

## **The Body Mind Studio – Presentation noted.**

**4** The Partnership heard and noted a presentation by Lou Prendergast, The Body Mind Studio, advising

- (1) that the organisation had already been established in Partick and the area budget funding received had helped to establish a unit in Crownpoint Road;
- (2) that the new unit opened in May/June 2023 to target those who had been affected by trauma incidents and domestic abuse;
- (3) of the current targeting of those who were employed and those in receipt of benefits;
- (4) of the promotion of the business and work with local groups who could signpost and refer to the organisation to access the hot yoga sessions; and
- (5) of the intention to source future funding for taster sessions for people to attend free of charge and to boost advertising in the new year to increase membership.