



Glasgow Health and Social Care Partnership South

Area Partnership Update: January 2026

City	<p>Latest news and events from GHSCP. Includes link to latest Partnership Matters Briefing (Nov/Dec): News and Events Glasgow City Health and Social Care Partnership</p> <p>Glasgow City Health Improvement Training Calendar: Offers different levels of training on a range of subjects from 'informed' through to 'specialist'. The Glasgow City Health Improvement Training Calendar for January to March 2026 is now available.</p> <p>Further information and booking details here:</p> <p>Glasgow City Health Improvement Training Calendar - NHSGGC</p> <p>These learning opportunities are free of charge, are a mix of online and face to face on a variety of health priorities and themes and they can be booked via the links in the calendar.</p> <p>If you are looking to book onto a course, please click on the link to register. You will receive an email confirmation. For online courses via MS Teams, you will also be sent a link to join.</p> <p>If you have any queries, general enquires or to be added to the distribution list, please email at northeastyouth@ggc.scot.nhs.uk.</p>
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	Cost of Living Guide: Glasgow City HSCP Cost of Living Support Guide Oct 24
South Locality	<p>Starting Solids Sessions: Next Sessions in South: 20th Jan 26 at Task Childcare Centre 10am and 18th March 26, Turf Neighbourhood Centre at 10am. Online dates also available 26th Jan at 11am and 17th March 1.30pm. Planning underway for dates from April 2026 – March 27.</p> <p>Henry Groups and workshops: Dates for Glasgow South for Starting solids events and fussy eating workshops as below.</p> <p>HENRY STARTING SOLIDS WORKSHOPS</p> <p>Govanhill Neighbourhood Centre Thursday 29th January, 1:00pm-2:30pm</p> <p>Riverside Hall, Govan Thursday 5th February, 1:00pm-2:30pm</p> <p>Castlemilk Community Centre Thursday 5th February, 1.00pm-2:30pm</p> <p>HENRY FUSSY EATING WORKSHOPS</p> <p>Pollok Community Centre Friday 16th January, 10:15am-11:15am</p> <p>Riverside Hall Govan Thursday 22nd January, 1:00pm-2:30pm</p> <p>Govanhill Neighbourhood Centre Thursday 5th March, 1.00pm-2:30pm</p> <p>Breastfeeding Support: Breastfeeding Network have released dates for online Antenatal breastfeeding sessions on: 24th January 22nd February and 22nd March all from 11.30 am, BfN Antenatal Breastfeeding Sessions Tickets, Multiple Dates Eventbrite</p>

Breastfeeding Groups continue to run weekly in Gorbals on a Monday in St Francis Centre at 12.30, Pollok Library on a Friday at 12.45pm. A Peer supporter also attends Homestart Warm Place Pollokshaws on a Tuesday 10am – 11.30am.

Please see here for details of all groups in GGC BfN Greater Glasgow and Clyde | Instagram, Facebook | Linktree

Breastfeeding Friendly Scotland: This is a Scottish Government led scheme which is implemented by Health Improvement Teams in Glasgow City in local areas. Breastfeeding and your business - mygov.scot once signed up members will be displayed here. Breastfeeding Friendly Scotland – Google My Maps Any local business or organisation interested in signing up should contact. ggc.pollok.hiadmin@nhs.scot for further information.

The Quit Your Way stop smoking service supports clients at face-to-face clinics as well as our telephone support offering to help people quit smoking. Face to face clinic continue to thrive at Kellock Pharmacy, The Braes Shopping Centre, Dougrie Drive, Castlemilk, Glasgow G45 9AA on Tuesdays 1-3pm and in Harmony Row Pharmacy, 21 Harmony Row, Govan G51 3BA on Wednesdays 1-3pm. After a successful pilot in Glasgow City, we've extended the use of a smoking cessation app as an additional method of support. **For more information and for specialist smoking cessation support please call the Quit Your Way team on 0800 028 5208**

South Sector Locality Engagement Forum



Final meeting of 2025 was on 20th November

A variety of presentations were made including the following:



First meeting of the Engagement Forum is on February 12th at Elderpark Clinic. A key part of the meeting will be an opportunity for attendees to interact with the following services who will have tabletop displays at the session:

1. British Red Cross – Support at Home Service

	<ol style="list-style-type: none"> 2. Glasgow HSCP – Huntington’s Service 3. Glasgow HSCP – Hospital at Home and Home First response service 4. Glasgow HSCP – Helpful Hints with Home Technology Service 5. Glasgow HSCP- Make it Local Programme <p>The key target audience for the LEF is local residents and those who use and support Community Based Projects that support Health and Wellbeing. South Locality Residents who would like more information about the South LEF or would like to attend the meeting on February 12th can contact Chris Furse at Chris.Furse@glasgow.gov.uk</p>
Greater Pollok	<p>In the run-up to Christmas, Sanctuary Scotland and the HSCP worked alongside 11 organisations to fund and support 14 free community activities across Priesthill/Househillwood and Nitshill. The programme aimed to reduce social isolation and ease financial pressures during what can be a challenging time of year. These activities included festive events such as a Christmas meal for older people, a community meal, family-friendly activities like Elf School, and a Christmas Eve community walk. Funding also supported a free Santa’s Grotto at Threehills Community Supermarket, ensuring families could enjoy the magic of the season without the added cost. In total, £7,110 was funded to create opportunities for connection, celebration, and support across the community.</p> <p>A trauma-informed workshops and follow-up support groups were delivered for parents across three schools, with 50 parents attending. The ongoing support sessions provided a safe space for parents to connect, share experiences and reduce feelings of isolation, helping to build peer support and strengthen community relationships</p> <p>volunteers continue to run a weekly community breakfast and community lunch supported by health improvement, offering free, welcoming spaces for residents to come together, enjoy a hot meal and build connections. These volunteer-led sessions help reduce isolation, create routine social contact, and strengthen community spirit by bringing people together around shared food and conversation.</p>

Online Trauma informed parenting course available on 17th Feb 10-2pm **The charity Trauma Informed TIP Trauma Informed Parenting are offering a fully funded online workshop for parents and carers in the Glasgow area, who are struggling with children's challenging behaviours due to trauma or neurodivergence, diagnosed or suspected.**

This model is transforming homes.

Any one living or working with children can attend. All who do come receive 4hrs CPD certification.

Book your free space here 

<https://www.eventbrite.co.uk/e/1981873563178?aff=oddtcreator>