the programme."
- "Thank you for all efforts you did and continue doing for my kid and others ♥"
- "The clubs are amazing and I feel my child is safe there"
- "The estate is better with the programme here"
- "Thanks so much for food it was so tasty"
- "Thank you, please when is the next programme"
- "You are doing a good job"
- "Thanks again to the programme, another fantastic week had by all. The kids came home knackered and well fed"
- "The staff are very good at what they do, I was anxious my son would struggle with taking part or behaving but he had the best time and they really listened to his views about his likes/dislikes"
- "Increase time because kids like to spend time and like to do activities here"

- "How do you do this every holiday? You guys are amazing. Thank you for everything you do"
- "My child came home bouncing. It's all he's talking about. Can he bring his best friend along?"
- "All activities available helped develop my children's skills"
- "The staff and volunteers all interacted with the kids great!"
- "Staff and volunteers were very helpful, polite and informative"
- "Thanks a lot for an awesome week.....K enjoyed this a lot and he is very upset it is over...thanks again"
- "Can't thank you all enough, L has grown so much in confidence and just loves joining in with all the other wee ones. L talks about her day as soon as she gets home we are all so amazed at everything she tries with you..... thank you!!"
- "The programme is a lifeline for my family. I know my children have a great time and are well looked after with plenty of food and snacks"
- "Everyday the staff have given me food to take home with us which has really helped with getting the kids fed at dinner time it has been such a great support"
- "My child has been coming home every day telling me how much she has enjoyed attending the holiday club, I can't thank the staff enough for helping to make sure she still gets to make special memories even though myself and my partner are struggling financially at the minute"
- "Thank you for another great week, pumpkins and spooky cartoons are at my door! Thank you for the lovely curry, it was delicious!"
- "Thank you for a wonderful week, especially Heads of Ayr Farm Park"
- "Our family had a great time over the week, food was plentiful and my children loved the outdoor activities, thank you!"
- "To sum up our week, kids loved the pumpkin carving and the movie night, food was also great as well. Thank you for a superb week full of fun!"
- "Another amazing school holiday programme ran again, Thanks to the team. Thank you very much for arranging it all again. Girls had an absolute blast with all the fun activities"
- "This is a great thing in the community for the children to do as everything else costs money"
- "If the programme didn't run a holiday club there would be nowhere for my children to go during the holidays that I didn't need to take a bus to"
- "Going to the club means my girls can play with their friends like they do in school"
- "I can't believe this is free"
- "I love that the food is offered as I find the costs of feeding my family during school holidays a struggle as they are always hungry. My son is really fussy but tells me he eats at the programme".

- "Well organised programme for kids, loved the pumpkin carving"
- When asked what impact the club has had on their family respondents shared: "Very good. It's good to interact with other people and generally meet with people"
- "It helps to have the children entertained and helps a bit with the money we spend on food too. My daughter loved it, a lot of her friends went to it too. She loved the activities. It's great for the community and well-planned"
- "It is such a good opportunity for kids to play and adults to relax and make new friends, they've enjoyed all the meals"
- "It's great financially, kids have stable diet with variety of food choices"
- "Another fantastic day at the programme - my kids love coming here as there is always so much for them to do that keeps them well entertained. It saves me a fortune too as I can't afford to do things with them in the holidays especially when there is so much for them to eat!"
- "I was so nervous letting her go on the trip as she's never been without me - I'm delighted she had such a great time and is making friends who support her and understand her"
- "The nature activity was brilliant - they came home so pleased with their leaf pumpkin art, and its so simple but looks amazing. The food has been great once again - so thankful for all that you do."
- "Love the group and the kids love sitting eating together"
- "Everyone is so welcoming here, we love it"

October Case Studies.....

Case study 1

S is a mother of 4 who has lived in XX all her life and has been regularly attending our sessions since 2019. She currently participates in multiple adult groups (Mums' Night, Women of Wonder), including an adult art session (Mindful Ink); she also attends a family play session for children with additional support needs (SENsation) and a peer support group for their parents/carers (SPACE). In the past, she has attended our Triple P parenting group and volunteered at our donations bank, Bairn Necessities. S feels that our project has made a 'huge difference' to her life, saying: 'Support-wise I know I can always phone you for advice and there's always somebody to talk to.'

S and her family attended our pop-up play day on Tuesday, 17 October, a 4-hour session of free play, Halloween-themed crafts, and group games with breakfast and lunch provided. They greatly enjoyed the day, with Sarah saying, 'It was brilliant... the wee ones could go do their own thing, I could just sit and relax and enjoy [the session].'

The family received pancakes and fruit for breakfast and a choice of macaroni and cheese or tomato pasta for lunch. S said, 'The food was amazing, always fresh,' and stated that the day

‘definitely’ made a difference to her family – ‘For once we didn’t have to pay out of pocket to get our lunch that day.’ Food expenses constitute a substantial percentage of the budget for such a large family and the Children’s Holiday Food and Activity Programme was able to ease the financial burden for S.

Case study 2

Single mother with 2 children, one with severe health problems

The mother is visibly worn out, exhausted and worried about school holidays, she has no means to organise anything, no energy, no help, no money.

The 4 days of camps gave her the opportunity to offer something meaningful to her children to do, have them fed well but also engaged in active, healthy activities. They both made new friends, enjoyed the crafts, made birthday cards for their cousins, took home a little basket with treats, smiled and felt happy.

One of the girls has special dietary and medical needs and her mum told us that she would not trust anybody except us to feed them and look after them. One of the volunteers was there for them and made sure everything is safe and measured.

Case study 3

Child aged 9 years who lives with Gran (who doesn’t keep well) and shares a bedroom with many other cousins said they really enjoyed coming to the holiday programme. They liked trying new foods and especially liked to eat the fruit as they didn’t get any at home. They asked to take food home with them to share with their cousins and ended up with a bag of leftovers. They were thrilled and very excited to share all this food with their cousins and looked very proud to be taking this home. Child said ‘this is awesome’. Gran texted ‘thank you for this’.

We also are aware that this child plays in the park at all times and in all weather. They don’t have a coat but they love to play football and be outdoors. By coming to our programme they were able to play football as part of a team and in a safe, warm space.