



Appendix 4

Summer and October 2025

Glasgow's Holiday Programme

Monitoring Report



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1. Introduction

Glasgow's Holiday Programme was developed in April 2018 to address aspects of poverty in Glasgow – specifically, what was then referred to as 'children's holiday hunger'.

Eliminating food poverty is recognised as a priority and listed as one of the Scottish Government's Key Sustainable Development Goals. *"By 2030, end hunger and ensure access by all people, in particular the poor and people in vulnerable situations, including infants, to safe, nutritious and sufficient food all year round."* (**Scotland and the Sustainable Development Goals – A National Review to Drive Action, July 2020**). Numerous academic studies have shown that food insecurity affects school children's academic performance, health and social skills. A nutritious and well-balanced diet is vital for healthy growth and development, supporting learning and social skills, and encouraging continuation of healthy eating later in life. For many children across Glasgow, free school meals are the only nutritious, balanced meal they can rely on each day. Many low-income families are unable to afford additional food costs during school holidays.

2. Aim of the Programme

The programme is part of Glasgow City Council's Strategic Plan (2022-27) responding to the key priorities of "reducing poverty and inequality in our communities" by providing support to families and "increasing opportunity and prosperity for all our city" by contributing to raising attainment amongst Glasgow's children and young people.

The programme provides a grant fund which enables community organisations to provide nutritious food and activities to children/young people using their services during the school holiday periods. The programme is for children/young people from 0-18 years of age.

3. Programme Criteria

The programme is open to Third Sector and Community Groups.

4. Timescales/Applications: Summer 2025 – Spring 2026

An open application process was delivered for Summer 2025 to Spring 2026, opening on 11 November 2024 with a closing date of 9 December 2024. 80 applications were received, one applicant subsequently withdrew their application.

On 24 April 2025, the Council approved a programme of funding to 59 organisations totalling £2,220,473. Additional funding of £220,473 was made available as a result of both the withdrawal and reduction of services by 3 organisations funded by the Glasgow Communities Fund (GCF). Originally awarded from the GCF for the provision of services to children and young people, enhancement of the Holiday programme was considered the most effective way of utilising the GCF unallocated funds.

The funding was awarded using a formula to ensure that there was geographical coverage across the city and that the 10 wards identified as having a higher number of children living in poverty received boosted delivery.

This monitoring report focuses on the summer programme which ran from 26 June to 11 August 2025 and the October programme which ran from 13 to 17 October 2025.

Monitoring data from the Spring 2026 programme will be available later in 2026.

5. Challenges

A common challenge that providers report to us each year is an increasing demand for the service. To manage demand, providers have reported working jointly with other providers and sign-posting service users to another service if they were at capacity and families to food banks. Some

organisations had waiting lists and tried to accommodate all children at some point within the programme.

Another challenge faced was supporting children and young people with complex additional needs and in some cases a flexible approach was adopted e.g. adapted mealtimes to accommodate cultural/medical requirements, flexible menu planning offering a variety of healthy options alongside individually adapted meals, offering finger-food style options to promote independence and social interaction while still meeting nutritional needs.

When large group settings were often overwhelming for some young people, staff used gentle encouragement, buddy systems and side by side play to help them participate at their own pace.

Some programmes were delivered solely by volunteers and projects often faced challenges due to the limited number of volunteers available being able to commit to the delivery of the programme for various reasons.

Managing young people's expectations was also a challenge, particularly in relation to the trips when more expensive options were being requested.

Again this year, another challenge providers encountered was the overall increased cost of living with many reporting increased food costs. In some cases, menus were amended to remain within budget or additional funding was secured.

6. Partnership Working

Partnership working is always strong during the holiday programme with organisations working together to ensure there is no duplication of service, a variety of activities is provided, working jointly on the food or activities provision and taking referrals from other organisations if they are at capacity. A partnership approach has allowed organisations to enhance programme delivery by being able to access additional staff/volunteers, new venues or attracting new activities to the programme.

7. Outcomes of Programme

7.1 Activities

Summer 2025

Activities included: street play, fun days with bouncy castles and BBQ, quizzes, VR headset games, arts and crafts, jewellery making, dancing, sports, gymnastics, nature walks, scavenger hunts, litter picking, bush craft, woodland bingo, den building, mindfulness and yoga sessions, theme days, cooking and baking sessions, biscuit decorating, learning about other cultures, gardening, growing workshops, music workshops, samba drumming, perfume/aftershave making workshops, karaoke, team building activities, storytelling, drama, cycling, indoor/outdoor free play, messy play, quiet/chill out spaces, talks, walks, cinema screenings, baby and sensory areas and trips. A total of **10,136 hours of activity** was delivered over the summer holiday period.

October 2025

Activities included: street play, arts and crafts, clay modelling, dancing, sports, Halloween activities e.g. pumpkin carving/Halloween Slime/ghost hunts,/pumpkin bowling, den building, board games, day trips, cooking lessons, learning about other cultures, face painting, music and movement workshops, storytelling, quizzes, costume parade, competitions, drama, movies, cycling, indoor/outdoor free play, talks, and spooky walks. A total of **1,674 hours of activity** was delivered over the October holiday period.

7.2 Beneficiaries

During the 7-week summer programme **23,289** children/young people filling **127,002** spaces benefited from fresh food and activities, and during the week long October programme **8,465** children/young people filling **20,892** spaces, benefited as illustrated below:-

	Summer 2025	October 2025
Male	55.06%	54.35%
Female	44.81%	45.52%
Non-Binary	0.13%	0.14%
Disability/Additional needs	10.89%	11.71%
Black and Minority Ethnic	27.72%	33.54%

The biggest percentage of beneficiaries during the Summer programme was from the 5-8 age group which is consistent with previous years however during the October programme the biggest percentage was from the 9-11 age group.

7.3 Number of meals provided

Organisations provided a variation of meals and snacks, this included breakfast, lunch and dinner. Some organisations only provided 1 meal per day, while others provided 2 and some 3 per day. Food provision is set out in the table below:-

Meal	Summer 2025	October 2025
Breakfast	61,529	9,948
Lunch	119,526	19,717
Dinner	14,431	2,599
Snacks	127,551	21,061
Total	323,037	53,325

Organisations were asked if they were confident that the food provided was both healthy and nutritious with 98% (58 providers) reporting that they were confident in Summer 2025 and 98% (53 providers) in October 2025.

In the two cases where the provider was not confident, one provider advised that the majority of the food was healthy however in some cases food options which would be considered less healthy were offered to ensure that young people would go home fed. The other provider confirmed that during the October programme, the breakfast and snacks did remain healthy however the lunch was provided by the activity venue which they had no control over.

In summer and October 2025, 98% of providers catered for all dietary requirements. Dietary requirements of children were included within the registration process to ensure all needs would be met. Many offered vegetarian and vegan options and adapted or provided alternatives for children with allergies/health conditions or intolerances. Cultural requirements were also met with many providers opting for halal chicken. Food preparation followed strict cross-contamination prevention

practices, with many providers liaising with the food suppliers in advance to ensure the food was tailored to meet the specified needs. Staff were made aware of specific dietary needs on a daily basis.

The two providers that answered no confirmed that no dietary requirements were presented.

In May 2025, a Healthy Eating Session was delivered by Glasgow Centre for Population Health and the Glasgow Food Policy Partnership. 27 providers attended the event with many introducing small changes to improve the food on offer. Examples of improvements include:

- Increased the availability of fresh fruits and vegetables at every meal and snack.
- Ensured balanced meal options, including vegetarian and vegan choices, were consistently offered.
- Introduced healthier snack alternatives, such as fruit kebabs, yoghurt pots, rice cakes, and crackers with spreads, reducing reliance on high-sugar or high-fat options.
- Paid closer attention to portion sizes and hydration, providing water alongside fruit juice and milk at all meals.
- Reviewed and improved meal presentation and appeal to encourage children to try new foods and develop healthier eating habits.
- Adopting healthier food options - Make their own wrap day and fruit kebabs etc.
- Adding vegetables and pulses such as lentils into Bolognese etc.
- Complete removal of chips from the menu and instead served potatoes in healthier ways — baked, boiled, or freshly fried using our own ingredients. Fresh salads were prepared daily.
- Engaging in the Healthy Eating Information Session opened up collaboration with the dental health support team who joined us for a session to provide advice to parents.
- Liaising with other holiday food service providers within the area to understand how they provided children with healthy food and how they carry out their shopping for the service, resulting in a streamlining of our services.
- Making every meal from scratch.
- Added a vegetable to every dish being provided.
- Using less processed sauces.
- Widening the variety of the fruit provided as snacks during the programme.
- Made up fruit pots - adding in new fruit to increase the likelihood of the children and young people trying new fruit options.
- Hosted a fruit juice session, allowing the children to use fruit to make their own drinks.
- Provided extra fruit for the children to take home.
- Provided reduced fat, salt and sugar versions of food for example: low fat cheeses and reduced salt cold meat.
- Sauces made from scratch with 'hidden' vegetables maximising the nutrition for children and young people.
- Following the session, we asked for clearer allergen guidance from caterers.
- Reducing cordial offerings and encouraging offerings of water. We also stopped our offering of hot chocolate at our drinks bar.

Examples of menus provided can be found at **Addendum 2** and measures taken by providers to ensure that cultural and food intolerances/allergies were met can be found at **Addendum 3**.

7.4 Service Delivery Areas by Sector and Ward

7.4.1 Sector data

Sector	No. of Organisations (Summer 2025)	No. of Beneficiaries (Summer 2025)	No. of Organisations (October 2025)	No. of Beneficiaries (October 2025)
North East	32	11,541	30	3,802
North West	25	5,236	19	1,866
South	30	6,512	25	2,797
Total	87 *	23,289	74 **	8,465

* includes 10 providers working over 2 sectors and 9 providers working over 3 sectors

** includes 12 providers working over 2 sectors and 4 providers working over 3 sectors

7.4.2 – Ward data

Ward	No. of Organisations (Summer 2025)	No. of Beneficiaries (Summer 2025)	No. of Organisations (October 2025)	No. of Beneficiaries (October 2025)
1 – Linn	9	1,885	7	886
2 - Newlands/Auldburn	7	259	7	78
3 - Greater Pollok	14	494	8	158
4 – Cardonald	8	414	7	185
5 – Govan	15	1,435	11	566
6 – Pollokshields	7	552	8	147
7 – Langside	10	286	9	77
8 - Southside Central	12	1,187	12	700
9 – Calton	14	4,289	14	912
10 - Anderston/City/Yorkhill	9	530	5	164
11 – Hillhead	5	389	4	44
12 - Victoria Park	6	352	4	33
13 - Garscadden/Scotstounhill	8	371	6	152
14 - Drumchapel/Annie'sland	11	1,574	9	499
15 – Maryhill	10	876	10	439
16 – Canal	11	905	9	509
17 - Springburn/Robroyston	16	1,136	14	687
18 - East Centre	17	1,120	15	385
19 – Shettleston	16	1,356	14	465
20 – Baillieston	12	842	11	207
21 - North East	16	1,570	15	596
22 – Dennistoun	18	1,228	15	550

Ward	No. of Organisations (Summer 2025)	No. of Beneficiaries (Summer 2025)	No. of Organisations (October 2025)	No. of Beneficiaries (October 2025)
23 - Partick East/Kelvindale	4	239	3	26
	235*	23,289	235 **	8,465

* 41 providers delivering to more than 1 ward

** 40 providers delivering to more than 1 ward

Comment: Calton generally shows a high return as one provider runs several sessions per day to allow for the demand. Linn has also shown a high return as a consortium of 7 organisations ran a programme in partnership.

7.5 Volunteers

During the summer 2025 programme, providers reported being supported by **739** volunteers, with **33** specifically to support ASN children and young people. During October, providers reported **346** volunteers, with **47** specifically to support ASN children and young people.

8. Expenditure by Sector and Ward and Match Funding

A breakdown of expenditure is provided in the tables below. The expenditure categories are as follows:

- Food Costs – food and ancillary costs.
- Other Direct Costs – sessional staff, venue hire, activity costs, transport costs.
- Management Costs – marketing, management fee.

8.1 - Sector data

Summer 2025

Sector	Food Costs	Other Direct Costs	Management Costs	2025 Sector Total
South	£247,893.47	£154,934.63	£9,935.00	£412,763.10
North East	£425,764.41	£275,062.30	£18,912.84	£719,739.55
North West	£203,464.59	£151,183.89	£9,470.06	£364,118.55
Total	£877,122.47	£581,180.82	£38,317.90	£1,496,621.19

October 2025

Sector	Food Costs	Other Direct Costs	Management Costs	2025 Sector Total
South	£41,688.40	£25,593.10	£1,715.66	£68,997.16
North East	£69,331.66	£42,477.03	£3,045.49	£114,854.18
North West	£36,177.25	£22,919.75	£873.80	£59,970.80
Total	£147,197.30	£90,989.88	£5,634.95	£243,822.13

8.2 – Ward Data

Summer 2025

Ward	Food Costs	Other Direct Costs	Management Costs	Ward Total
Ward 1 – Linn	£45,152.64	£31,168.77	£1,796.68	£78,118.09
Ward 2 - Newlands/Auldburn	£6,237.34	£5,040.51	£367.06	£11,644.91
Ward 3 - Greater Pollok	£28,474.94	£14,149.78	£858.27	£43,483.00
Ward 4 – Cardonald	£14,526.20	£7,398.34	£876.25	£22,800.78
Ward 5 – Govan	£63,777.85	£37,276.62	£3,390.17	£104,444.63
Ward 6 – Pollokshields	£9,189.46	£8,368.23	£804.74	£18,362.43
Ward 7 – Langside	£16,331.26	£15,235.75	£657.67	£32,224.68
Ward 8 - Southside Central	£64,203.78	£36,297.54	£1,184.15	£101,685.47
Ward 9 – Calton	£80,425.77	£37,267.70	£2,859.49	£120,552.96
Ward 10 - Anderston/City/Yorkhill	£26,166.27	£28,863.83	£63.60	£55,093.71
Ward 11 – Hillhead	£5,972.42	£3,613.58	£117.55	£9,703.55
Ward 12 - Victoria Park	£4,341.52	£1,485.39	£89.06	£5,915.97
Ward 13 - Garscadden/Scotstounhill	£10,244.95	£7,262.52	£664.25	£18,171.71
Ward 14 - Drumchapel/Anniesland	£44,942.62	£24,063.72	£2,493.67	£71,500.01
Ward 15 – Maryhill	£43,255.62	£31,697.33	£1,772.62	£76,725.57
Ward 16 – Canal	£62,822.32	£50,519.76	£3,775.86	£117,117.95
Ward 17 - Springburn/Robroyston	£75,034.87	£59,780.54	£3,965.85	£138,781.27
Ward 18 - East Centre	£51,361.29	£38,839.86	£3,110.78	£93,311.93
Ward 19 – Shettleston	£57,978.98	£41,643.63	£2,546.10	£102,168.71
Ward 20 – Baillieston	£27,675.04	£19,581.32	£1,030.93	£48,287.29
Ward 21 - North East	£80,780.42	£54,139.20	£3,681.22	£138,600.85
Ward 22 – Dennistoun	£52,508.04	£23,808.58	£1,718.46	£78,035.09
Ward 23 - Partick East/Kelvindale	£5,718.88	£3,678.31	£493.44	£9,890.63
	£877,122.47	£581,180.82	£38,317.90	£1,496,621.19

October 2025

Ward	Food Costs	Other Direct Costs	Management Costs	Ward Total
Ward 1 – Linn	£8,635.98	£5,644.42	£584.06	£14,864.47
Ward 2 - Newlands/Auldburn	£1,419.90	£764.42	£75.99	£2,260.31
Ward 3 - Greater Pollok	£5,277.15	£1,809.65	£40.11	£7,126.91
Ward 4 – Cardonald	£3,206.68	£2,064.48	£101.79	£5,372.94
Ward 5 – Govan	£9,843.06	£5,627.98	£243.13	£15,714.17
Ward 6 – Pollokshields	£2,392.31	£1,696.63	£167.73	£4,256.67
Ward 7 – Langside	£1,545.65	£1,355.13	£158.33	£3,059.10
Ward 8 - Southside Central	£9,367.67	£6,630.39	£344.52	£16,342.58
Ward 9 – Calton	£13,070.22	£5,229.21	£463.50	£18,762.94
Ward 10 - Anderston/City/Yorkhill	£3,733.80	£4,475.55	£42.80	£8,252.15
Ward 11 – Hillhead	£828.44	£794.60	£14.42	£1,637.47
Ward 12 - Victoria Park	£449.56	£104.60	£13.68	£567.84
Ward 13 - Garscadden/Scotstounhill	£1,637.27	£615.10	£43.95	£2,296.32
Ward 14 - Drumchapel/Anniesland	£9,319.82	£3,196.71	£210.25	£12,726.78
Ward 15 – Maryhill	£6,974.53	£4,781.26	£155.81	£11,911.60
Ward 16 – Canal	£12,859.72	£8,719.89	£373.84	£21,953.45
Ward 17 - Springburn/Robroyston	£11,897.83	£10,415.28	£536.10	£22,849.21
Ward 18 - East Centre	£8,697.30	£5,862.21	£515.61	£15,075.12
Ward 19 – Shettleston	£9,441.56	£7,223.66	£512.78	£17,178.01
Ward 20 – Baillieston	£3,688.35	£2,018.67	£98.97	£5,805.99
Ward 21 - North East	£13,932.20	£7,195.52	£676.92	£21,804.65
Ward 22 – Dennistoun	£8,604.20	£4,532.47	£241.60	£13,378.27
Ward 23 - Partick East/Kelvindale	£374.10	£232.04	£19.05	£625.19
	£147,197.30	£90,989.88	£5,634.95	£243,822.13

8.3 Match Funding

Summer 2025

Match funding of **£301,315** was reported by providers and used in conjunction with the summer funding of £1,535,297 to deliver the summer 2025 programme.

October 2025

Match funding of **£68,597.58** was reported by providers and used in conjunction with the October funding of £244,728 to deliver the October 2025 programme.

9. Financial Inclusion Support

As part of both summer and October 2025 programmes, providers were offered the opportunity to link families to support offered by the Council's Glasgow Helps Initiative. **22** organisations took up the offer in summer, resulting in **1,471** families being referred for Financial Inclusion support.

18 organisations took up the offer in October, resulting in a further **670** families being referred for Financial Inclusion support.

10. Impact/Feedback

10.1 Impact of the Programme

The programme continues to deliver a wide range of positive impacts to young people and families across the city.

Young people embraced the programme and enjoyed trying new foods and activities. Many organisations reported increased participation and engagement through the provision of a range of activities, both structured and free play, ensuring enjoyment and engagement throughout the programme. They also reported enhanced social skills and confidence through team-work based games, creative projects and group games. Many reported that the programme encouraged awareness of healthy eating and food choices, contributing to improved wellbeing.

Families reported the value of the safe, welcoming, accessible, stimulating and inclusive spaces provided for their children and young people. Many reported that the programme fostered community cohesion with children and families, developing stronger connections with local peers, staff and volunteers. Many reported that the programme assisted greatly with rising food costs and reduced their anxiety and stress.

In some cases, young volunteers played a vital role in the success of the programme, bringing energy, enthusiasm and relatability that helped create an engaging environment for the children and young people. Their role often bridged the gap between staff and participants, making younger children feel more comfortable and supported. Involving young volunteers also helped foster a sense of responsibility, community service, and skill building.

Some projects provided healthy cooking workshops which helps equip children with essential life skills and encouraged healthier eating habits and built confidence in the kitchen.

For many carers, the programme offered precious, uninterrupted time for them to rest, self-care or to spend time with other children in the family.

Children and young people also reported that they enjoyed being outdoors and going on trips to places they had never been to before. They also welcomed the opportunity provided for the young people to make new friends and continue with learning experiences over the holiday periods. Many parents/carers benefited from the programme as it allowed them to continue to work over the holidays knowing that their young people were being looked after.

As in previous years, young people had the opportunity to simply enjoy the 'normality' of being young, connecting with their friends, enjoying fun activities outdoors and were given time and space for themselves.

The programme had a huge impact by providing children and young people with nutritious food whilst delivering positive and fun experiences, promoting learning and connecting to the wider community.

10.2. Feedback

Examples of feedback are illustrated on the pages directly below.

Detailed feedback from providers, participants, parent/carers and volunteers, together with case studies, are provided as an **addendum** to this report – see Section 11.

11. Addendum (Feedback comments and Case Studies) Summer 2025

It can be a struggle to afford summer clubs, so having free activities we could all enjoy together with lunch provided made a huge difference. Knowing I did not need to worry about sorting lunch for my three children made me feel less stressed. My children particularly enjoyed eating their packed lunches outdoors during the woods sessions with the other kids.

Parent

During the summer the numbers of young people that attend these camps are phenomenal and there are various activities to fit all needs and interests. I enjoy supporting and participating in these camps. Lots of fun! Great to engage with the kids and let them express themselves and be creative!

Volunteer

We can't believe that this holiday club doesn't cost us anything for our kids to come along. Most activities cost a fortune in the summer holidays and you're putting this on for free!

Parent



This club has been a godsend for me over the holidays, I know my grandchildren are being looked after making friends and being fed and watered. My grandson has come out his shell this summer and is meeting lots of new friends, he loves it.

Grandparent

The programme was really fun and I had a good laugh. It also got me out the house and gave me something positive to do.

Child



I don't know what I would do without the club, my wee girl has a lot of issues and finds it difficult to mix with others, but she absolutely loves the club and the staff.

Parent



I don't usually get to do stuff like this when school is off – this has been the best summer ever.

Child

A great difference keeps kids from hanging about streets and organised and routine get them mixing with other kids as well couldn't do without it.

Parent

All the staff provide a top-class service and care about every child that comes through the door. The summer club has provided my kids with fun, support and friendships. It's a key part of the community which allows kids to play but also adults to be involved.

Parent

I really enjoyed it and it was a great opportunity to make friends.

Child

October 2025

The food has been amazing. I've been here every day this week. My mum's at work, so it's been brilliant to be able to come here and get hot food.

Child

I understand that it takes lots of people to make the programme run and we all need to do our jobs.

Volunteer

My children really enjoy going to the club and look forward to the different activities at the holiday clubs. They always have so much fun and have lots of stories to share. The staff and volunteers do a great job and are great with the kids.

Parent



This club is absolutely amazing for the kids the staff are super friendly and go above and beyond for the kids. My kids really enjoy going to this club would be lost without it.

Parent

Well done on the Council to fund this. They did this, really, that's fantastic. Will there be another camp next school holidays.

Parent



I liked making Halloween decorations and helping the wee ones paint.
Young Volunteer



My son looked forward to holiday club because of the food. He really enjoyed the activities, the variety of food and getting the chance to hang out with his friends outside of home.
Parent

It's been so much fun, I really liked the arts and crafts and want to do more of this in the future.

Child

I've loved helping out with the younger kids and helping the staff to sort all the games and the food.

Young Volunteer

I've had the best time this week and have 2 new friends.

Child

We had an amazing time. Girls loved Arts & Crafts. There was loads of different activities. Snack provided, lunch provided, great options. Love all the staff and volunteers. Great with the kids.

Parent

Feedback from Providers and Volunteers.....

- I was honoured to be part of this amazing event and was humbled by all the lovely people working at XXX. Growing up in a low-income household and deprived neighbourhoods, similar community events were pivotal in helping us stay away from a life of crime, drugs and violence. I hope XXX can continue the amazing work they are doing. – Feedback from food partner
- I help support the family as there are lots of issues at home. We found out about the camps through a teacher at their school. The boys are only on a part time timetable but the staff at camp said they could stay all day which helps a lot. The boys had a wonderful time. They are very quiet and struggle to make friends but they both ended up making new friends and really enjoying themselves each day. It has made a big difference to their confidence. - Family support worker
- I felt more confident volunteering this time as I knew most of the kids and knew what to do so it wasn't so scary - Volunteer age 18
- I like helping at lunches as the groups like their food, me too - Volunteer age 17

Feedback from participants and parent/carers.....

- I made lots of new friends! We played together every day, and it was so fun!
- It's good to have somewhere to come in the holidays. The food's is class.
- I've enjoyed badminton cause it's fun and I like how all my pals come.
- I have been coming to club since I was 5 and it has given me a lot of confidence and being able to work in a group.
- I have really like getting to know how to cook and do CPR and VR I really like looking after the little ones.
- I've going to club for ages now and I've enjoyed badminton and the bouncy castle with my pals.
- I have enjoyed badminton and football spending time with my friends and talking to the workers learning activities about what they do.
- I've been at the XXX holiday programme for around 1 year or so and I have enjoyed it so much I love getting to see my friends and getting new experiences.
- I look forward to it all the time.
- I really love coming to club cause I get to spend time with my friends as I've moved out the area and don't get to see them as much, but by attending club I get to see them a lot more - I also think it's helped me a lot with my behaviour and my confidence.
- Its good and I enjoy it - No really but it's probably the best club I've been to.
- It has probably been the highlight of my summer and it has got me out of my bed every day instead of staying in all summer.
- All the fun trips and activities you do with your friends and you also go out for lunch which is good.
- I've only started coming to XXX 4 weeks ago and everyday I look forward to coming and everyday I enjoy playing badminton and talking to my friends instead of sitting in the house all day.
- No the BEST CLUB EVERRRRR!!!!!!
- Its the perfect thing to do in your holidays with your friends.
- I've gained confidence from being in XXX TikTok videos and I've got better at badminton.
- All the staff being supportive and helping me, I struggle with my reading and writing and they always help me when I need it they never make it awkward or noticeable that I struggle when working in groups.
- It's not on for long enough.
- I feel I have made friends. Having the chance to meet new people & talk to each other.
- I liked the one with pizza, bubbles, dancing & music — it was so fun!
- It's the best part of my summer. I wish it lasted longer.
- I have learnt so much and made new friends I love it here and I have even tried new stuff to eat and it was yummy
- I've learnt to make veggie pizza and it was fun! Its great having breakfast and being able to go up for seconds without dad saying we can't have more as its to last all week.
- I really enjoyed doing "I'm a XXX wean" it was loads of fun for me and my friend's. I wanted to try all the challenges even the disgusting ones.
- I loved going into the woods and building dens and camps.
- I like to help the staff when they are setting up activities and help looking after the smaller children.
- There was always something to have for our lunch, I really enjoyed all of it. My favourite was the chicken strips and liked myself a salad up from the salad bar .
- I've played with all different people this summer. Some of them don't even go to my school but live near me so now we meet up on our bikes after I've had my dinner.
- The disco was so funny, I danced like crazy.
- I never been cinema before. It was so cool and I laughed lots.
- I loved seeing the animals they were so different, I had never seen so many. I loved the cows.

- Our bridge was the best but it did fall down. We still had fun.
- I don't like veg but I eat the pasta one 'cos it nicer and taste better.
- We made a movie and I was the boss of it. I told people where to go.
- I thought art was boring, but this art was big and outside and weird.
- I like coming here 'cos it's fun and I can run about and on a trip, there were such cool slides I loved.
- I got new best friends now. We play every day.
- When I get sad the staff helps me feel better and we breathe together.
- This is amazing! I'm excited I can learn to swim now.
- I am tired, good tired. I want to do this every week.
- I am a better climber than I was at the start of the summer. I am more confident, I can do anything.
- I loved holiday club. We played lots of sports, made things with glitter and I got new friends too. Lunch was the best.
- It was fun. We played games, went ten pin bowling for the first time, did baking and met lots of new people from different schools.
- This was the first time I've been outside of my area all summer.
- I'd never been on a minibus or to the beach before—it felt like a real adventure.
- I made new friends. I was nervous at first but now I feel more confident talking to people.
- I loved the cinema and the bowling. I wish every day could be like that.
- I didn't think I'd be good at golf, but I actually was. I want to go back.
- I don't usually get to do stuff like this when school is off – this has been the best summer ever.
- This is the best place ever! The chicken curry is my favourite, and the fruit I love strawberries.
- Great food specially the lentil soup, it is the best in the world.
- I really enjoyed it and it was a great opportunity to make friends.
- Confident going in high school.
- The programme was really fun and I had a good laugh. It also got me out the house and gave me something positive to do.
- If I didn't attend XXX I would be out on streets getting involved in stuff that I'm no meant to do.
- XXX has helped me with a lot, like helping me build my CV which I never would have known how to do without them. This has helped me apply for jobs over the summer.
- I've been going to XXX since I was little, without this I wouldn't have met the amazing staff and people that go here.
- The Club is my favourite place. In the summer we do so many amazing things. We go on trips to fun places and I got to go on a residential and do canoeing and climbing. I get to be with my friends every day and I'm never bored. We get breakfast and lunch and snacks too – it's great! I love the staff and they always help me if I need it.
- Police were my favourite.
- Playing football with the police officer was the best part.
- Thank you so much for the holiday programme, we really enjoyed it.
- The food was so yummy.
- I enjoyed the fruit.
- I tried curry for the first time — it was spicy but really good.
- Magic
- Great to meet my pals.
- I love badminton.
- Keeps me busy.
- I walked in and saw the games and knew I was going to have fun.
- When do we come back, I don't want to go home just yet.
- I liked learning how to cook outside and being in the forest, it was something different.
- I've been nervous about high school, but now I've got friends here, it helps a lot.

- I liked getting to play football and make things with new pals — I can't wait for the next one!
- I love coming to XXX to socialise with other people, learning new instruments, and making new friendships. The staff here are very kind and helpful, they're very well trained and their nice and friendly - and they just treat you like you're a normal person. They're so supportive, especially when you just start coming to XXX and you don't really know how to play, but then they let you find your own way.
- I love XXX it's a great place to learn your instrument and play music with your friends. I started coming to XXX in P3 and all the adults are so helpful when they're teaching you music. If I have a problem with anything I can say to them and they'll help me out.
- It's a great place to hang around with friends and playing your friends. I love coming here for learning and having fun! The adults are all really supportive and kind and are always around to help you with anything.
- I've been coming to XXX for four years now, it's a nice place to be. My favourite parts are playing in the symphony orchestra and just getting to spend time with my friends - it's so much fun! The staff here are all so nice and supportive, and they're always there to give you help if you need it.
- When are the camps on again? Will there be pancakes at each camp?
- I was buzzing when I knew I had a space at the XXX sleepover. We had pizzas, made cakes, had a fashion show, and even had a flour fight in the theatre! Some laugh!
- This has been the best day of my life.
- I love being off school and coming here as I get bored in the house without my pals.
- I like playing the team games as they are fun and we all play together.
- The fire station was great. I was on a fire engine and the hose was so heavy. I have never been in a fire station before.
- My favourite this was making the slime, it was messy but good fun. I made it at home with my mum after that.
- I have never been in the Emirates before. We got to look in the velodrome to see where the cycling is. That looked scary.
- We are so grateful that this programme. It not only keeps my 2 children busy but when they are at home it can be expensive buying more treats and finding things to do.
- I went to XXX when I was young and I love that my son likes to come along. I know I can trust the staff and its a great way to spend the school holidays because as a parent with a baby it can be hard finding things that I can take both to, so this gives me time with the baby knowing my son is enjoying himself.
- I liked playing with my friends that are from my school.
- The lunches are extra yummy. I want my mum to make the same pasta.
- I enjoyed the time we had to play outside but also having time in the building was so much fun.
- Its good to come here and play with my pals from school that I don't see during the school holidays.
- I like to help the staff when they are setting up activities and help looking after the smaller children.
- I like having a responsibility to hand out drinks and snack at lunch time. when I am bigger I want to work here.
- I enjoy the holiday club at the yellow door church. We learned proper sports like handball and hockey, did Halloween crafts and baking and best of all I made lots of friends from other schools.
- This was my first time and I loved it. The people were really nice and helpful. The sports were the best but I wasn't sure about trying the crafts. My Mum didn't have to give me lunch and I learned to make my own pizza.
- If I wasn't here, I'd just be hanging around the streets with my pals.
- I'd never been fishing before but catching my first fish was such a buzz, I didn't want the day to end.

- It was so peaceful.
- I loved learning how to build the fire.
- It was nice to go for a walk through the woods and see the waterfall, it was really relaxing
- I was really nervous about the heights at first, but pushing myself to do it felt amazing. I had such a laugh with my pals and the youth workers, and it made me feel so good about myself.
- Everyone was cheering for each other. It felt good to be part of that.
- It helped clear my mind. I needed that.
- It was class playing on a proper pitch with my pals.
- Coming here is my safe space. I can talk to the staff when things get heavy.
- I like that I can just be myself here. No judgement.
- Quality October programme, thanks.
- Amazing scran.
- I really enjoyed learning how to tag my name and learn more about graffiti.
- It was really good getting to make our own trinket dishes that we can take home. I'm going to put in the jewellery I've made here.
- The Gig Space was the best! We did arts and crafts every day, and I got to play the Nintendo Switch. And the snacks were so good. I didn't want the holiday to end!
- I loved the cooking sessions in the Annex. We learned how to bake simple stuff like cookies and apple crumble, and because I helped with organising the games, I have something to add to my volunteering hours. It makes me feel like the things I did were important.
- Staff are great had lots of fun thanks.
- My son's first time at XXX he was nervous starting but the staff and positive role models have been fantastic with him. His confidence has come on so much and he feels comfortable speaking to staff if he needs anything. He gets excited to go every morning his social skills have come on so much and it's given him the opportunity to meet children from this area that he wouldn't have known if he didn't attend XXX. Also the activities and trips they put on for the kids are great and my son has learned so much from being there over the summer and it's definitely helped as a parent knowing he's not just in house, he's out at the club socialising and doing activities he wouldn't be doing outside the club. I can't thank the staff and positive role models enough for the time and effort they put in to running the club for young ones and I feel at ease leaving my son there knowing he will be well looked after and cared for.
- The holiday programme is amazing for the kids. My children love it. The staff are brilliant with the kids and the volunteers giving up their own summer to support our kids is amazing. I rely on it for work too so it's really helpful.
- Given kids more meaningful structure and an interaction during what can be a long summer. Also kids that may not receive lunch being provided with a meal is fantastic. A credit to the local area. The staff are amazing.
- I couldn't do the summer holidays without XXX my son is autistic and needs the routine. Club is well run the kids have the best time.
- A great difference keeps kids from hanging about streets and organised and routine get them mixing with other kids as well couldn't do without it.
- It is an amazing club that keeps the kids occupied all summer long staff are all great and saves parents money and keeps all the older kids off the streets.
- It has really brought my wee girl on she was very shy before XXX now loves going in by herself if her friends aren't going. Totally recommend and would definitely be back as keeps the kids occupied through the holidays.
- Helped keep the kids occupied whilst i go to work. Also developed my kids confidence and they have made lots of new friends.
- XXX had provided an excellent for my kids throughout the summer! It's has been engaging and kept them from the streets.
- It has helped by keeping kids entertained and giving them a chance to meet and play with new friends.

- It helps keep the kids occupied over the summer holidays it's great they love it days out all the different things they do when there.
- Thank you for organising the summer trip — the kids truly had a wonderful time.
- It's good that the food is healthy because we've just started going to the gym and we've learned more about how to eat the right food for our bodies.
- It's hard because you want to spend as much time with your children as possible over the holidays because they're so busy with school and clubs during the year, but they just want to come to XXX to see their friends to have lunch, see their friends, practice their instruments.
- My daughter loved the fish and veggie fingers and took a box of spare home. It is less stress for me and I don't need to think about food once I've picked them up and can have a gap before the next meal.
- My youngest daughter likes the chicken nuggets and potato wedges. She says she would love pizza too! My older girls love the sandwiches and as they arrive late a staff member saves some for them. I offered to bring some for them, but they tell me they prefer the ones at XXX.
- So great that he could spend so much time with friends.
- It was great that all my girls could practice their instruments all summer with their teacher.
- I don't know what we're going to do next week now that holiday club has finished, they loved being so busy.
- We can't believe that this holiday club doesn't cost us anything for our kids to come along. Most activities cost a fortune in the summer holidays and you're putting this on for free!
- Thank you for the summer clubs the kids loved it.
- Thanks to you all, the kids really learn a lot.
- We wish this club ran every week of the holidays.
- My Daughter loves coming to the XXX she comes Wednesday and Thursday. She also comes to the holiday club. The service they provide is excellent and all the staff are friendly and welcoming.
- Summer club has been an amazing support throughout the summer. My kids have really enjoyed it and enjoyed doing all the different things. Staff have been amazing and are so trustworthy.
- All the staff at the XXX make me feel like family they do amazing for all the children. The holiday group has been great for my son as he has been making friends and not sitting indoors. I love that this group has encouraged this for my son.
- All the staff provide a top class service and care about every child that comes through the door. The summer club has provided the kids with fun, support and friendships. Its a key part of the community which allows kids to play but also adults to be involved.
- Kids absolutely love it here we would be lost without this club at the holidays. They meet up with friends, staff are all amazing with the kids.
- The holiday club has been amazing, the help the XXX gives the community is phenomenal. I have been going since I was a child now my three children attend.
- This club has been a godsend for me over the holidays, I know my grandchildren are being looked after making friends and being fed and watered. My grandson has come out his shell this summer and is meeting lots of new friends he loves it.
- I got to come out and reconnect with other adults after being stuck in the house with the two kids.
- XX had an amazing 6 weeks and already asking to do it all again next summer, thank you all so much.
- Huge thanks for everything. An amazing group for some very lucky kids.
- Amazing activities and something different everyday, the kids absolutely loved it and all of the staff and volunteers. Thank you.
- Thanks so much to all staff X had an absolute ball with you all this summer.
- X (Y and Z's mum) passed on your details looks absolutely brilliant can't believe we didn't know about it before now!

- Food choices were excellent, always something available for my fussy eater.
- The kids enjoyed all food and always said there was plenty of choice.
- The staff at XXX were amazing with my son. Most mornings he struggled to detach from me due to our family circumstances, but knowing how nurturing and reassuring the staff were made the transition easier.
- No improvements, just keep up the excellent work. This club was a lifeline for our family. As a single working mum of three, this gave XX the chance to meet new friends and do great things, while helping me juggle work and home life. Thank you so much.
- XXX is a safe space my children can go to have fun, socialise, and enjoy brilliant activities. This has allowed us to continue working during the summer without childcare stress. The kids love the friendships they've made and look forward to every day.
- XX would never go to a kids' club as he's shy and nervous about making friends. Last year we tried a football camp, but he didn't enjoy it. This year at XXX he loved it he had energy, happiness, and made new friends. It meant I could work knowing he was safe and happy.
- My two sons have attended since the programme started and they absolutely love it. It eases financial struggles, helps with childcare, and relieves my mum guilt when I can't afford trips or snacks. The staff feel like an extended family we are so lucky to have this in our community.
- XX didn't know anyone locally after we moved house at the beginning of summer. XXX gave him the chance to socialise and have fun three days a week. I don't know where we'd be without the club again this year.
- This has been a really difficult time for our family due to bereavement. XXX has given us space to process while ensuring my son has support and fun. We've even had better chats at home because of it. I couldn't recommend it enough.
- Thank you to you and all the staff my daughter has had the best time
- Huge thank you to everyone that made this holiday club happen. It's been amazing and thank you for welcoming all the kids.
- My son had a great time...thanks again for all your work you do with the kids it's much appreciated.
- Thank you all, you do amazing for the kids in the community.
- I just wanted to let you know that she's had a great time over the summer and really enjoyed going to the club.
- Our girls had the best time.
- My son already misses you. He will be there on the next school holidays.
- My daughter had an absolute ball. Thank you guys, you all do amazing work.
- Best people my girls had an amazing summer with you.
- Can't thank you all enough, absolute lifesavers.
- Absolutely amazing guys, you saved my sanity.
- Amazing. Thanks for having them.
- The club has been a great help for all the young kids many thanks to all the team that helped out.
- The girls are gutted the summer is over, the activities, trips and food provided were always amazing, thank you for all your hard work.
- Thank you for a brilliant last day and for the full summer. We would be lost without XXX over the holidays.
- The club has a great atmosphere and staff are extremely friendly, because of them I can work without worrying about money and without worrying about how to keep the kids entertained.
- The Service is great, my little girl looks forward to it coming up each school holiday, the staff are lovely and there is plenty of options for lunch and they make sure everyone is eating good.
- My daughters' confidence is really growing because of her time spent at XXX, Great opportunities for the kids to socialise indoors and outdoors. She loved the art and craft experience and absolutely love the heads of Ayr trip. Staff at XXX are very friendly and are always easy to approach and follow the kids interests. She is a fussy eater and at summer

programme she tried new food and new fruit, this really made me happy that she was coming out her shell, thank you so much for making my daughters time at the club special.

- I am extremely grateful for the experience my child had at XXX this year. From the moment we arrived, staff were so welcoming and organised and clearly so passionate about creating a fun and safe space. The meals were nutritious and kid friendly, there was always choices for the children, and they made sure to ask for dietary requirement before they started. This club is a lifeline for my family, and we would be lost without it, it takes the stress off me when I can continue working over the summer, we all love XXX.
- ...has really thrived here. I have seen her make so many new friends which is so great and we will bring her back for the next school holiday.
- It has been so helpful as both me and my wife work. I am not sure what we would do otherwise.
- My son usually finds it hard to join in, but the staff really took time to get to know him. He came home talking about his new friends every day.
- This has been the most stress-free summer we've had. The team at XXX are fantastic, and they really care about the kids.
- It's been amazing to have something like this in our area. It's not just fun for the kids, it's a break for parents who are struggling to afford childcare.
- It wasn't just about food—it gave our kids fun, confidence, and a sense of belonging. The club created a safe, supportive environment where children could grow, learn, and feel valued during the summer.
- I don't know what we would do if you weren't doing these camps every single holidays. Do you ever get a break? X is desperate to come every time. Thank you so much!
- You all go above and beyond for the kids in the area.
- Thank you for all you do, it is really appreciated.
- Thanks for all the clubs my kids had the best time through the summer.
- Absolutely fantastic wee club, ***** loves it. Thanks to all staff and volunteers.
- Girls had a great time thanks.
- Thanks for being a wonderful team of people.
- I would like to just thank all the team at XXX for yet again another fantastic summer camp. My daughter ***** really enjoyed it and saved the many moans of I'm bored. You helped keep her entertained and it's a fantastic local club for the kids. Thanks again.
- My kids loved coming for lunch and play — they looked forward to it every day.
- The play in the park was brilliant; it got the kids out of the house and kept them active.
- The beach trip was amazing. It gave us a chance to relax as a family without worrying about food or money.
- I have 4 children, 3 boys and 1 daughter. I have been coming to XXX since long time ago. This summer, the summer club was very nice, I came along with my children and they really enjoyed the food and play activities and they had fun. We had a lot of games, outdoor games and the food was also very healthy snack. We went to the beach trip and it was really nice, we really enjoyed the beach. Every thing is very nice, staff is very nice, really and helpful and I've learned lots of things here and I make a lot of friends. I really enjoy here, thank you very much.
- The camps are massive for the community and help a lot of people. I know it makes things much easier for me when I can have the 2 kids here and I know they are safe and fed.
- The food has been great for the kids. They eat really well everyday at camp. They come back tired because they have been running about all day and having fun with their friends.
- This was my first camp having the kids here since we moved to Glasgow and it's brilliant. There wasn't anything like this back where we used to live. The coaches and staff and volunteers are so good with the kids and you can see them smiling all day.
- I stay in the flats right next to the school and can see them all running about and having fun everyday with the coaches. They have the best time. My little girl idolises one of the volunteers and she is so good with her.

- My nephews love the camp. I help my sister look after the kids during the summer and 2 of them come to camps. They have the best time. I don't think there is anything better for the children than running about during the holiday and having fun and being with their friends. I think we would really struggle if we had to put another 2 meals on the table for each meal, there are lots of children.
- I thought it was an amazing experience and the staff were lovely.
- The holiday program has been amazing for my son! He loved the different activities through the week and also the trips, the team have made the summer fun for all the kids so a massive thankyou to all staff and volunteers they do a great job.
- I wouldn't know what to do without this program it's been a big help for me with childcare my son has enjoyed his time there coming home talking all about the fun things they have learned and done big thank you to all the staff been amazing roll on to next holiday program.
- This was the first year my kids attended the holiday programme, and they loved it. Always had something fun to do, they really enjoyed the trips. The trips were fantastic and gave the children great memories. From the start, they spoke about how good the staff and volunteers were, and every day would speak about the fun and laughter they had with staff. They said they felt safe and happy attending the club and also enjoyed the lunches and snacks. Well done to everyone involved 🙌”
- My two kids enjoyed the summer club as they do every year! It's amazing the staff take this time to do something for the kids and make sure all the kids has a ball. The trips the staff take the kids on is always a fabulous day out. My two kids said they can't just say one good thing as the whole of the summer club was fantastic and amazing!
- My two boys had a great time as usual. They loved all the trips and activities available. We love the facilities open to the kids and peace of mind knowing they are safe and occupied making new friends and having fun. Thanks to all involved.
- Kids had an absolute ball and it really did take away the guilt of trying to find activities every day for them to do. Thank you for everything you all do.
- Both my son and my daughter really enjoyed the holiday programme. There were lots of activities that suited their different preferences, from arts and crafts to sports and even video games. They came home happy every day! They also said the food was delicious, which is always a big win. All the staff were really nice cool and super friendly and made the kids feel welcome. Thanks a lot for putting this together, we really appreciate it.
- I appreciate all the efforts and time you have spent with our children. My children love all the activities and build a good relation with the supervisors.
- The staff go above and beyond for every kid in the club were grateful to have this summer programs and every member off staff without them we wouldn't have a club!
- Massive thanks to the team for the activities during summer. My son really enjoyed everything from start to finish!! The work you do is great! Thanks again.
- Great trips! My daughter enjoyed attending as it's somewhere for her and her friend to hang out and do fun activities.
- Thank you so much for running the Holiday Club.
- It was a great way for my son to make new friends and feel part of the community
- Sessions could be longer.
- The staff were always so caring and friendly which made the children enjoy the club
- Really appreciate the effort that the XXX makes to bring the community together, we need places like this more than ever!
- Brilliant service and my child had a great time and made so many new friends. Thank you.
- I don't know what I would do without the club, my wee girl has a lot of issues and finds it difficult to mix with others, but she absolutely loves the XXX club and the staff.
- The staff went over and beyond for each child, always remaining positive and professional at all times. They gave parents like me the time and kept us informed of what was planned on each day or what had happened through the sessions, it was magnificent work from them all,

really engaging with the children in many ways. The children all has their own little way of knowing the coach. Amazing thank you to all of the staff.

- Fantastic service for kids and definitely helps out with parents like me knowing that they are safe and protected, well done XXX.
- This club has been fantastic for helping build the confidence of my child, they also made lots of new friends.
- Great food always different everyday, halal too which is great. kids are fussy eaters as you get but still managed to have something everyday.
- My girl is a fussy eater and this is always accommodated.
- Good that there are the traditional hot, home made foods on offer too for the colder days and to fill them up.
- Amazing Team and amazing outstanding work done. My little ones had a ball when we participated in your sessions.
- Was great to be able to have somewhere to go & take the kids without having to spend a fortune socialise with other children & parents attending my wee girls new school which she has just started in August.
- An amazing, safe and creative outlet for children to enjoy during the summer with their peers. A place where parents can feel safe and comfortable leaving their children for a couple of hours knowing they are well looked after and that their children have options to join in on structured activities or have free play and independent play at their choosing.
- I am amazed at such a programme being offered to children in my area and think everything you do as an organisation is wonderful.
- My kids loved being able to go without mum this year. Due to work commitments I couldn't attend, but I felt safe enough leaving them. Thank you to all the staff helped. Thank you for allowing the opportunity for them to attend.
- XXX is inclusive.
- The team are very sociable and involved in all aspects, and if they see you with more than one child they will go out their way to speak to all of them.
- Keep hiring the right people with the right energy and heart! You are amazing.
- XXX make sure the bellies are full.
- Fantastic the best summer holidays me and my 2 granddaughters have ever had xxx.
- I only came to the fun day which was 10/10 and I wish I knew about XXX before but I will be back.
- Takes pressure off parents to always have to spend money with it being free.
- Organised well, children all enjoyed their time!
- Plenty for the children to do.
- I like the relaxed atmosphere and the selection of activities. It was lovely idea to let the children pick their own books to keep.
- Its a lovely space to come with the kids. It can be difficult finding things over the summer so it's nice to know about the group and to be able to come along.
- A lot of different activities for all ages. Good atmosphere and everyone is so friendly.
- Thank you for providing days like today. My two children had fun!
- I had a lovely morning and the food was lovely.
- Thank you for having us, great to have on our door step.
- Thank you all so much, lovely community spirit.
- she has enjoyed the experience and trying new things. Her confidence building in new situations.
- X came home in a positive manner, and he shared that he really had fun. This is big for X because normally he struggles with new environments and people.
- XXX is a fantastic safe space for young people in the area. It has kept my son busy through the summer, which is important to him. He has learned new skills through new opportunities.
- You all run an amazing safe place and youth club for our children.

- I think the XXX do amazing stuff with the kids and it's really nice to see, and the opportunities they can have are incredible to help with their future.
- Your team are excellent for the young kids in this area, well done everyone.
- Great wee community, thank you for everything.
- Thank you for providing a club for the youngsters and making positive changes.
- The kids were not bored these holidays, you made it amazing. You are smashing it.
- Keep doing what you are doing, you are all so good with the young ones.
- XXX are doing there very best and always pushing to do better for the young people, keep up the amazing work you do in our community.
- It's reduced crime in the local community.
- Having a safe space for children to go to.
- Day trips and activities is a treat to my X. I wasn't working recently. Staff at XXX go over and above.
- Improved confidence, social skills, and independence.
- Positive behavioural changes, including better time-keeping, attitude, and increased enthusiasm.
- Mental well-being boost and greater sense of safety.
- Great for grandson to make new friends.
- Knowing that the kids are having food and socialising - makes me happy.
- I enjoy it and it's very good.
- The club has given my children access to the library.
- Gets us out to mingle with others + make it easier for us to have feed ourselves + the kids due to cost of living crisis.
- Allows us to bring the young people we work with affected by health and disability. Gives inclusive access in community. Young people enjoy coming for different activities.
- My children and me look forward all the time because it help us physically & mental health
- The children are excited to come every day.
- It help myself and the kids. It help our daily life during the holiday.
- Keeps the children occupied with lots of activities.
- Kids are having a good day-out at XXX every Friday.
- It's great to attend for the variety of different events.
- Families are grateful for kids to be fed. No impact on myself but amazing work throughout school holidays with great activities for the kids. Keep up the good work.
- I can get more time with younger one while my elder one always active with your activities, thank you.
- It has really helped me in so many ways. Keeping my son busy and engaged helped me in not having to spend on more expenses.
- Really helpful to save us a lot of money and gave good company.
- It help me and children.
- Was a great afternoon.
- More family time together.
- Lets us get out the house & keeps the kids busy at no cost.
- Only visited on 2 occasions but looks like will be beneficial to all.
- Spent quality time together. No worrying about what to do.
- It has been really good. My grandson loves seeing the films and meeting his friends (also getting his cakes and ice cream). Nice meeting friends I have met due to this club.
- Great help over the summer holidays.
- Helps with teaching nutrition.
- Kids can have meal in café just like going out for breakfast and lunch. My daughter really enjoyed.
- Save money and somewhere to take kids.

- Had a fun day with my granddaughters.
- Helped me so much due to funds hard to live at the moment.
- It has been good to fill the day and do something for free for a change.
- Gives us something to do especially on rainy days.
- It has helped people access food that is free.
- We can enjoy all activities and meal at same location, no need worries about finding café/shop to go to for meal.
- Great help for me. Very convenient, no need to worry to handle the meal for kids.
- The children are able to spend a free day using this experience. Some children possibly aren't fortunate to experience these resources.
- Engaging children.
- My kids want to come for snacks (not for main course) :)
- We go out together more as a family.
- It has been a great way for me to get my daughter to try new foods, especially fruit which she isn't too keen on.
- The club has provided an opportunity for the kids to be engaged during the holiday.
- It was a big help for us during the holidays. The kids had fun.
- It has a great impact, it's helped keep the kids in a routine through the holidays.
- Helps financially during the holidays as they can be expensive, trying to keep kids occupied for full 7 weeks.
- It has helped financially with feeding the children. It has also helped my mental health as it gives me a place to bring the children without the pressure of money. Taking 3 kids out is so expensive so getting them out to do different things is priceless for us.
- Been good to meet friends, positive interactions.
- Confidence, meeting pals, catch up.
- Catching up with friends.
- Allowed the children to take part in activities and food with other children.
- My boys love this club, normally I'd have to drag them to clubs but, with this one they are up, ready and out the house straight away with no hassle.
- My son would have been totally lost without XXX during summer and can't wait till you start back.
- X really enjoyed the summer programme and I cannot thank you all enough for the continued support.
- I usually have bother getting my daughter out the house during the school holidays but this time she couldn't wait to go meet her friends and take part in all the fun.
- Having this in the area was a great help. I do my best but knowing that my son was safe and was receiving a good breakfast and lunch was such a relief. Not only was he having fun it allowed me to have some quality time with my baby daughter without trying to juggle between them.
- Things are so expensive now and I would never have had the spare money to take my children away to the places they went with the project. They loved Edinburgh Zoo and still tell me stories about it.
- My kids will now attend the projects after school clubs it is great to see them happy and they love the staff they are all so friendly and helpful.
- I have had the best day at the trip. I feel like I got to actually enjoy being with my kids and we had so much fun. Having the backup and distraction of staff helped immensely - I wouldn't have been able to manage on my own. We would be lost without XXX!
- XXX has been a lifesaver over the summer. The kids have had so much fun and I've met other parents I wouldn't have spoken to otherwise. The lunches and drinks were hugely appreciated.
- My child has autism and the SENSation session makes us feel included and talking to other parents is very helpful. My son can be particularly fussy with foods but I did notice during

SENsation during the Summer he was more relaxed and happier when eating around the other children. I think he enjoyed the Frube yoghurts the most!

- We loved being in the park. The staff are very helpful in the way they treat us and we really enjoy the meals and the snacks. We enjoyed meeting new families in the park and we developed good relationships at the park and more sessions sitting down and having lunch together. Thank you so much to the XXX staff and volunteers. We have had an amazing Summer!
- Thank you for having us through the summer, we have really enjoyed our time at XXXX and the trips away with everyone, it has been nice to meet new people and see different places thanks.
- Greatly appreciate the support it has been really helpful to me; the children have had a great time.
- I am so lucky to have a place at XXX it is so different for our other provider my child is very happy and excited to come here.
- The meals made such a difference. It took a huge weight off my shoulders.
- The difference XXX camps make to my family is fantastic. I am a single mother and work full time. To have my wee one looked after for over the school holidays. Kept active and to be given breakfast and lunch each day has taken a massive weight off me as I don't need to find child care which costs a fortune. The staff at XXX are excellent with all the kids.
- Great this is free.
- My kids love it.
- X always loves going to the club. She has loads of fun. You all do a great job.
- My children really enjoy going to the club and look forward to the different activities at the holiday clubs. They always have so much fun and have lots of stories to share. The staff and volunteers do a great job and are great with the kids.
- Everything was perfect. My daughter really enjoy it. Lovely staff.
- My child loved everything and enjoyed the activities during the holiday.
- We appreciate all efforts to keep our children active mentally/ physically. You are doing very good job. Thank you.
- My daughter said she really enjoyed the programme, thank you.
- This club is absolutely amazing for the kids the staff are super friendly and go above and beyond for the kids my kids really enjoy going to this club would be lost without it.
- For me I love that XXX have these events as it gives XX a place to be and go have fun as financially I can't afford a lot at all. XX really enjoys her time at XXX events, clubs and programmes as she's a very sociable girl, she loves being out and about trying loads of different things and getting involved with the fun activities, XXX it's self is a well needed place to have, personally I feel they offer me lots of support when I need it, would like to take the opportunity to say thank you so much for everything and hard work you do within the area.
- It's great knowing my son has somewhere fun and supportive to go. The staff really understand him.
- Thank you for all you do for our children, it means a lot.
- This camp helps me so much. The kids come here and have a great time, are fed and come home all happy at the end of the day. It is a great thing.
- There are so many good things from these camps. The children make friends, they are safe, they are fed, they have lots of fun and they are happy. This makes me and my wife very happy for the children.
- This is the 4th camps the kids have come to and its their favourite thing. They love the coaches and volunteers and playing games and they really like the new food. I could never get them to eat healthy at home but now they eat healthy at camp and its easier to get them to eat well at home.
- This was XX third camp and she loves it. It really helps me with work and childcare and I don't know what I would do without it.

- XX absolutely loves the camps and has the best time with his friends and all the coaches. All the coaches are from around here and know what its like growing up here so I think that helps with his confidence. His sister gets to use up all of her energy and loves the fun and games everyday.
- It's been great not worrying about meals for a few days. The kids love coming here and eating together.
- We had a picnic with our friends from the flats, it felt like a proper holiday.
- It's helped my daughter come out of her shell. She's made friends and wants to go out more now.
- It's lovely seeing everyone together. It feels like we're part of a community again.
- Thank you to the amazing Team XXX who smashed the October Week out the park as usual, happy kids means happy parent.
- Incredible amount of activities crammed in to the one week, my kids loved everything despite the cold the rain and storm Amy. Your staff are a real credit brilliant with the kids, so helpful and reassuring with us parents, its such a warm place.
- Most families in the area are on low incomes and we can't afford extra-curricular activities for our children, so to have this programme where they learn music and get healthy snacks is just amazing.
- the club is so helpful to me as I am on my own with the 3 kids and it is so much more expensive when they are off school the club helps me as they love the staff, the food and the activities, I get to still work and the kids are well looked after so I have less stress.
- staff do a great job, kids love the games and to meet to friends and I am less stressed as it help with the cost of them being off school.
- XXXX had a fabulous week again – thanks to all involved.
- If only I knew about this earlier! You guys are life savers. My kids are over the moon about this, thank you very much, they'll definitely be back!
- The experiences on offer, including outings, were fantastic. Using the service while working gave me and XXXX mum peace of mind, knowing she was having lots of fun with her friends and the staff.
- Thank you to the team for making sure that XX was cared for, supported, and provided with such exciting experiences that she wouldn't have otherwise had access to.
- Absolutely! XX would not have had the level of experience she did if she hadn't attended. Hearing her talk passionately about her interest in science, and listening to her speak warmly about connections with new peer groups and team members, was a testament to the fantastic time she had!
- Well done everyone involved – gives the kids a purpose, especially during the holidays.
- Boys had a great week – thanks everyone!
- XXXX had a fabulous week again – thanks to all involved.
- XX is buzzing to come along tomorrow!
- Well done XXX – happy days!
- When the wean was at the sleepover, we had some peace and quiet! Don't know how the staff at the XXX do it! But the weans had a ball.
- Thank you for giving my kids an amazing time – they loved everything from the scary props to the activities and the magic show.
- The volunteers have done a great job decorating the centre, it looked really spooky.
- You would need to pay a fortune to go somewhere like this out of town, so for my son to experience this was just the best.
- Great wee day for baby X. Many activities to keep him occupied. Lunch was delicious as well!
- My baby had the best time - lots of great activities for them to do including ball pit, songs and fun/interactive toys on the playmats. It was a real treat having lunch and so appreciated. My baby absolutely loved the macaroni cheese!

- We had an amazing time. My girls loved the arts and crafts. It was great breakfast and lunch was provided with such variety and choice. It really helped that I did not need to worry about preparing any food for my girls knowing they could have something to eat at the event - this is so appreciated by busy parents.
- We have recently moved to the community, it is the first time we have come to a big event at XXX. We loved today - felt very welcomed and well organised. The food was fantastic, tasty and hot with great choice available. It was nice to see my children settled and eating with others, I'm used to them at home begging me to turn the TV on or have their tablets at dinnertime, this did not happen once when having lunch at the event!
- Both my boys loved today - the games, arts and crafts were fab. Staff were very supportive and helpful. I could not believe food was provided - it was brilliant. The event gave me confidence with coming along to more groups and playing with my kids - thank you.
- I brought my three kids along and they had a ball. Everything was amazing - they took part in all the activities, and it was so good to see they had clearly built up an appetite as ate every bit of their lunch! Roll on the next event!
- My daughter had a ball as always. Thank you for the ongoing support.
- My child had the best time.
- The kids all look like they are so happy and have so much fun. I would be lost without you guys.
- The extra food given at the end of the session really helps out during holiday times.
- This week has helped us so much. Money is really tight and knowing they're being fed really well takes a weight off. Thanks so much to you all.
- Seeing my child so happy and confident has been great. I can't thank the youth workers enough for the support and opportunities they provide.
- It's such a relief to know my child is somewhere safe, learning new things, and having fun. The programme really makes a difference to our family.
- This programme was an absolute lifesaver. Usually, the holidays mean stretching the budget really thin to cover extra food and activities. Knowing my two were getting a nutritious meal and having fun with supervised activities for four days took a massive weight off my shoulders. It's more than a club; it's essential support.
- My child is usually quite shy, but the staff at XXX were brilliant. She loved the outdoor den building in the MUGA and really opened up.
- we have been attending XXX for 5 years and would always love to come back.
- People are so nice and kind and my child enjoys the activities.
- We have been participating because the children like it very much and can make a lot of friends.
- It's amazing for kids and the staff are amazing.
- My grandson really looks forward to going to XXX during holidays and loves Street Play too.
- My child attends XXX activities every time. He's really enjoying it and it's always fun.
- Their programme is very inclusive and my kids don't do screen time at all during the XXX holiday programme because they go for activities.
- My son doesn't usually do well with clubs or meeting new people, but he absolutely loved XXX and the staff and couldn't wait to go back.
- It's always fun and makes the children happy.
- My kids absolutely love coming; it's something they look forward to every time.
- Amazing friendly staff who are great with children.
- When the kids stay at home they get bored, and going out usually costs money. XXX is the best because it provides food, games, music, and helpful staff.
- Amazing — the boys loved every day and it was great to see XX so excited to go! We were thankful to attend the family trip – an opportunity we wouldn't have had otherwise
- Great experience for both kids and parents; we felt part of the community and got to know other parents.

- It was fun, and the trip was great. It's amazing you get the funding to do things for kids
- This week has been amazing – there's so much for the kids to do, they're never bored at XXX and always full of life.
- The programme was a lifeline and helped ensure my little girl enjoyed her October week
- Fantastic — kids loved it, staff are amazing, and they can't wait to come back.
- There were lots of activities, and the kids got really excited and made great relationships with staff. The zoo trip was lots of fun, and they always provide good food and snacks.
- It's good to get the kids out even in this weather as my wee one really doesn't mind and just loves coming here!
- It is just brilliant to have the pressure off - to know there is somewhere we can go that doesn't cost the earth.
- The staff are so welcoming and we have a good time altogether.
- XXXX had a great time over the October he always enjoys the trips thank you .
- I have enjoyed seeing my kids coming home happy.
- Thank you so much it was a really funday, the kids and grown ups are happy, the lunch is amazing.
- The best day we ever had, because we had a lot of fun and met new friends, I am so grateful for this community.
- Simply amazing, it was a wonderful event beyond expectations a big thank you.
- Great to have the sessions on during the holidays and the kids love the lunch.

Case Studies from providers

Case study 1

C is a 6-year-old autistic boy who is non-verbal and has little understanding of the world around him. He is not yet toilet trained and has little awareness when he has soiled himself, meaning he requires attentive, personal care support throughout the day. C enjoys being outdoors but needs constant 1:1 supervision as he is a flight risk with no danger awareness. He finds joy in drawing, lining up objects, listening to music, and exploring nature. At home, these interests can be hard to manage safely due to his need for constant monitoring and the family's other commitments.

During the summer of 2025, C's family faced a particularly difficult time following several family bereavements. His parents needed extra help to manage day-to-day life and process their grief while still meeting the high level of care C requires. Recognising the urgency, we were able to offer additional full-day sessions at the Summer Holiday Club, ensuring C was safe, happy, and engaged in activities he enjoys. Our staff tailored his days to balance structured activities—such as art and music—with plenty of outdoor exploration in our secure garden spaces, allowing him the freedom to move and play in nature while remaining safe. We also maintained familiar routines to reduce anxiety and supported his sensory needs throughout the day.

For C, the sessions provided opportunities to enjoy new experiences, build trust with staff, and spend time alongside other children in a safe environment. For his family, these extra sessions offered crucial respite, giving them time to deal with practical matters, spend time with their other children, and focus on their own emotional wellbeing during a traumatic period.

C's parents expressed their gratitude, saying the support “made an impossible time feel manageable” and that knowing C was in a safe, nurturing place allowed them to cope better as a family.

Case study 2

M, currently in kinship care, has faced significant challenges from a young age, including family disruption, court involvement, and ongoing assessments for Autism and ADHD. Having already moved schools twice, he was preparing to start a third at the end of the summer and arrived at XXX Club withdrawn, unsure of himself, and hesitant to join group activities. His diet was also very restricted, with a reluctance to try new foods.

Over the course of the summer, staff built trust at his pace, encouraging him gradually to join in. The consistent presence of positive role models and the inclusive environment helped him feel safe and valued. By the end of the programme, M was not only participating fully but also leading small group activities with younger children. His carers noticed a marked increase in his confidence and social skills.

One particularly meaningful change was in his eating habits: through daily exposure to healthy meals and gentle encouragement, M became willing to try new foods, proudly sharing his progress with his carers.

M's journey reflects the wider difference the XXX Club makes for local children — tackling barriers linked to poverty, isolation, and low confidence, while opening up opportunities for growth, friendship, and healthier living.

Case study 3

Parent X, a blind father of four, brought his children to the Summer Lunch Club every day. With the mother working long hours to cover rent and bills, extras like toys, treats, or outings were never affordable. The children loved the nutritious meals, engaging activities, made new friends, had ice lollies, and breakfast packs, as well as the small prizes, and they eagerly looked forward to coming each and every day.

Parent X said: This was the biggest and most wonderful experience for my children. It gave me peace of mind knowing they were happy, cared for, and safe in a supportive environment.

Case study 4

A child who had recently moved to Glasgow and had very limited English initially struggled to communicate and make friends. Through participation in arts, crafts, interactive games, and group activities at the club, the child gradually gained confidence. By the end of the summer, they were happily making friends, contributing to group tasks, and even helping other new children settle in.

Parent shared: The club gave my child a safe space to express themselves, make friends, and practice speaking English. They came home smiling and excited every day, and we could see their confidence grow week by week.

Case study 5

One family with three children was struggling to manage rising food and living costs. The daily provision of meals, snacks, and structured activities at the club significantly eased this pressure, allowing the children to enjoy a summer full of fun, learning, and social interaction without worry.

Parent explained: It made such a difference. Knowing the kids had nutritious meals and engaging activities meant we could breathe a little easier, and they could enjoy a happy and worry-free summer.

Case study 6

The R family have three young children under eight years old, all with complex additional support needs. Caring for three children with such high levels of need is both emotionally and physically demanding. Daily routines require constant attention — from managing mealtimes, sensory needs, and personal care, to ensuring each child receives equal time, comfort, and stimulation. For this family and particularly the main carer, opportunities to rest, recharge, or simply complete everyday household tasks are extremely rare. During our October Week Café Holiday Club, all three children were able to attend sessions together. The carer benefitted from two half-day sessions and one full-day session, providing vital respite time. The main carer told us that these breaks allowed her to focus on much-needed rest, tackle essential tasks at home, and enjoy short moments of normality knowing the children were safe, happy, and well supported. Our staff ensured that each child's individual needs were met while also encouraging shared experiences between siblings, helping them build confidence and positive relationships in a fun, inclusive environment. The main carer also told us that healthy meals and snacks provided during sessions further reduced financial pressures on the family, particularly at this time as costs typically rise for the family during the school breaks. For the family, the support received through the Holiday Club made a meaningful difference to their wellbeing and mum told us that her ability to sustain her caring role improved — giving the whole family time to breathe, reflect, and return to family life re-energised and supported.

Case study 7

Our commitment to inclusivity is reflected in the story of L, a 12 year old boy who lives with a complex disability. L is nil by mouth and is fed through a tube connected to a backpack, which he must carry with him at all times and can only be disconnected from for a maximum of two hours. Because of this, he cannot be left unsupervised, and his mother explained that he had previously been refused entry to several programmes due to his additional support needs. She did not expect that L would be able to take part in our activities.

When we received L's referral form, it highlighted his significant care requirements. I contacted his mother personally to discuss how we could best support him to attend. One of the main barriers for L's inclusion in other programmes had been the need for his mother to remain with him at all times. However, recognising her wealth of experience supporting a young person with additional needs, we invited her to join the programme as a volunteer. This arrangement allowed her to assist not only L but other children too, while also giving her a sense of purpose and belonging something she had missed, as she is unable to work due to her caring responsibilities.

This approach benefited everyone. L was able to participate as just another young person whose parent happened to be volunteering, rather than being singled out because of his disability. His mother described the week as "life changing," saying it was the first time she had seen her son simply enjoy being a normal 12 year old boy.

Because L attends a school on the south side of the city, he had previously struggled to make friends locally and often spent holidays isolated and surrounded only by adults. Our October programme gave him the chance to socialise, build friendships, and be part of his community. L's story perfectly illustrates how inclusive practice can remove barriers and create meaningful opportunities for young people with additional support needs and their families.

Although our holiday programmes are designed to ensure that no young person goes hungry during the holidays, their impact extends far beyond that. They help children and families to build confidence, reduce financial pressures, and strengthen social connections. As one parent told us:

"I've seen a big difference in my child this week. Even coming in, they've been going to bed early and have something positive to look forward to every day. The programme has really helped us financially too."

Case study 8

MM is in Primary 2 and has been to previous holiday programmes and other after-school clubs that we offer. In September, MM's mum had a new baby. In an already chaotic household, we got the sense from him at other clubs that he had become more introverted than usual and was beginning to act out. His mum contacted us prior to the October club as she was worried that she was late to sign up. She explained the changes she had seen in MM and recognised that keeping the routine of his school holiday club would be important. MM had a space at the club, and attended every day. We saw him be less involved than usual, reverting to quietly drawing or colouring in on his own for a lot of the time in the first two days. By day 3, MM was actively engaging with games and within the larger group again. He attends a different primary school than most other children in the programme, but we saw him making friends and playing with others. At the end of the programme, his mum told us how beneficial the week was to him and in giving her some time to look after the baby.

Addendum 2 – Example menus

Breakfast

Cereal, toast with spreads, waffles, pancakes, croissants, fresh fruit, and a choice of milk, water, or fruit juice.

Lunch

Sandwiches, wraps, pittas with various fillings, mini pizzas, pasta dishes, baguettes, fresh salads, and, on Fridays, BBQ burgers and chicken skewers.

Snack

Fruit kebabs, yoghurt pots, pancakes or crepes with spreads, rice cakes, crackers with cheese or jam, ice lollies, and fresh fruit.

Breakfast

Yogurt and fruit, Toast with a choice of spreads, Breakfast rolls, French toast and banana / berries.

Morning Snack

Fresh Fruit, Water & Fruit Juice.

Lunch

Choice of pastry (meat & vegetarian), Chicken breast/nuggets salad wraps, Fresh fruit or a small sweet option.

Afternoon Snack

Fresh Fruit, Water & Fruit Juice.

Dinner (Take Away options)

Chicken and vegetable bowl, Turkey or vegetable burger served in a bun with sweet potato roasties, Fresh fruit, a smoothie, or a small sweet option.

Lunch

Baked potato with a variety of fillings, hot lunches including pasta, chicken nuggets and fish fingers.

Lunch

Macaroni, chicken dishes, fat free/reduced fat sausages, pizza with vegetarian options for all. Potato stars, peas, tomatoes, cucumber and sweetcorn. Noodles as a side dish.

Lunch

Soup, salads, sandwiches, fruit based dessert, yoghurt, melon slices and ice cream.

Lunch

Cooked lunch on offer every day as well as a cold option such as sandwiches/ salads. Soup. Dessert which was fruit based, yoghurt, melon slices and ice cream.

Snack

Cucumber slices, apples, oranges and bananas. Ice lolly and crisps.

Lunch

Hot meals - Soup, Pasta (different types such as bolognese, macaroni, vegetable) Burgers, Chicken wraps, Sausage & mash.

Buffet style meals - build your own wraps (ham, chicken, cheese, salad,) mixed salad.

Cool food - sandwiches/ rolls filled with mixture of fillings - ham, cheese, chicken, salad.

Snacks

Yoghurt, fruit, crisps, cereal bars, small sweet treats.

Unlimited salad, fruit and drinks supplied with every meal (drinks supplied throughout the day)

Breakfast

Tea, Toast, Choice of cereals, Cereal Bars, Croissants, Pan au Chocolate, Pancakes with syrup.

Lunch

Fruits Juice/Water, Chicken or Tomato Soup, Spicy Arrabiata Tomato Pasta or Cottage Pie (All with side salad or green veg. Gluten free/vegan/halal options ensured.

Snacks

Fruit Corner, Yoghurt Bar, Snack a Jacks.

Breakfast

A range of options including; a selection of cereals, various yogurt options, fresh fruit, wholegrain toast, pancakes, Scrambled/Poached Eggs, fresh orange and apple juice and smoothies with milk, banana, berries.

Lunch and Dinner

Various options including sandwiches, pizzas, panini, wraps, sausage rolls, chicken curries, fish fingers, spaghetti bolognese, mince n potatoes, sausages hotpot and macaroni cheese. All food was accompanied by various vegetables and healthy side options. A selection of drinks including bottled water, fruit juices, milk and other soft drinks.

Lunch

Wraps, Baked Potatoes, Chicken Breast Nuggets, Macaroni & Cheese, German Hot Dogs & Salad every day.

Snack

Selection of Fruit, Yoghurts, Various Cheese, Popcorn, Sugar Free Jellies, variety of bread.

Breakfast

Selection of fruit - apples, bananas, watermelon, melon, kiwi fruit and strawberries, cereals, pancakes, toast, yoghurts, fruit juices, and water.

Lunch

Every day, two hot food options, including fish fingers, chips and peas; chicken curry with boiled rice; pasta Bolognese; pasta Arrabbiata; sausages, mash and beans; chicken stir fry; chicken tenders; and much more. Also available a salad bar, wraps, sandwiches, and rolls with various fillings.

Dinner

Chicken stir fry, tagliatelle, chicken burgers, chips, chicken curry, and boiled rice.

Breakfast

Choice of cereals (Cornflakes, Rice Krispies, Cheerios), or cereal bar, croissant/toast or piece & jam and fresh fruit.

Lunch

Choices of homemade soup & sandwiches of choice (Cheese, Ham, Tuna, Turkey Breast), Macaroni Cheese with Garlic Bread, Pasta Bolognese with Garlic bread, Chicken burger with salad and Tortilla Chips, Fish Fingers, Chicken Nuggets, Burger/Cheeseburger with Salad and Tortilla Chips, Mince & Potatoes, Chicken Curry with Rice.

Fresh Fruit and Yoghurt.

Snacks

Fresh Fruit, Water/Milk, Mini Cheddars, Biscuit/cereal bar, Crisps,

Packed Lunches

Sandwiches or Wraps or Rolls with choice of (Cheese, Ham, Tuna, Turkey Breast), Dunkers, Yoghurt, Fresh Fruit, Water/Flavoured Water, Crisps, Biscuit.

Breakfast

Hot chocolate, different cereal types, milk, porridge, toast, pastries, breakfast buns and bacon, scrambled egg, omelette, sausages, and beans fruits, tea, juice, and water.

Lunch

Rice, plantain, various sandwich options, chicken and pizza, chicken nuggets, meat pies and other pastries, hotdogs and sauce, macaroni and cheese, mash, sausage, peas, fish and chips, juice squash, water.

Snacks

Crisps, biscuits, cereal bar, soft drinks, juice, ice cream, iced lollies and water.

Others-

Fruits, BBQ sauce, ketchup, cheese, mayonnaise, biscuits, crackers, etc.

For our preschool and ASN sessions

Buffet style breakfast/Brunch each day - a variety of sandwiches, soft fruits, chicken bites, sausage rolls, halal/vegan options, crackers, cheeses, crisps, veggie straws, fruit bakes and a sweet treat.

Youth sessions - lunch or dinner at each session - a main protein, side veg, carbohydrate, choice of fruit and a sweet treat.

Main dish - Loaded mac and cheese with garlic bread, Chicken and cheese Quesadilla with rice, Spaghetti and meatballs with hidden veg sauce, Chicken curry and rice, Bangers and mash with gravy, Meatball subs with hidden veg sauce, Homemade pizza.

Side veg - Corn on the cob, Peas, Carrot sticks, Cucumber slices, Pepper sticks, Farmhouse veg. Broccoli.

Fruit – Apples, Oranges, Bananas, Strawberries, Raspberries, Watermelon, Blueberries, Blackberries, Kiwi, Grapes, Mango.

Snacks

Dunkers, Cheese strings, Babybel, Fruit roll ups, Cheddar crackers, Crisps, Frubes, Breakfast bars.

Sweet treats

Cupcakes, Marshmallow squares, Homemade cake, Rice Krispie treats, Chocolate bars, Ice cream sandwiches, Cookies.

Addendum 3 – Dietary requirements

The following information was gathered from the Summer 2025 monitoring information

Q. Did your programme accommodate all children/young people that presented with dietary requirements e.g. cultural, allergy, intolerance? Please provide details on how you met these requirements or alternatively what barriers you faced.
All dietary requirements were accommodated throughout the Summer 2025 programme. We collected dietary information in advance during registration and maintained clear records for staff and volunteers. Meals and snacks always included vegetarian and vegan options, and we adapted recipes or provided alternatives for children with allergies or intolerances (e.g., dairy-free, gluten-free). Where cultural requirements were identified, appropriate substitutions were made to ensure everyone could participate fully. Food preparation followed strict cross-contamination prevention practices, and all staff and volunteers were briefed daily on any specific dietary needs. For example, on BBQ Day, children who did not eat pork or beef were provided with chicken skewers or plant-based burgers, and gluten-free rolls were available for those with coeliac disease.
We offered Halal options daily. No other attendee had other dietary requirements we had to cater for. Our registration form asks if any other dietary requirements so we are aware prior.
Our programme accommodated all children and young people with dietary requirements, including cultural needs, allergies, and intolerances. We work closely with parents/carers in advance of each holiday club to gather detailed information on each child's dietary needs, preferences, and any medical or cultural requirements. This allowed us in partnership with our supplier to prepare tailored menus and ensure safe preparation and handling of food. For children with severe allergies or intolerances, our supplier has strict food safety protocols to avoid cross-contamination.
Where children have restricted diets linked to sensory, texture, or colour preferences, we adapt meals creatively while keeping them healthy and nutritious. We also offer alternatives that enable them to join mealtimes alongside their peers.
Our team is trained in allergy awareness, food hygiene, and cultural sensitivity, ensuring that every child can safely participate in our holiday food programme without feeling excluded.
When parents register their children, we always ask dietary requirements and provide as necessary
All food offered was halal.
We are aware of the dietary requirements of our participants as they are regular attenders at XXX afterschool programme and we inform our caterers of these requirements when ordering. We always have a range of options to cater for all cultural and dietary requirements e.g. halal, vegan, gluten intolerant.
Offered an alternative meal.
Due to our registration forms prior to the start of the programme, we are able to contact the parents/guardians and ensure all food requests are catered for. This can be cultural or due to an allergy or another life choice such as being vegetarian or vegan.
We use the registration process to identify any dietary requirements/ allergies which allows us to prepare in advance of the programme. the types of requirements this year were lesser than previous years with no allergies noted and the only requirements were that of young people who only eat Halal food. This was easily managed and Halal foods were supplied with every meal to accommodate.

<p>We have found in an increase in young people who are diabetic, some using insulin pumps. To ensure we were able to monitor sugar levels etc, all staff took part in training prior to the programme starting.</p>
<p>Meals were planned to accommodate halal, gluten-free, and other dietary needs by offering certified ingredients and clear menu labelling. The biggest challenge was in maintaining menu variety and appeal for all participants, while communication with families was vital to ensure all requirements were clear and met by us.</p>
<p>When children were registered on the programme we had a section within our application form that enabled us to collect dietary requirements before the programme commenced. Having this information ensured we could design the menu to meet the needs of those children with food allergies, intolerances or other conditions such as Diabetes and Coeliac disease. We also design the menus to meet the needs of children with cultural commitments by using halal meats and/or providing vegetarian options.</p>
<p>Children with dietary requirements or allergies were provided with a hot lunch from XX café. This allowed staff to be confident that children with allergies or halal needs were still provided with a nutritious meal that would be prepared separately.</p>
<p>As part of our enrolment, we ask for any dietary requirements to be stipulated. This helped us to ensure we had Gluten Free alternatives and other food options for children with lactose intolerances and other issues such as IBS. This also allowed us to ensure we catered for children with cultural dietary requirements. We offered Halal meats.</p>
<p>Due to our experience of delivering programmes for a number of years, we have become well versed and much better prepared to meet any dietary requirements.</p>
<p>Adequate provision was made for children/young people with dietary requirements.</p>
<p>Their registration forms included columns for declaration of allergies and dietary requirements, conversations were had with the parent/carers of the children regarding any cultural/health requirements/restrictions to their diets were noted. Cultural food requirements were also noted and accommodated in food planning by the team. Groceries were bought from local stores to accommodate cultural dietary requirements.</p>
<p>Prior to attending, all young people's parents or guardians are required to complete a form outlining any dietary requirements, including cultural or religious needs. This information is then added to our central register and shared with group leaders. To ensure clarity, names are colour coded to highlight specific dietary needs, allowing staff to easily identify and accommodate individual requirements throughout the programme.</p>
<p>We have a number of children who follow a halal diet, so all lunches had a halal or vegetarian option (i.e. halal chicken curry or Quorn mince bolognese). Snacks were thoroughly checked and separated into boxes labelled for halal/allergies. We maintain a nut-free environment for all lunches and snacks. I communicated with parents of children with allergies prior to the holiday club to discuss options and put a plan in place for a safe eating environment.</p>
<p>We ask questions in our consent forms around dietary requirements, allergies, intolerances and cultural needs. The venue is a nut free zone as a staff member has a nut allergy. Staff have undertaken relevant training around dietary requirements online for greater understanding of these issues. We have had great success with a fussy eater with the food workshops we do with the kids to encourage their understanding of food, at the venue the children help plant and grow food.</p>
<p>All our chicken produce was supplied from a Halal Butcher. They also provided minced meat for burgers to enable different cultural children to be able to eat same foods, but from different sources.</p>
<p>Yes. Our Summer 2025 Lunch Club fully accommodated children and young people with a wide range of dietary requirements, including cultural needs, allergies, and intolerances. Given that many of our participants came from ethnically diverse backgrounds and refugee families, inclusivity was a key priority. We ensured Halal meal options were available and carefully planned all menus to reflect both cultural</p>

<p>preferences and individual dietary needs. By maintaining open communication with families, we created a safe, welcoming environment where every child (ages 5–16) could enjoy healthy, appropriate meals with confidence and without concern.</p>
<p>More than half of the children had a religious requirement for halal food and we also had 5 vegetarians. We decided not to use pork products as to not have any smells and cross contamination. This way the parents were also reassured that we respect their religion. With each meal we had a vegetarian alternative. We ask parents to specify in advance about these requirements and then we prepare accordingly. We also have a diabetic child and we make sure to have grapes, banana and everything else they might require.</p>
<p>When the young people were registered for the sessions we collected information on any dietary requirements and allergens. We then would have alternate choices from our menu to cater to whatever was needed. Those with dietary restrictions and allergens would be served first to ensure no issues with cross contamination.</p>
<p>At breakfast time all cereals were served with choices of milk - dairy, oat and soya milk. For every meal getting served that day we have vegetarian/vegan, cultural and allergy alternatives available e.g. Meat free sausages and nuggets, Halal nuggets, Quorn slices as an alternative for wraps for anyone who doesn't eat meat but has a dairy allergy, Gluten free pasta, Gluten free fish fingers, Dairy free nuggets.</p>
<p>We obtain health information prior to any club, which contains cultural food preferences and allergy/intolerance information. This allows us to plan for attendees in advance. As a result, we make sure we have halal options at all our meals, and we make sure that the food on offer is free of allergens when someone is in the group.</p>
<p>We had newly registered children attend the service with nut allergies. This was a difficult barrier to overcome while only serving pre-packaged foods. I worked with the parents and families to collate a list of preapproved foods that they specifically served them at home and that they deemed safe and incorporated these into our food provision. We also work with a lot of families who are exclusively Halal. We ensured there were multiple options available for the children to make their own that respected their cultural beliefs.</p>
<p>We ensured all food was inclusive of all dietary requirements, with halal options available to accommodate the needs of many families in areas of deprivation. All children and young people completed, or had completed for them, a registration form where dietary requirements, including allergies, intolerances and cultural preferences were recorded. Staff clearly communicated which foods, if it was not all food provided in that instance, were safe and ensured strict adherence to the guidelines to guarantee a safe and inclusive environment.</p>
<p>We engage with hundreds of children and young people who require a halal alternative therefore we ensure to source this at all times. Food and dietary requirements are known in advance of camps and shared with the catering company who we work closely with to ensure the best and most healthy and nutritious options are made available to support all requirements.</p>
<p>All food offered was vegetarian to accommodate those who required Halal food.</p>
<p>Majority of our children were halal-observant. As a result, most meals given were pork-free or beef-free. We also provided for a few vegetarian families.</p>
<p>We consult with all Children and Young people relating to specific food intolerances and or special dietary or cultural dietary requirements prior to shaping our food menu plan. We also have a robust electronic registration process and database for every child and young person who attends which records special dietary requirements, specific food allergies or intolerances and cultural dietary requirements. We are fully aware some food products we offer as part of our Menu Planning require to be Halal for Children and Young People who eat a Halal-based diet. Vegetarian options and Halal options were made readily available as part of the menu planning to ensure we catered</p>

to all specific dietary requirements of the attending Children and Young People who attended. This was easy to do and successfully informed our Menu planning process and the successful delivery of Food programme to all attending Children and Young People.

Our food provider is already very aware of the cultural food requirements of the communities we work with. They are committed to make our food offer as inclusive as possible, they do this by using Halal meat in all of the meat dishes on offer, they also prepare a veg/vegan meal. We communicate daily with our food provider and they are able to accommodate any unexpected dietary requirements. If we get a new child attending our service who has a requirement that is not normally accommodated in our food offer we contact the food provider and they will prepare something suitable.

Had to meet with parents of new young refugees to the community to see what we could give them, parents were a good help in learning mostly around meat products.

When children join our programme, we collect key information during registration, including any allergies or cultural food preferences. This helps us design menus that everyone can enjoy. For instance, we ensured all meat options were halal so no one felt excluded. In this recent session, there were no allergies, but we did have a dietary intolerance. We made sure meals were prepared safely to meet this need, so the child felt completely included.

We met with parents when children and young people were registering and attending the sessions. We discussed the food being provided and got their advice on the range of options that were available to their children. We also gathered feedback on dietary requirements of the people attending the programme and this helped us to develop our menu and provide appropriate options for the dietary and cultural requirements of the children attending for example, providing halal meat, vegetarian options and options that meet the needs of participants with allergies. We check all allergies of the young people and children attending the programme, ensuring that the staff in the kitchen understand and know about any allergy that affects participants in the programme and producing a menu that eliminates the allergen from the food being provided.

During our sign up for the summer programme we ask parents and guardians to complete a food intolerance/preference form. This highlights any food intolerances, allergies or requirements of participants and also allows us to gauge what types of foods participants are likely to eat. We use this information to ensure we have suitable foods available for participants based on their needs. When preparing food staff are aware of any dietary requirements and follow all food hygiene protocols to ensure the food is prepared safely for consumption. This includes ensuring specific food requirements are prepared separately to ensure there is no cross contamination risks. We were able to provide halal options of our food by seeking out retailers of halal meats etc.

As standard, we offer vegetarian/vegan, halal, dairy free and gluten free options. Registration forms asked for details of any other dietary requirements which were catered for as notified.

We always design our menus to include allergen friendly options as well as vegan / veggie options along with a variety of meat dishes. On the rare occasions where nothing is suitable staff will work with the parents to come up with an appropriate meal customised to the child. We do ask where possible that parents let us know in advance, but always accommodate on the day where possible as well.

Almost 20% of our young people had dietary requirements through cultural reasons or allergies and intolerances. We would always try to use halal food for all young people wherever possible. When there was not a halal option, we would have a halal alternative that looked similar so that no young people felt left out. We also had a few nut allergies this summer. As a rule, we never use nut products in our sessions just in case of cross contamination with family members at home. Every day we would run a

<p>report that would let you know who had an allergy and what the allergy was. This information would then be passed to the kitchen staff and written on a large board in the cafe area. This would also be relayed to all staff, again, to reduce the chances of the wrong food going to the wrong person. Our community has a large number of refugees so it is important that they are made to feel welcome and part of our community. That is why we always try our hardest to ensure that all food provided is halal. Our new community members now feel welcome and safe with us and encourage other people from their community to come to us which is great.</p>
<p>We asked every parent/child on entry for any dietary requirements and ensured that the kitchen staff were always making inclusive meals that consider all dietary requirements anyway.</p>
<p>In preparation of meeting dietary requirements, we had asked all families to inform us of any dietary requirements their children may have when signing up to our holiday programme. This information was liaised to our Lead Chef with the dates that children with allergies or specific requirements were attending the session. This allowed an alternative meal or ensured that there were no ingredients with potential allergies that day. Additionally, all food that was packaged and sent to each session went with a list of allergies.</p>
<p>No children attended had any dietary requirements.</p>
<p>Yes, our programme accommodated all children and young people who presented with dietary requirements, including cultural, allergy, and intolerance needs. Across all delivery partners, meals and snacks were planned to be inclusive and adaptable. For example, one organisation provided vegetarian and Halal options for breakfast and lunch, while another offered vegetarian and gluten-free meals. Other partners provided diverse options including fresh fruit, yoghurt, and customisable snack choices. Overall, careful planning and flexibility ensured that every child and young person could access nutritious meals safely, and families could participate fully, regardless of their dietary needs.</p>
<p>As part of our detailed planning for the summer programme, we asked parents and children about any potential allergy concerns and any dietary requirements that needed to be accommodated. We ensured that these requirements were considered when shopping for food and when agreeing food deliveries from our suppliers. This included the provision of Halal ingredients linked to activities, such as gelatine free marshmallows used during the campfire cookout sessions. We ensured there were plenty of options available for all participants in the programme, including purchasing specific foodstuffs linked to identified dietary needs or preferences. Several participants had additional support needs including neurodiversity that in some cases included challenges around food. We were able to work with families to ensure we limited any stress around mealtimes, trying unfamiliar foods and textures and got the balance right for the individuals.</p>
<p>All the food provided was Halal and we also provided vegetarian options and a range of things for the kids to choose from so that everyone had something they could eat.</p>
<p>Yes. We provided both halal and vegetarian options and operated a strict no-nuts policy due to several children having nut allergies. We recorded all dietary and allergy requirements and always had alternative options available. When arranging visits to local restaurants, we researched menus in advance to make sure they were inclusive and suitable for everyone attending.</p>
<p>Yes, our programme accommodated all children and young people with dietary requirements. We always ensure that vegetarian and halal options are available at every meal. In addition, we gather information on individual dietary needs and allergies and make sure these are fully catered for. For example, where children required dairy-free or gluten-free alternatives, we provided suitable options so they could take part in mealtimes without feeling excluded.</p>

Some of our children are dairy free, coeliac and have a soft diet requirement we took this into consideration when supplying lunches.
All our children and young people are registered with the service prior to attending. They complete a registration form which requests information around diet, cultures, allergies and so forth. We require this as all our children and young people have complex support needs, with the majority non verbal.
Yes, the food provided took into account cultural requirements and dietary requirements. Parents and families were asked about these requirements ahead of the programme starting and the provider informed. The decision was taken to provide halal food to ensure it was inclusive. The food provided was also vegan to ensure that everyone could partake.
Each individual who arrived at the café was asked about their dietary requirements. Since children attending our activities are accompanied by their parents or carers, it is generally straightforward to identify any specific needs. However, an increasing number of attendees at the centre speak English as an additional language. While this can sometimes make communication more challenging, the way we serve breakfasts, lunches, and snacks—through a combination of buffet and over-the-counter orders—allows individuals to self-select items, which helps accommodate dietary needs effectively. Additionally, as the café bar operates beyond the Holiday Programme, we maintain a wide range of ingredients and products to support allergies and intolerances. These include milk alternatives such as oat, soya, and almond milk, dairy-free yoghurt and ice cream, gluten-free breads, and vegan sausages and bacon.
During our sessions we had some children who were Muslim and required Halal products. Each child received food that met their religious beliefs whilst ensuring they still had a high standard of healthy, nutritious snacks and dinners. We also had a child with a nut allergy. All products were checked for allergens and no child was allowed to bring snacks that had nuts or made in a warehouse that nuts could possibly have been handled.
We had a few vegetarians and we would always have a hot option that either catered to them, or an adapted vegetarian version. We tended to use one of our airfryers exclusively for gluten free and vegetarian options to keep them completely separate from other food. Palm Oil Allergy- for this we consulted with parent to ensure we had the correct items and cooked separately as above.
When children and young people were registered we ensured that we had all their dietary requirements on the form and discussed these with the parents/carers. We had various dietary requirements including nut allergy, allergy to strawberries, gluten free and we also had children and young people who were halal eaters. The snacks/food for children and young people with allergies was clearly labelled and kept separate in different storage containers as was gluten free bread, snacks etc. We ensured in advance that the planned menu met the requirements of the children with allergens. When the food for lunches and dinners was ordered where possible we bought halal this included chicken, burgers, beef mince and cold meat for sandwiches and wraps. Preparation was key and by doing this at the end of each week for the following week we ensured that we knew that we had meals and options for each child with a dietary requirement.
Included vegetarian, vegan and Halal options for lunches.
All children who attend the programme have dietary requirements listed prior to attending through a consent form. This allows us to have the correct options available to children with medical or cultural requirements on the day. We ensure that all meat used is Halal, and there are options for children who are vegetarian/vegan.
All children with allergies are issued with an action plan on admission this is drawn up in partnership with the parents/carers to ensure safe management of children's allergies. Cultural needs are discussed on admission with parents and our staff, and

<p>food provider are made aware of halal & vegetarian diets etc. Children with medical conditions who must watch their diet i.e. diabetics are also given a health care action plan again drawn up in partnership with parents and health professionals working alongside the child.</p>
<p>Yes, the food we provided accommodated all children and young people with specific dietary requirements. At the registration of a child and throughout the programme, we asked families to share any allergies, intolerances, or cultural/religious dietary needs. This information was recorded and communicated to staff preparing and serving food, so that every child was included safely. We provided alternatives where required — for example, vegetarian and vegan meals, halal meat options, gluten-free products, and dairy-free alternatives such as oat. Meals were prepared with care to avoid cross-contamination, and staff were trained to be aware of allergy procedures and safe handling practices.</p>
<p>Yes – we ensured that all children and young people with dietary requirements were accommodated. We had a range of cultures within the programme and we communicated regularly with parents and young people alike to ensure the food we provided was suitable for all, providing halal meats where necessary and gelatine free snacks. In addition we had young people with allergies and food restrictions due to epilepsy, again parents and children were communicated with on a daily basis to ensure that we provided the right choices for them. We had 1 young person with a severe nut allergy, so all ingredients were checked daily to ensure we adhered to this.</p>
<p>We cater for all dietary requirements, as new families attend, we ask what requirements they have and if we cannot meet them the first day, we will the next day they attend but we usually have something we can offer, fresh fruit or salad. We have detailed information of all ingredients in everything we use, to ensure families can check before they eat.</p>
<p>In all the years we have run a holiday food programme we have gathered information at sign up to capture this important allergy and cultural information so as to ensure we meet individual requirements. The summer sessions catered for children with halal requirements and also children with gluten and lactose intolerances/allergies. All of the processing/cooking of these foods is done separately and checked by another staff member. The daily registers are coded to ensure this information is also at hand for safety reasons. The venue is also a nut free zone due to an increasing number of children/young people with this allergy.</p>
<p>We know our communities and the needs of local people very well, so we have an awareness of what food varieties that should be provided. All the products that we buy are checked by staff to ensure that they comply with the cultural, allergy and intolerances requirements. We registered all children prior to the programme, asking parents/guardians/carers to detail any allergies, intolerances and dietary requirements. For those children not pre-registered, we ensured detailed checks were made before any foods were consumed.</p>
<p>All food served during the programme was vegetarian and Halal-friendly. Many options were also nut-free. Staff were equipped to support children with allergies or intolerances, ensuring they were guided toward safe and suitable food choices.</p>