

Glasgow City Health and Social Care Partnership ward update noted.

6 There was heard a report by Alex Durie, Glasgow City Health and Social Care Partnership, regarding the Health, Exercise and Nutrition for the Really Young (HENRY) approach programme, advising that

- (1) the HENRY approach focuses on family behaviour to help parents adopt healthier eating and lifestyle habits to give their children the best start in life;
- (2) training on this programme had commenced for staff;
- (3) access to the HENRY approach would be through a referral for parents or carers with children aged 0 to 12 years who, if successful, could attend workshops;
- (4) workshops would provide information, support and help to parents and carers on healthy lifestyles, support for healthy affordable cooking etc; and
- (5) further information on the programme and referrals could be requested from Alex at Alex.Durie@nhs.scot.

After consideration, the Partnership

- (a) noted
 - (i) the update and thanked Alex for the information;
 - (ii) that information on the programme was available at GP surgeries, libraries etc; and
 - (iii) that flyers would be available for circulation throughout the ward; and
- (b) requested that
 - (i) services carried out by the programme be provided within the Hillhead Ward, as currently the workshops were focused on other areas in the west of the city;
 - (ii) Community Central Halls should be considered as a venue for the workshops;
 - (iii) transport to the workshops could be problematic for some families who had no recourse to public funds; and
 - (iv) information on the programme be provided in schools.